	COURSE INFORMATION
Course Title	Code Semester Lecture+Practice+Labrotory Hour Credits CTS
Internal medicine	MED 603 8 week 24+214+2 10
Prerequisite	The student that joins this course, should have at least the Phase 6 knowledge level in
S	medical faculty
Language of	Turkce
Instruction	
Course Level	AB 2005/36/EC Direktifi tarafından Yüksek Lisans Derecesi/ "Düzenlenmiş
	Uzmanlıklar" mevzuatı ile yüksek lisans (yani QF-EHEA-2, EQF-LLL-7, TYYÇ-7
Course Type	Zorunlu
Course	Prof. Dr.Yasar Kucukardali
Coordinator	
The	Fahrettin Keleştimur
instructors	Gülçin Kantarcı,
	Hasan Atilla Özkan, Muzaffer Değertekin,
	Yaşar Küçükardalı,
	Hasan Aydın,
	Cengiz Pata
	Meltem Ergün,
	Meral Sönmezoğlu,
	Banu Salepçi
	Müge Bıçakçıgil,
	Olcay Özveren,
	Seha Akduman
	Serkan Celik
	Selcuk Eren
	Ali Bakan
	Emre Tutal
	Mehmet Akif Ozturk
	Emine Köroğlu
	Bala Basak Öven
A soista ata	Sibel Bolukcu
Assistants	Ipek Gezer, Yunus Sütsurup, Yusuf Kavurmacı
Goals	Term 6. The goal of internal medicine internship is to train medical doctors who have sufficient knowledge and skills about internal diseases. In addition, it is aimed to gain
	basic knowledge and skills in subspecialties such as cardiology, chest diseases,
	gastroenterology, infectious diseases, hematology, oncology and rheumatology,
	nephrology. The student who completes the internship can manage internal medicine-
	related health problems in the primary care setting and perform the necessary
	preventive health practices; Demonstrates good communication skills, can practice by
	adhering to ethical principles, using up-to-date and evidence-based scientific
	information.

Content

For further details please see Academic Program Book of Phase VI at http://med.yeditepe.edu.tr/sites/default/files/phase_6_0.pdf' adresine bakınız.

Internal Medicine Phase VI Week I

Introduction to Internal Medicine 1st Group: 01 July 2021, 2nd Group 01 Sep 2021, 3rd Group 01 Nov 2021, 4th Group 01Jan 2022,

 5^{th} Group 01 Mar 2022, 6^{th} Group 01 May 2022

	Day 1	Day 2	Day 3	Day 4	Day 5
08.30- 09.00	Introductory Session Introduction to Phase VI Yaşar Küçükardalı Kozyatağı /Conference Hall	Clinical Experience (Inpatient)	Multi-disciplinary Case Discussion Conference Hall Kozyatağı	Clinical Experience (Inpatient)	Clinical Experience (Inpatient)
09.30-10.00	Introductory Session (Introduction to Internal Medicine) Gülçin Kantarcı	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)
10.00-12.00	Clinical Experience (Outpatient)	(Outputions)	(Supulon)	(Supulon)	(Outputon)
12.00- 12.30	Lunch	Lunch	Lunch	Lunch	Lunch
12.30-13.15	Journal Club 2	Independent Learning	Independent Learning	Presentations 6 (Student)	Independent Learning
13.15- 16.00	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)
16.00- 16.50	Independent Learning	Independent Learning	Independent Learning	Independent Learning	Independent Learning
17.00-17.50	macpendent Learning	independent Learning	independent Learning	independent Learning	independent Learning

Internal Medicine Phase VI Week II-III

	Pilase vi Week II-III					
	Day 1	Day 2	Day 3	Day 4	Day 5	
08.30- 09.00	Ward Round	Ward Round	Multi-disciplinary Case Discussion Conference Hall Kozyatağı	Ward Round	Ward Round	
09.00-12.00	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	
12.00-12.30	Lunch			Lunch		
	Week II Case Report	Lunch	Lunch	Presentations	Lunch	
12.30-13.15	Week III Seminary			(Student)		
13.15- 16.00-	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	
16.00- 16.50	Independent Learning	Independent Learning	Independent Learning	Independent Learning	Independent Learning	
17.00-17.50	independent Learning	independent Learning	independent Learning	independent Learning	independent Learning	

