

Course Title	Code	Semester	L+P Hour	Credits	ECTS
Art, Culture and Life Style	MED 620	2	60 Hours		2

GENERAL INFORMATION

Prerequisites	Completing of freshman year courses
Coordination Committee	6 th floor room number 1036
Email address for inquiries	turgay.isbir@yeditepe.edu.tr
Attendance	Students are required to attend at least 80% of the classes/practices
Language of Instruction	English
Course Level	UG
Course Type	Elective
Course Coordinator	Turgay İSBİR
Instructors	Tayfun BIRAKOĞLU ; tbirakoglu@sagesseconsultancy.com Cem Karakuş Sema Çevik Nadide Doğruöz Tayhan
Goals	Healthcare members will have high level social status for their business life; and will join several international conferences. This course is aiming to develop their social and intellectual skills to make them global citizens with art, culture, fashion and life style knowledge
Content	Life Style Coaching for participants, Cultural Festivals Through Europe, Art Exhibitions and Movements, Sportive Life Coaching

COURSE LEARNING OUTCOMES

Students who take this course will	Teaching Methods	Assessment Methods
Be able to develop intellectual wealth and cultural knowledge	1,2,3	A,B
Be able to change their life styles for better perspective , and increase quality of life, and establish work-life balance	1,2,3	A,B
Teaching Methods:	1:Lecture 2-Small Group Workshops 3-Homework	
Assessment Methods:	A: Exam; B:Homework Evaluation	

COURSE CONTENT

Week	Topics	Study Materials
1	Work-Life Balance: Why balance of life is important for business life success	Lecture Notes & Small Groups Guideline
2	Philosophies To Establish Inside Peace	Lecture Notes & Small Groups Guideline
3	Gender, Social Norms, Roles and Business Life	Lecture Notes & Small Groups Guideline
4	PT Coaching for Sportive and Healthy Life Style	Lecture Notes & Small Groups Guideline
5	Dietary Coaching For Healthy Nutrition	Lecture Notes & Small Groups Guideline
6	Introduction to Culinary Experience- Part I: World Cuisines and Culture	Lecture Notes & Small Groups Guideline
7	Introduction to Culinary Experience-Part II: Coffee and Beverages Culture	Lecture Notes & Small Groups Guideline
8	Midterm exam	
9	Introduction to Art- Part I: Enlightenment/Art Movements and Culture	Lecture Notes & Small Groups Guideline
10	Introduction to Art-Part II: Classical Music & Jazz & Blues and Culture	Lecture Notes & Small Groups Guideline
11	Introduction to Art-Part III: Art Festivals and Vision Through Europe	Lecture Notes & Small Groups Guideline

12	Travel Highlights: Vision/Culture/ Cities and Free Soul Philosophy	Lecture Notes & Small Groups Guideline
13	Presentations and Discussion hour	
14	Final exam	

COURSE MATERIALS	
Text Books	Lecture Notes
Additional Resources	-

ASSESSMENT		
	NUMBER	PERCENTAGE
Midterm Exam	1	25
Assignments (Homework)	1	25
Evaluation of Group Presentations	1	5
Final Exam	1	45
Total		100

ECTS ALLOCATION			
Activity	Quantity	Duration(Hours)	TotalWorkload(Hours)
Lectures	11	1	11
Independent learning	27	1	27
Site visit	-	-	-
Big Team Work and Presentations	1	2	2
Mid-term exam	1	2	2
Small GroupWorks	11	1	11
Assignments	1	5	5
Final exam	1	2	2
Total Work Load			60
Total Work Load / 30 (h)			2
ECTS Credits			2

CONTRIBUTION TO PROGRAM OUTCOMES						
No	Program Learning Outcomes	Contribution				
		1	2	3	4	5
PO.1.2.1.	throughout his/her career, communicates effectively with health care beneficiaries, co-workers, accompanying persons, visitors, patient's relatives, care givers, colleagues, other individuals, organizations and institutions.			X		
PO.1.4.1.	recognizes the health status of the individual and the community and the factors affecting the health, implements the necessary measures to prevent effects of these factors on the health.		X			