

YEDİTEPE UNIVERSITY
FACULTY OF MEDICINE
PHASE I
ACADEMIC PROGRAM BOOK
2025 - 2026

Student's;

Name :

Nr :

YEDİTEPE UNIVERSITY FACULTY OF MEDICINE PHASE I

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COORDINATION COMMITTEE

(TEACHING YEAR 2025–2026)

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ACADEMIC CALENDAR 2025-2026

<u>MED 104 BASIC MEDICAL SCIENCES I</u>		
COMMITTEE I INTRODUCTION to BASIC MEDICAL SCIENCES (7 Weeks)		
Beginning of Committee	September 29, 2025	Monday
End of Committee	November 14, 2025	Friday
Committee Histology & Embryology Practical Exam	November 14, 2025	Friday
Committee Anatomy Practical Exam	November 14, 2025	Friday
Committee Theoretical Exam	November 14, 2025	Friday
National Holiday	October 28^{1/2}- 29, 2025	Tuesday-Wednesday
COMMITTEE II CELL (8 Weeks)		
Beginning of Committee	November 17, 2025	Monday
End of Committee	January 07, 2026	Wednesday
Committee Anatomy Practical Exam	January 07, 2026	Wednesday
Committee Histology & Embryology Practical Exam	January 07, 2026	Wednesday
Committee Physiology Practical Exam	January 07, 2026	Wednesday
Committee Medical Biology Practical Exam	January 07, 2026	Wednesday
Committee Theoretical Exam	January 07, 2026	Wednesday
Commemoration of Atatürk	November 10, 2026	Monday
COMMITTEE III TISSUE I (6 Weeks)		
Beginning of Committee	January 12, 2026	Monday
End of Committee	March 06, 2026	Friday
Committee Histology & Embryology Practical Exam	March 06, 2026	Friday
Committee Medical Biology Practical Exam	March 06, 2026	Friday
Committee Physiology Practical Exam	March 06, 2026	Friday
Committee Anatomy Practical Exam	March 06, 2026	Friday
Committee Theoretical Exam	March 06, 2026	Friday
New Year	January 01, 2026	Wednesday

MIDTERM BREAK	January 19, 2026- January 30, 2026	
COMMITTEE IV TISSUE II (8 Weeks)		
Beginning of Committee	March 09, 2026	Monday
End of Committee	Apr 30, 2026	Thursday
Committee Anatomy Practical Exam	Apr 30, 2026	Thursday
Committee Medical Biology Practical Exam	Apr 30, 2026	Thursday
Committee Histology & Embryology Practical Exam	Apr 30, 2026	Thursday
Committee Biochemistry Practical Exam	Apr 30, 2026	Thursday
Committee Theoretical Exam	Apr 30, 2026	Thursday
Physicians’ Day	March 13, 2026	Friday
Religious Holiday	March 19 ^{1/2} - 22, 2026	Thursday-Sunday
National Holiday	April 23,2026	Thursday
Labor’s Day	May 1, 2026	Friday
COMMITTEE V ENERGY and METABOLISM (6 Weeks)		
Beginning of Committee	May 04, 2026	Monday
End of Committee	June 19, 2026	Friday
Committee Anatomy Practical Exam	June 19, 2026	Friday
Committee Biochemistry Practical Exam	June 19, 2026	Friday
Committee Biostatistics Practical Exam	June 19, 2026	Friday
Committee Histology & Embryology Practical Exam	June 19, 2026	Friday
Committee Theoretical Exam	June 19, 2026	Friday
National Holiday	May 19, 2026	Tuesday
Religious Holiday	May 26 ^{1/2} - May 30, 2026	Tuesday-Saturday
First Progress Test	02 January 2026	Friday (ONLINE)
Second Progress Test	13 May 2026	Wednesday (ONLINE)