Internal Medicine Phase VI Week IV

	Day 1	Day 2	Day 3	Day 4	Day 5	
08.30- 09.00	Ward Round	Ward Round	Multi-disciplinary Case Discussion Conference Hall Kozyatağı	Ward Round	Ward Round	
09.00-12.00	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	Student-Centred, Symptom- Based Learning Session Conference Hall All Groups (I-VI)	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	
12.00- 12.30	Lunch			Lunch		
12.30-13.15	Journal Club	Lunch	Lunch	Presentations (Student)	Lunch	
13.15- 16.00-	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	
16.00- 16.50	Independent Learning	Independent Learning	Independent Learning	Independent Learning	Independent Learning	
17.00-17.50						

Internal Medicine Phase VI Week V-VII

	Day 1	Day 2	Day 3	Day 4	Day 5	
08.30- 09.00	Ward Round	Ward Round	Multi-disciplinary Case Discussion Conference Hall Kozyatağı	Ward Round	Ward Round	
09.00-12.00	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	
12.00- 12.30	Lunch			Lunch		
	Week V Case Report					
12.30-13.15	Week VI Seminary	Lunch	Lunch	Presentations (Student)	Lunch	
	Week VII Jounal Club			(-1-1-11)		
13.15- 16.00-	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	
16.00- 16.50	Independent Learning	Independent Learning	Independent Learning	Independent Learning	Independent Learning	
17.00-17.50	maspenas.it Lourning	macponacht Lourning	masponas/it Lourning	maspenasin Lourning	masponasiit Edulining	

Internal Medicine Phase VI Week VIII

	Monday	Tuesday	Wednesday	Thursday	Friday
08.30- 09.00	Ward Round	Ward round	Multi-disciplinary Case Discussion Conference Hall Kozyatağı	Ward Round	Ward Round
09.00-12.00	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	Student-Centred, Symptom- Based Learning Session Conference Hall All Groups (I-VI)	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)
12.00-12.30	Lunch	Lunch	Lunch	Lunch	Lunch
12.30-13.15	Journal Club	Lunch	Lunch	Intern Presentations	Lulicii
13.15-16.00-	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	Clinical Experience (Outpatient)	Program Evaluation Session Review of the learning aims, Evaluation of the Course Progran Head of Internal Medicine
16.00- 16.50	Independent Learning	Independent Learning	Independent Learning	Independent Learning	Independent Learning

- I General seminar (all groups: All phase VI groups will attend Kozyatağı Hospital 2. Floor, conference hall. It is mandatory
 2 Journal club: to attend literature discussion which will be presented by internal medicine residents working in internal medicine department Hospital 2. Floor, conference hall

- Conference final 3 Case report: to attend discussion which will present by asistant doctor working internal medicine department Hospital 2. Floor, conference hall 4 Seminary: to attend seminary which will present by asistant doctor working internal medicine department Hospital 2. Floor, conference hall 5 Lecture: to attend lectures given by the academician working at internal medicine, Hospital 2. Floor meeting room 6 Presentations Students will make a presentation which given them by academician on 20 minute duration. Kozyatağı Hospital 2nd Floor, conference hall, All internship groups should follow these presentations. It is Mandatory.

Learning Outcomes (course) learning objectivesler) At the end of this term, the student should be able to	Program Learning Outcomes	Teachin g Method s	Assess men t Metho ds
KNOWLEDGE			

