

Course Title	Code	Semester	L+P Hour	Credits	ECTS
Art, Culture and Life Style	MED 620	Phase 1/2/3	28	2	2*

* ECTS credits are the university credits of the courses in Yeditepe University, Faculty of Medicine, Undergraduate Medical Education Program

GENERAL INFORMATION	
Prerequisites	Completing of freshman year courses
Coordination Committee	Medical Faculty Building 6th floor.
Email address for inquiries	
Attendance	Students are required to attend at least 80% of the classes/practices
Language of Instruction	English
Course Level	Second Cycle including First Cycle Degree (One Tier Programme)
Course Type	Elective
Course Coordinator	Prof. Gülsüm Seda Güleç Yılmaz
Instructors	Zafer Akşit
Goals	Healthcare members will have high level social status for their business life; and will join several international conferences. This course is aiming to develop their social and intellectual skills to make them global citizens with art, culture, fashion and life style knowledge
Content	Life Style Coaching for participants, Cultural Festivals Through Europe, Art Exhibitions and Movements, Sportive Life Coaching

COURSE LEARNING OUTCOMES			
Students who take this course will	Program Learning Outcomes	Teaching Methods	Assessment Methods
Be able to develop intellectual wealth and cultural knowledge	1.1.2,1.1.4,1.1.9,2.1.2	1,2,3	A,B
Be able to change their life styles for better perspective , and increase quality of life, and establish work-life balance	2.1.4,2.2.3,2.5.1,2.5.2	1,2,3	A,B
Teaching Methods:	1:Lecture 2-Small Group Workshops 3-Homework		
Assessment Methods:	A: Exam; B:Homework Evaluation		

COURSE CONTENT		
Week	Topics	Study Materials
1	Work-Life Balance: Why balance of life is important for business life success	Lecture Notes & Small Groups Guideline
2	Philosophies To Establish Inside Peace	Lecture Notes & Small Groups Guideline
3	Gender, Social Norms, Roles and Business Life	Lecture Notes & Small Groups Guideline
4	PT Coaching for Sportive and Healthy Life Style	Lecture Notes & Small Groups Guideline
5	Dietary Coaching For Healthy Nutrition	Lecture Notes & Small Groups Guideline
6	Introduction to Culinary Experience- Part I: World Cuisines and Culture	Lecture Notes & Small Groups Guideline
7	Introduction to Culinary Experience-Part II: Coffee and Beverages Culture	Lecture Notes & Small Groups Guideline
8	Midterm exam	
9	Introduction to Art- Part I: Enlightenment/Art Movements and Culture	Lecture Notes & Small Groups Guideline
10	Introduction to Art-Part II: Classical Music & Jazz & Blues and Culture	Lecture Notes & Small Groups Guideline
11	Introduction to Art-Part III: Art Festivals and Vision Through Europe	Lecture Notes & Small Groups Guideline
12	Travel Highlights: Vision/Culture/ Cities and Free Soul Philosophy	Lecture Notes & Small Groups Guideline

13	Presentations and Discussion hour	
14	Final exam	

COURSE MATERIALS	
Text Books	Lecture Notes
Additional Resources	-

ASSESSMENT		
	NUMBER	PERCENTAGE
Midterm Exam	1	25
Assignments (Homework)	1	25
Evaluation of Group Presentations	1	5
Final Exam	1	45
Total		100

COMPETENCE AREA-1 / Professional Practices	Contribution				
COMPETENCE 1.1. Health Service Provider	1	2	3	4	5
Competency 1.1.1. Integrates knowledge, skills, and attitudes acquired from basic and clinical medical sciences, behavioral sciences, and social sciences to provide health services.					
Competency 1.1.2. Demonstrates a biopsychosocial approach that considers the individual's sociodemographic and sociocultural background without discrimination based on language, religion, race, or gender in patient management.			X		
Competency 1.1.3. Prioritizes the protection and improvement of individuals' and community's health in the delivery of healthcare services.					
Competency 1.1.4. Performs the necessary actions in the direction of maintaining and improving the state of health as considering the individual, social, social and environmental factors affecting health.			X		
Competency 1.1.5. Provides health education to healthy/ill individuals and their families, as well as to other healthcare professionals, by recognizing the characteristics, needs, and expectations of the target audience.					
Competency 1.1.6. Demonstrates a safe, rational, and effective approach in the processes of protection, diagnosis, treatment, follow-up, and rehabilitation in health service delivery.					
Competency 1.1.7. Performs interventional and/or non-interventional procedures safely and effectively for the patient in the processes of diagnosis, treatment, follow-up, and rehabilitation.					
Competency 1.1.8. Provides healthcare services considering patient and employee health and safety.					
Competency 1.1.9. Considers changes related to the physical and socio-economic environment at both regional and global scales that affect health, as well as changes in the individual characteristics and behaviors of those who seek healthcare services.		X			
COMPETENCE AREA-2 / Professional Values and Approaches	Contribution				
COMPETENCE 2.1. Adopting Professional Ethics and Principles	1	2	3	4	5
Competency 2.1.1. Considers good medical practices while performing the profession.					
Competency 2.1.2. Fulfills duties and obligations within the framework of ethical principles, rights, and legal responsibilities required by the profession.		X			