Make-up Exam	June 23-24, 2026	Tuesday-Wednesday
Final Exam	July 06, 2026	Monday
Incomplete Exam	July 22, 2026	Wednesday
<u>FREE ELECTIVE COURSES-Spring 2025-2026</u>		
Beginning of Elective Courses	February 06, 2026	Friday
End of Elective Courses	June 12, 2026	Friday
Midterm Exam	April 10, 2026	Friday
Final Exam	June 24-29, 2026	Wednesday-Monday
Make-up Exam	June 17-19 2026	Wednesday - Friday
Incomplete Exam	July 13-17, 2026	Monday-Friday
<u>MED 102 INTRODUCTION to CLINICAL PRACTICE I (ICP-I)</u>		
Beginning of Course	September 29, 2025	Monday
End of Course	June 01, 2026	Monday
Midterm Exam	February 06, 2026	Friday
Make-up Exam	May 11, 2026	Monday
Final Exam	June 15-16, 2026	Monday-Tuesday
Incomplete Exam	July 8, 2026	Wednesday
<u>MED 103 ANATOMICAL DRAWING</u>		
Beginning of Course	September 29, 2025	Monday
End of Course	June 01, 2026	Monday
First Midterm Exam	November 17, 2025	Monday
Second Midterm Exam	January 12, 2026	Monday
Third Midterm Exam	February 23, 2026	Monday
Fourth Midterm Exam	May 11, 2026	Monday
Final Exam	June 01, 2026	Monday
Incomplete Exam	June 24, 2026	Wednesday

<u>TKL 201&202 TURKISH LANGUAGE & LITERATURE</u>	TKL	
Fall Final Exam	January 08, 2026	Thursday (09:00-11:00)
Spring Final Exam	June 07, 2026	Sunday (09:00-18:00)
<u>HTR 301&302 ATATÜRK'S PRINCIPLES & HISTORY OF MODERN TURKEY</u>	HTR	
Fall Final Exam	January 09, 2026	Friday (09:00-14:00)
Spring Final Exam	June 06, 2026	Saturday (09:00-18:00)
<u>HUM 103 HUMANITIES</u>	HUM	
Fall Final Exam	January 08, 2026	Thursday (14:00-17:00)
COORDINATION COMMITTEE MEETINGS		
1. Coordination Committee Meeting	October 31, 2025, Tuesday 15:00	
2. Coordination Committee Meeting	January 13, 2026, Tuesday 15:00 (with student participation)	
3. Coordination Committee Meeting	May 12, 2026, Tuesday 15:00 (with student participation)	
4. Coordination Committee Meeting	July 21, 2026, Tuesday 15:00	

INSTRUCTIONAL DESIGN of PRECLINICAL YEARS

In Phase I, II and III, the formation of committees is based on a thematic structure. This structure corresponds to organizational levels of the human body such as macromolecule, organelle, cell, tissue, organ systems and finally introduction to pathogenesis.

- Phase I: Normal structure and function of the human body at molecular, cellular, tissue and organ level.
- Phase II: Normal structure and function of human body at system and multi-system level, and introduction to pathogenesis.
- Phase III: Physiopathological and pathological processes in the human body.

Beside this thematic structure, there is a continuous clinical skills education in Phase I, II and III, as "Introduction to Clinical Practice -I, -II and -III" courses.

Therefore, the core medical courses are;

- Phase I: MED 104 Basic Medical Sciences I, MED 102 Introduction to Clinical Practice I, MED 103 Anatomical Drawing,
- Phase II: MED 203 Basic Medical Sciences II, MED 202 Introduction to Clinical Practice II,
- Phase III: MED 302 Introduction to Clinical Sciences, MED 303 Introduction to Clinical Practice III.

The learning objectives of each phase include learning objectives of core committees. The learning objectives of committees include learning objectives of core topics' components for the committee.

UNDERGRADUATE MEDICAL EDUCATION PROGRAM

YEDİTEPE UNIVERSITY FACULTY OF MEDICINE

AIM OF MEDICAL EDUCATION PROGRAM

*“Consensus Commission Report” based on draft compiled at “*Workshop for Revision of Aim and Outcomes of Medical Education Program at Yeditepe University Faculty of Medicine*”