analyze routine laboratory tests	1.1.7	2,3	B,C
explain the charactheristics of more specific tests (eg. PET CT,	1.1.8	2,3	B,C
ERCP, Capsule endoscopy) and their usages			
decide about when to give the patient a sick leave report and the	1.1.11	2,3	В,С
appropriate report duration			
SKILLS			
take an adequate patient history	1.1.4	2,3	B,C
perform masterly physical examination	1.1.5	2,3	В,С
guide the patient for diagnose, treatment and follow up according	1.1.11	2,3	В,С
to history, physical examination and laboratory tests			
perform successfully minimal invasive procedures like	1.1.7	2,3	В,С
venepuncture, taking blood, paracentesis etc. used in diagnosis			
and treatment			
fill the patient records	1.1.12	2,3	B,C
go through procedures of admitting and discharging patients	1.1.1	2,3	В,С
reach and use medical literature other than classical textbooks	3.1.1, 3.1.2	2,3	В,С
treat the diseases that are commonly seen among adult in primary	1.1.2	2,3	В,С
health care			
refer the patients whose diagnosis, treatment and follow-up	1.1.22	2,3	В,С
cannot be managed by primary health care			
ask for consultation from other medical specialties	1.2.2	2,3	В,С
manage well adult follow-up and vaccination	1.4.1,1.1.1	2,3	В,С
counsel preventive health care issues	1.3.1	2,3	В,С
work in accordance with the law and ethics	2.1.1	2,3	В,С
communicate effectively with patients, patients relatives,	1.2.1,1.2.2,	2,3	В,С
colleagues and other healthcare personnel	1.2.3,		
	1.2.4		
manage adult emergency cases	2.1.1	2,3	В,С
perform anthropometric measures	1.1.5	2,3	В,С
follow-up patients with chronic diseases	1.1.3	1,2,3	В,С
guide the patients with chronic diseases	1.1.11	2,3	В,С
perform resuscitation of adult	1.1.10	2,3	B,C
keep records in regard to primary care according the official and	1.1.12	2,3	B,C
legal requirements			
use the data processing system in the patient records	1.1.12	2,3	B,C
search the literature	3.1.1,3.1.2,	2,3	B,C
	3.1.3		
use at least one foreign language to communicate with both the	1.2.4	2,3	В,С
adult and families that do not speak Turkish			
know at least one foreign language to follow medical literature	3.1.3	2,3	В,С
make presentations to his/her colleagues about the patients	1.2.1	2,3	В,С
he/she has followed			1
contribute scientific studies on medical literature	1.5.1	2,3	В,С
refer the patients that cannot be managed in a primary healthcare	1.1.9	2,3	В,С
unit to an upper healthcare center			1

communicate with the patients' parents during examination,	1.2.1	2,3	В,С
laboratory testing, consultation and treatment steps of the sick			
adult			
take informed consent from patients' parents and/or the patient	2.2.1	2,3	B,C
communicate with his/her colleagues, patients and patients'	1.2.1	2,3	B,C
parents			
ATTITUDE			
dress and look physically appropriate as a medical doctor	3.3.1	2,3	В,С
work in cooperation with other doctors, assisting health personnel	2.5.2	2,3	В,С
in the hospital within certain limits and ethical principles			
display sufficient social skills when forming a patient-doctor	1.2.2	2,3	В,С
relationship			
adopt a symptom-focused approach in history taking	1.1.2	2,3	B,C
adopt an organ system focused approach in physical examination	1.1.6	2,3	B,C
Essential Medical Procedures		2,3	B,C
General and symptom-based history taking	1.1.4	2,3	В,С
Assessing mental status	1.1.6	2,3	B,C
Antropometric measurements	1.1.5	2,3	B,C
Head-Neck and ENT examination	1.1.5	2,3	B,C
Abdominal physical examination	1.1.5	2,3	B,C
Skin examination	1.1.5	2,3	В,С
General condition and vital signs assessment	1.1.5	2,3	В,С
Musculoskeletal system examination	1.1.5	2,3	B,C
Respiratory system examination	1.1.5	2,3	B,C
Cardiovascular system examination	1.1.5	2,3	B,C
Urologic examination	1.1.5	2,3	B,C
Preparing medical reports and notice	1.1.12	2,3	B,C
Preparing forensic report	2.1.1	2,3	B,C
Preparing epicrisis	2.2.2	2,3	B,C
Preparing patient file	1.1.12	2,3	B,C
Obtaining informed consent	2.2.2	2,3	B,C
Writing prescription	1.1.11	2,3	B,C
Preparing treatment refusal form	2.2.2	2,3	B,C
Reading and evaluating direct radiographs	1.1.8	2,3	В,С
Taking and evaluating ECG	1.1.8	2,3	B,C
Measuring blood glucose level with glucometry	1.1.8	2,3	В,С
Measuring and assessing of bleeding time	1.1.8	2,3	В,С
Filling laboratory request form	1.1.12	2,3	В,С
Preperation and evaluation of peripheral blood smear	1.1.8	2,3	В,С
Performing full urine analysis (including microscopic examination)	1.1.8	2,3	В,С
and evaluation			
Interpretation of screening and diagnostic examination results	1.1.1.	2,3	В,С
Rational drug use	1.1.9	2,3	В,С