Competency 2.1.3. Demonstrates determined behavior in providing high-quality healthcare while considering the patient's integrity.					
Competency 2.1.4. Evaluates own performance in professional practices by considering own emotions and cognitive characteristics.				X	
COMPETENCE 2.2. Health Advocate					
Competency 2.2.1. Advocates for the improvement of healthcare service delivery by considering the concepts of social accountability and social responsibility in the protection and enhancement of community health.					
Competency 2.2.2. Plans and implements service delivery, education, and counseling processes related to individual and community health, in collaboration with all stakeholders, for the protection and improvement of health.					
Competency 2.2.3. Evaluates the impact of health policies and practices on individual and community health indicators and advocates for the improvement of healthcare quality.		X			
Competency 2.2.4. Gives importance to protecting and improving own physical, mental, and social health and takes necessary actions for it.					
COMPETENCE 2.3. Leader-Manager					
Competency 2.3.1. Demonstrates exemplary behavior and leadership within the healthcare team during service delivery.					
Competency 2.3.2. Utilizes resources in a cost-effective, socially beneficial, and compliant manner with regulations in the planning, implementation, and evaluation processes of healthcare services as the manager in the healthcare institution.					
COMPETENCE 2.4. Team Member					
Competency 2.4.1. Communicates effectively within the healthcare team and takes on different team roles as necessary.					
Competency 2.4.2. Displays appropriate behaviors while being aware of the duties and responsibilities of healthcare workers within the healthcare team.					
Competency 2.4.3. Works collaboratively and effectively with colleagues and other professional groups in professional practice.					
COMPETENCE 2.5. Communicator					
Competency 2.5.1. Communicates effectively with patients, their families, healthcare professionals, and other occupational groups, institutions and organizations.				X	
Competency 2.5.2. Communicates effectively with individuals and groups who require a special approach and have different sociocultural characteristics.			X		
Competency 2.5.3. Demonstrates a patient-centered approach that involves the patient in decision-making mechanisms during the diagnosis, treatment, follow-up, and rehabilitation processes.					
COMPETENCE AREA-3 / Professional and Personal Development	Contribution				
COMPETENCE 3.1. Scientific and Analytical Approach	1	2	3	4	5
Competency 3.1.1. Plans and implements scientific research, as necessary, for the population it serves, and utilizes the results obtained, as well as those from other research, for the benefit of the community.					
Competency 3.1.2. Accesses and critically evaluates current literature related to their profession.					
Competency 3.1.3. Applies evidence-based medicine principles in the clinical decision-making process.					
Competency 3.1.4. Uses information technologies to enhance the effectiveness of healthcare, research, and education activities.					
COMPETENCE 3.2. Lifelong Learner					
Competency 3.2.1. Manages effectively individual study processes and career development.					

Competency 3.2.2. Demonstrates skills in acquiring, evaluating, integrating new information with existing knowledge, applying to professional situations, and adapting to changing conditions throughout professional career.					
Competency 3.2.3. Selects the right learning resources to improve the quality of health care and organizes the learning process.					

COURSES CONTRIBUTION TO PROGRAM

ECTS ALLOCATION			
Activity	Quantity	Duration(Hours)	Total Workload(Hours)
Lectures	14	1	14
Independent learning	14	2	28
Site visit	-	-	-
Big Team Work and Presentations	1	2	2
Mid-term exam	1	2	2
Small Group Works	14	1	14
Assignments	1	5	5
Final exam	1	2	2
Total Work Load			67
Total Work Load / 30 (h)			2.23
ECTS Credits			2