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AIM

The aim of medical education program *is to graduate physicians* who

- 1.0. **are aware of** the local and global health issues
- 2.0. **have acquired competence** in knowledge, skills and attitudes to manage and provide primary health care service
- 3.0. **know, apply** and **care** for ethical principles of the medical profession
- 4.0. **keep up with** current knowledge at national and international level
- 5.0. **are capable of** systematical thinking
- 6.0. **are** investigative and questioning
- 7.0. continually **renovate** and **improve** themselves
- 8.0. **are capable of** teamwork
- 9.0. **use** technology competently in medicine and related areas
- 10.0. **have** effective communication skills
- 11.0. **have** community leadership qualifications

**YEDİTEPE UNIVERSITY
FACULTY OF MEDICINE**

PROGRAM OUTCOMES OF MEDICAL EDUCATION

YUTF - Undergraduate Medical Education Program was designed to provide our graduates with the competencies that are specified in the National Competencies List of medical graduates (UYYB).

UYYB is a national document that indicates the expected/required competencies of the students who are at the stage of graduating from Medical Schools in Turkey.

You can find UYYB from the link: https://www.yok.gov.tr/Documents/Kurumsal/egitim_ogretim_dairesi/Ulusal-cekirdek-egitimi-programlari/mezuniyet-oncesi-tip-egitimi-cekirdek-egitimi-programi.pdf

COMPETENCE AREA-1 / Professional Practices
COMPETENCE 1.1. Health Service Provider
Competency 1.1.1. Integrates knowledge, skills, and attitudes acquired from basic and clinical medical sciences, behavioral sciences, and social sciences to provide health services.
Competency 1.1.2. Demonstrates a biopsychosocial approach that considers the individual's sociodemographic and sociocultural background without discrimination based on language, religion, race, or gender in patient management.
Competency 1.1.3. Prioritizes the protection and improvement of individuals' and community's health in the delivery of healthcare services.
Competency 1.1.4. Performs the necessary actions in the direction of maintaining and improving the state of health as considering the individual, social, social and environmental factors affecting health.
Competency 1.1.5. Provides health education to healthy/ill individuals and their families, as well as to other healthcare professionals, by recognizing the characteristics, needs, and expectations of the target audience.
Competency 1.1.6. Demonstrates a safe, rational, and effective approach in the processes of protection, diagnosis, treatment, follow-up, and rehabilitation in health service delivery.
Competency 1.1.7. Performs interventional and/or non- interventional procedures safely and effectively for the patient in the processes of diagnosis, treatment, follow-up, and rehabilitation.
Competency 1.1.8. Provides healthcare services considering patient and employee health and safety.
Competency 1.1.9. Considers changes related to the physical and socio-economic environment at both regional and global scales that affect health, as well as changes in the individual characteristics and behaviors of those who seek healthcare services.
COMPETENCE AREA-2 / Professional Values and Approaches
COMPETENCE 2.1. Adopting Professional Ethics and Principles
Competency 2.1.1. Considers good medical practices while performing the profession.
Competency 2.1.2. Fulfills duties and obligations within the framework of ethical principles, rights, and legal responsibilities required by the profession.
Competency 2.1.3. Demonstrates determined behavior in providing high-quality healthcare while considering the patient's integrity.

Competency 2.1.4. Evaluates own performance in professional practices by considering own emotions and cognitive characteristics.

COMPETENCE 2.2. Health Advocate

Competency 2.2.1. Advocates for the improvement of healthcare service delivery by considering the concepts of social accountability and social responsibility in the protection and enhancement of community health.

Competency 2.2.2. Plans and implements service delivery, education, and counseling processes related to individual and community health, in collaboration with all stakeholders, for the protection and improvement of health.

Competency 2.2.3. Evaluates the impact of health policies and practices on individual and community health indicators and advocates for the improvement of healthcare quality.

Competency 2.2.4. Gives importance to protecting and improving own physical, mental, and social health and takes necessary actions for it.

COMPETENCE 2.3. Leader-Manager

Competency 2.3.1. Demonstrates exemplary behavior and leadership within the healthcare team during service delivery.

Competency 2.3.2. Utilizes resources in a cost-effective, socially beneficial, and compliant manner with regulations in the planning, implementation, and evaluation processes of healthcare services as the manager in the healthcare institution.

COMPETENCE 2.4. Team Member

Competency 2.4.1. Communicates effectively within the healthcare team and takes on different team roles as necessary.