Performing IM, IV, SC, ID injection	1.1.7	2,3	B,C
Urinary catheterization	1.1.7	2,3	B,C
Taking sample for culture	1.1.7	2,3	B,C
Nasogastric catheterization	1.1.7	2,3	B,C
Delivering oxygen and administering nebule-inhaler treatment	1.1.11	2,3	B,C
Performing gastric lavage	1.1.11	2,3	B,C
Enema administration	1.1.11	2,3	B,C
Evaluating pulmonary function tests	1.1.11	2,3	B,C
Establishing IV line	1.1.11	2,3	B,C
Measuring blood pressure	1.1.11	2,3	В,С
Performing paracentesis	1.1.11	2,3	В,С
Perfoming and assessing pulse oxymetry	1.1.11	2,3	B,C
Providing basic life support	1.1.11	2,3	В,С
Providing immunization services	1.1.11	2,3	В,С
Periodical examination, chek-up (Cardiac risc assessment,	1.1.5	2,3	В,С
adolescence counseling, tobacco counselling, cancer screening			
etc.)			
Using and evaluating peak-flow meter	1.1.8	2,3	В,С

Teaching Methods:	1: Lecture, 2: Question-Answer, 3: Discussion
Assessment Methods:	A: Testing B: Presentation C: Homework

COURSE CONTENT						
hours	Topics	Study Materials				
1	Introductory Session (Introduction to Internal	Materials for the course				
	medicine	provided by the the instructor				
166	Clinical practice (out patient)	Materials for the course				
		provided by the the instructor				
40	Clinical practice (In patient – visit)	Materials for the course				
		provided by the the instructor				
24	Intorn seminar	Materials for the course				
		provided by the the instructor				
6	Symptom based learning sesation	Materials for the course				
		provided by the the instructor				
2	Laboratory	Materials for the course				
		provided by the the instructor				
40	Hours for off-the-classroom study (Pre-study,	Materials for the course				
	practice, review/week)	provided by the the instructor				
1	Program Değerlendirme Oturum					
	RECOMMENDED SOURCES					
1	Harrison's Principles of Internal Medicine					
2	Semiyoloji	Nobell Kitabevi				
		Prof Dr Yasar Kucukardali				
3	www.uptodate.com					

www.accessmedicine.com	
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Assesment

4

IN	TEPE UNIVERSITY FACULTY OF MEDI- TERN PHYSICIAN EVALUATION FORI mponents for intern physicians and is th internship.	М		
Intern's name and surname:				
Intern number:				
Internship program name:				
Dates of start and end for internship program:				
	petencies be determined based on <i>participation in</i> vations of the Faculty Member / Internsl	•		
·		*Competency Level		
· · · · · · · · · · · · · · · · · · ·		Does not meet expectations Meets expectations Above expectations Well above expectations		
	discussions, educational visits, faculty ninars, etc.) to answer the questions, to to contribute to the discussion, to display	Does not meet expectations * Meets expectations * Above expectations * Well above expectations *		
1.3. Literature review and semine Preparation based on evidence of high subject in a solid logical reasoning with mastering the subject, answering the quantum serior of the subject.	er scientific strength, presenting the in a reference to essential check points,	Does not meet expectations * Meets expectations * Above expectations * Well above expectations *		
Explanations, opinions and recommendations based on the observations of the Faculty Member / Internship Training Supervisor / Head of the Department				
2. Evaluation of Competencies for Basic Medical Practice * The level of competency should be determined based on basic medical practice (Title 2 on the Intern Logbook) and the observations of the Faculty Member / Internship Training Supervisor / Head of Department for the intern.				
	* Competency Level			