Competency 2.4.2. Displays appropriate behaviors while being aware of the duties and responsibilities of healthcare workers within the healthcare team.

Competency 2.4.3. Works collaboratively and effectively with colleagues and other professional groups in professional practice.

COMPETENCE 2.5. Communicator

Competency 2.5.1. Communicates effectively with patients, their families, healthcare professionals, and other occupational groups, institutions and organizations.

Competency 2.5.2. Communicates effectively with individuals and groups who require a special approach and have different sociocultural characteristics.

Competency 2.5.3. Demonstrates a patient-centered approach that involves the patient in decision-making mechanisms during the diagnosis, treatment, follow-up, and rehabilitation processes.

COMPETENCE AREA-3 / Professional and Personal Development

COMPETENCE 3.1. Scientific and Analytical Approach

Competency 3.1.1. Plans and implements scientific research, as necessary, for the population it serves, and utilizes the results obtained, as well as those from other research, for the benefit of the community.

Competency 3.1.2. Accesses and critically evaluates current literature related to their profession.

Competency 3.1.3. Applies evidence-based medicine principles in the clinical decision-making process.

Competency 3.1.4. Uses information technologies to enhance the effectiveness of healthcare, research, and education activities.

COMPETENCE 3.2. Lifelong Learner

Competency 3.2.1. Manages effectively individual study processes and career development.

Competency 3.2.2. Demonstrates skills in acquiring, evaluating, integrating new information with existing knowledge, applying to professional situations, and adapting to changing conditions throughout professional career.

Competency 3.2.3. Selects the right learning resources to improve the quality of health care and organizes the learning process.

2025-2026 CURRICULUM OF PHASE I

YEDİTEPE UNIVERSITY FACULTY OF MEDICINE

CODE		FIRST YEAR	W	T	A	L	Y	E
MED	104	Basic Medical Sciences I	38	466		58	40	40
MED	102	Introduction to Clinical Practice I	35	22		14	5	5
MED	103	Anatomical Drawing	32	0		64	3	2
MED	XXX	Free Elective Course ¹ (SS)	14	28			2	2
HUM	103	Humanities ² (FS)	14	28			2	3
TKL	201	Turkish Language I ² (FS)	14	28			2	2
TKL	202	Turkish Language II ² (SS)	14	28			2	2
HTR	301	History of Turkish Revolution I ² (FS)	14	28			2	2
HTR	302	History of Turkish Revolution II ² (SS)	14	28			2	2
Total Credits								60

The curriculum applies to the 2025-2026 educational term. The duration of educational term for each year is shown in the table as the total number of weeks. ECTS credits are the university credits of the courses in Yeditepe University Faculty of Medicine Undergraduate Medical Education Program. 1 ECTS=30 hours of workload including independent study hours per average student. GPA and cGPA calculations are based on ECTS credits.

¹Free Elective Courses. Only one of the free elective courses provided by Faculty of Medicine can be selected in an educational year. Free elective courses provided by Faculty of Medicine in the first three years: MED 611 Medical Anthropology, MED 612 Creative Drama I, MED 613 Medical Humanities, MED 614 Personal Trademark Development, MED 615 Innovation Management, MED 616 Medical Management and New Services Design Skills, MED 619 Entrepreneurship and Storytelling Techniques for Business Purposes, MED 620 Art, Culture and Life Styles, MED 621 Epidemiological Research and Evidence Based Medicine, MED 622 Applications of Economics in Health Care, MED 623 Visual Presentation in Medicine, MED 627 Presentation of Medicine on Media, MED 628 Healthy Living : The Milestones of the Life for Performance Management, MED 629 Music and Medicine, MED 630 Health Law, MED 631 Creative Drama II, MED 632 Music Appreciation, MED 633 Communication with Hearing Impaired Patients in Turkish Sign Language, MED 634 Case Based Forensic Science, MED 635 Advanced Level Communication with Hearing Impaired Patients in Turkish Sign Language, MED 636 Art Project, MED 637 Artistic Photography and Composition.

²Common Courses. These courses are obligatory in all programs of the university. The university credit values of the common courses are as stated by the University Senate. Except for HUM 103, these courses are not to be included in the GPA and cGPA calculations. Courses on Turkish Language and Culture for Foreigners (AFYA). Based on the result of Turkish Language Proficiency Exam, instead of TKL 201 (FS) and TKL 202 (SS) courses, international students will be requested to take the required ones from the AFYA 101 (FS), AFYA 102 (SS), AFYA 201 (FS) and AFYA 202 (SS) courses, designed for them. Each of these courses have credits as Y=3 and E=5. These courses are not to be included in the GPA and cGPA calculations.

T: Theoretical, A: Application , L: Laboratory, Y: Yeditepe University Credit, E: ECTS Credit	Minimum Degree Requirements	
NC: Non-Credit Course, FS: Fall Semester, SS: Spring Semester, W: Weeks.	ECTS	360
Approval Date:	Number of courses	53

* Please see https://med.yeditepe.edu.tr/sites/default/files/curriculum_2024-25_ytf_tr.pdf for the total curriculum of the Faculty of Med.

DESCRIPTION and CONTENT of PHASE I

Normal Physiology, Basic Sciences and Medical Terms.

Introduction to Basic Sciences, Cell, Tissue I, Tissue II, Energy and Metabolism.

Organic Chemistry, Biophysics, Medical Biology, Medical History and Ethics, Anatomy, Anatomical Drawing, Physiology, Histology & Embryology, Medical Biochemistry, Medical Microbiology, Immunology, Family Medicine, Medical Education, Biostatistics, Humanities, Behavioral Sciences, Turkish Language and Literature, Principles of Atatürk and Modern History of Turkey.

AIM and LEARNING OBJECTIVES of PHASE I

AIM

To convey basic knowledge on medical history, organic chemistry, biology, biophysics, biochemistry, biostatistics, anatomy, physiology, embryology, histology, microbiology, immunology, behavioral sciences, civilization history and medical ethics.

To convey complementary educational experiences by improving biopsychosocial approach on medical practice.

To prepare students to clinical practice.

LEARNING OBJECTIVES

At the end of this phase, students should be able to:

KNOWLEDGE

- 1.0. explain information about medical history, anatomy, physiology, embryology, histology, organic chemistry, biology, biophysics, biochemistry, biostatistics, microbiology, immunology, behavioral sciences, civilization history, and medical ethics, and elective courses.
- 2.0. for biophysics;
 - 2.1. explain basic terms and concepts.
 - 2.2. explain its essential application areas in medicine.
- 3.0. explain the structure and function of the cell.
- 4.0. describe the stages of early embryonic development.
- 5.0. define four basic tissue types with cells and extracellular matrix.
- 6.0. define transport mechanism of biological membranes and its correlation with ATP usage
- 7.0. list the enzymes in blood coagulation
- 8.0. for enzymes;
 - 8.1. list basic properties and classes of enzymes,
 - 8.2. describe regulatory functions of enzymes,
 - 8.3. define the functions of enzymes in
- 9.0. define the link between the structure and function of tissues.
- 10.0. define muscular, vascular, and nervous systems.
- 11.0. list basic properties and classes of microorganisms.
- 12.0. describe basic terms and concepts about first aid.
- 13.0. describe basic terms and concepts of communication skills.
- 14.0. describe basic terms and concepts about epidemiology.
- 15.0. list fundamental steps of a research study.
- 16.0. describe basic terms of concepts of biostatistics.
- 17.0. explain case scenario related basic medical science topics in a clinical context.
- 18.0. define basic elements of immune response
- 19.0. describe scientific study design and types of scientific research

SKILLS

- 1.0. apply first aid skills to anatomic models.
- 2.0. use communication skills in patient-doctor interviews in simulated settings.
- 3.0. Search scientific literature
- 4.0. apply basic laboratory techniques and use equipment.
- 5.0. use biopsychosocial approach in medical practice.
- 6.0. display (demonstrate) scientific reasoning, information literacy, and skills of self-directed, life-long learning.
- 7.0. write a scientific article review

ATTITUDES

- 1.0 values teamwork, interpersonal skills, and significance of psychosocial issues

AIM and LEARNING OBJECTIVES of BASIC MEDICAL SCIENCES I (MED 104)

AIM

To convey basic knowledge on medical history, organic chemistry, biology, biophysics, biochemistry, biostatistics, anatomy, physiology, embryology, histology, microbiology, immunology, behavioral sciences, civilization history and medical ethics.