Basic medicine practices based on <i>Intern Logbook</i> Explanations, opinions and recommendations based on the observations of the Faculty Member / Internship Training Supervisor / Head of the Department	Meets e Above e	t meet expectations * xpectations * xpectations * ove expectations *				
3. Evaluation of Professional Co	mpeter	ncies for Medicine				
	mpete.	iolog for modulation	* Competency Level			
3.1. Communicating with patier			Does not meet expectations * Meets expectations * Above expectations * Well above expectations *			
3.2. Compliance in hospital rule procedures, SOPs)	s (i.e. sta	andard operating	Does not meet expectations * Meets expectations * Above expectations * Well above expectations *			
3.3. Working in a team and collaborating and communicating with team members			Does not meet expectations * Meets expectations * Above expectations * Well above expectations *			
3.4. Performing given tasks			Does not meet expectations * Meets expectations * Above expectations * Well above expectations *			
3.5. Diligence on attendance an activities	d partici	ipation in scientific	Does not meet expectations * Meets expectations * Above expectations * Well above expectations *			
Explanations, opinions and recommendations based on the observations of the Faculty Member / Internship Training Supervisor / Head of the Department						
Evaluated Competencies		Total Score (Over 100) (For each section below, the score below 70 obtained by the Intern is a reason for inadequacy.)	Impact on Internship End Score			
Cognitive Competencies		Score:	20%			
Competencies for Basic Medica Practice		Score:	60%			
Professional Competencies for Medicine		Score:	20%			

*If the competency level for the intern is determined as "does not meet the expectations" in any part of the evaluation form, the intern is considered to be *unqualified*. In this condition, *FF* is given as a letter grade.

**If the intern physician is deemed inadequate due to *absenteeism*, *FA* is given as a letter grade.

Internship Evaluation End Score:

Letter Grade:.....

Score Range	Letter Grade	Credit Rating
85 – 100	AA	4.0
75 – 84	BA	3.5
65 – 74	BB	3.0
60 – 64	СВ	2.5
50 – 59	CC	2.0
0 – 49	FF	
Absent	FA	

**Attendance	Absence ≤ 20% x	Absence > 20%
Decision	Qualified *	Unqualified *

Date:

Internship Commission:

Faculty Member Internship Training Supervisor Contact Faculty Member Head of the Department

COURSE'S CONTRIBUTION TO PROGRAM					
	1	2	3	4	5
POD.1.1. Clinical Competencies					
PO.1.1.1. values preventive health services, offers primary				4	
prevention (i.e. prevention of diseases for the protection of					
health), secondary prevention (i.e. early diagnosis and					
treatment) tertiary prevention (i.e. rehabilitation) and					
quaternary prevention (i.e. prevention of excessive and					
unnecessary diagnosis and treatment) services, provides					
consultancy on these issues.					
PO.1.1.2. employs a patient-centered approach in patient				4	
management.					
PO.1.1.3. recognizes most frequently occurring or significant				4	
clinical complaints, symptoms, signs, findings and their					
emergence mechanisms in clinical conditions.					

PO.1.1.4. takes r	medical history from the applicant		5
	or from the individual's companions.		
	eneral and focused physical and mental		5
examination.	. ,		
PO.1.1.6. interpr	rets findings in medical history, physical and		5
mental examina	tion.		
PO.1.1.7. employ	ys diagnostic procedures that are used		5
frequently at the	e primary health care level.		
PO.1.1.8. selects	s tests that have evidence-based high efficacy at	4	
the primary heal	Ith care level and interprets results.		
PO.1.1.9. makes	clinical decisions using evidence-based	4	
systematic data	in health care service.		
PO.1.1.10. perfo	rms medical interventional procedures that are		5
used frequently	at the primary health care level.		
PO.1.1.11. mana	ages healthy individuals and patients in the	4	
context of health	h care services.		
PO.1.1.12. keeps	s medical records in health care provision and		5
uses information	n systems to that aim.		
POD.1.2. Compe	etencies related to Communication		
_	hout his/her career, communicates effectively		5
	beneficiaries, co-workers, accompanying		
persons, visitors	, patient's relatives, care givers, colleagues,		
other individuals	s, organizations and institutions.		
PO.1.2.2. collabo	orates as a team member with related		5
_	nd institutions, with other professionals and		
	kers, on issues related to health.		
_	nizes the protection and privacy policy for health	4	
	es, coworkers, accompanying persons and		
visitors.			
	unicates with all stakeholders taking into	4	
consideration th	e socio-cultural diversity.		
-	etencies Related to Leadership and		
Management			
_	ges and leads within the health care team in	4	
	are organization.		
	nizes the principles of health management and	4	
	onomy, models of organization and financing of		
health care servi			+
_	nizes the resources in the health care service, the	4	
principles for cos	st-effective use.		
POD.1.4. Compe	etencies related to Health Advocacy		
	nizes the health status of the individual and the		5
community and	the factors affecting the health, implements the		

health. PO.1.4.2. recognizes and manages the health determinants including conditions that prevent access to health care. POD.1.5. Competencies related to Research PO.1.5.1. develops, prepares and presents research projects POD.1.6. Competencies related to Health Education and Counseling PO.1.6.1. provides consultancy services and organizes health education for the community to sustain and promote the health of individual and community. PODG.2. Professional Values and Perspectives POD.2.1. Competencies related to Law and Legal Regulations PO.2.1. performs medical practices in accordance with the legal framework which regulates the primary health care service. POD.2.2. Competencies Related to Ethical Aspects of Medicine PO.2.2.1. recognizes basic ethical principles completely, and distinguishes ethical and legal problems. PO.2.2.2. pays importance to the rights of patient, patient's relatives and physicians, and provides services in this context. POD.2.3. Competencies Related to Social and Behavioral Sciences PO.2.3.1. relates historical, anthropological and philosophical evolution of medicine, with the current medical practice. PO.2.3.2 recognizes the individual's behavior and attitudes and factors that determine the social dynamics of the community. POD.2.4. Competencies Related to Social Awareness and Participation PO.2.4.1. leads community with sense of responsibility, behavior and attitudes in consideration of individual behaviors and social dynamics of the community, and if there is a necessity, develops projects directed towards health care services. POD.2.5. Competencies Related to Professional Attitudes and Behaviors	4
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Behaviors	
PO.2.5.1. displays a patient-centered and holistic	4
(biopsychosocial) approach to patients and their problems.	
PO.2.5.2. respects patients, colleagues and all stakeholders in	4
health care delivery.	
PO.2.5.3. displays the proper behavior in case of disadvantaged	
groups and situations in the community.	
PO.2.5.4. takes responsibility for the development of patient	

PO.2.5.6. evaluates own performance as open to criticism,	4	
realizes the qualifications and limitations.		
PODG.3. Personal Development and Values		
PO.3.1.1. embraces the importance of lifelong self-learning and		
implements.		
PO.3.1.2. embraces the importance of updating knowledge and		
skills; searches current advancements and improves own		
knowledge and skills.		
PO.3.1.3. uses English language at least at a level adequate to		
follow the international literature and to establish		
communication related to the profession.		
POD.3.2. Competencies Related to Career Management		
PO.3.2.1. recognizes and investigates postgraduate work		5
domains and job opportunities.		
PO.3.2.2. recognizes the application requirements to		5
postgraduate work/job domains, and distinguishes and plans		
any requirement for further training and work experience.		
PO.3.2.3. prepares a resume, and recognizes job interview	4	
methods.		
POD.3.3. Competencies Related to Protection and		
Development of Own Physical and Mental Health		
PO.3.3.1. implements the rules of healthy living.		5
PO.3.3.2. displays appropriate behavior specific to work under		5
stressful conditions.		
PO.3.3.3. uses self-motivation factors.		5

ECTS ALLOCATED BASED ON STUDENT WORKLOAD BY THE COURSE DESCRIPTION					
Activities	Quantity/	Duration	Total Workload		
	day	(Hour	(Hour)		
Course Duration (8week)	40	6	240		
Hours for off-the-classroom study (Pre-study, practice, review/week)	40	1	40		
Home work	2	2	4		
Examination					
Total Work Load			284		
Total Work Load / 30 (h			9,04		
ECTS Credit of the Course			10		