LEARNING OBJECTIVES

At the end of this phase, students should be able to:

KNOWLEDGE

- 1.0. explain information about medical history, anatomy, physiology, embryology, histology, organic chemistry, biophysics, biochemistry, microbiology, behavioral sciences, civilization history and medical ethics
- 2.0. for biophysics
 - 2.1. explain basic terms and concepts.
 - 2.2. explain its essential application areas in medicine.
- 3.0. explain the structure and function of the cell.
- 4.0. describe the stages of early embryonic development
- 5.0. define four basic tissue types with cells and extracellular matrix.
- 6.0. describe the ATP production by substrate level phosphorylation and oxidative phosphorylation
- 7.0. for carbohydrate metabolism;
 - 7.1. define the digestion and absorption of carbohydrates
 - 7.2. explain glucose and glycogen metabolism, apply blood.
- 8.0. define the link between the structure and function of tissues.
- 9.0. define muscular, vascular and nervous systems.
- 10.0. list basic properties and classes of microorganisms.
- 11.0. describe basic terms and concepts about epidemiology.
- 12.0. list fundamental steps of a research study.
- 13.0. describe basic terms of concepts of biostatistics.
- 14.0. explain case scenario related basic medical science topics in a clinical context.
- 15.0. define basic elements of immune response
- 16.0. describe scientific study design and types of scientific research
- 17.0. list the proper manner of action as a responsible physician when faced with legal risks

SKILLS

- 1.0. apply basic laboratory techniques and use equipment.
- 2.0. present research data with tables, graphs and statistics.
- 3.0. use biopsychosocial approach in medical practice.
- 4.0. display (demonstrate) scientific reasoning, information literacy and skills of self-directed, life-long learning.
- 5.0. search scientific literature
- 6.0. write a scientific article review

ATTITUDES

- 1.0. value teamwork, interpersonal skills, and significance of psychosocial issues

DESCRIPTION of INTRODUCTION to CLINICAL PRACTICE I, II and III (ICP-I,-II,-III)

(MED 102, MED 202, MED 303)

AIM of ICP PROGRAM

The aim of Introduction to Clinical Practice Program is to equip the students with basic medical skills and attitudes, in areas such as history taking regarding to systems and in general, physical and mental examination in simulated environments in pre-clinical period and to give the students opportunity to develop skills by applying non –invasive or invasive procedures on the mannequins before encountering with real patients.

Description

ICP is a three year longitudinal course that aims to introduce students to the concepts and main elements of medical practice. It will also be an introduction to the medical profession as a whole and will provide a foundation for clinical practice. The course provides knowledge, cognitive and motor skills and experience in fundamental processes and aspects of medical practice. It involves the application of scientific theory, quality assurance and evidence-based best practice protocols.

Credit Facility

This course has 5 ECTS credits for each of the first three years and all of the students are required to pass this course in order to pass the year.

Content of the ICP I-II-III

First year medical students gain knowledge on First Aid approaches, Basic Knowledge on Infection Control and Standard Precautions, develop skills in Basic Life Support, Patient/Casualty Transportation and Bandaging Techniques regarding to First Aid and handwashing, wearing sterile gloves, wearing masks, assessing vital signs. They also acquire basic knowledge on communication and experience patient-doctor encounter with simulated patients (SP's)*.

The second years ICP Program consist of modules like nasogastric intubation; bladder catheterization; intramuscular, subcutaneous, intradermal and intravenous injections; intravenous catheterization as well as intraarterial blood sampling.

In the third year medical students practice with SP's clinical skills like history taking and physical examination focused on body systems and in general and also mental examination. They also gain clinical skills such as suturing techniques and Advanced Cardiac Life Support.

Clinical Skills Laboratory

The Clinical Skills Laboratory is designed for teaching and assessing students at undergraduate level (during the preclinical period from first-year to third year). The lab provides learners with the ideal setting to practice the clinical skills of history taking, physical examination, communication, and gives opportunities to practice invasive and non invasive procedural skills on mannequins.

Each OSCE room is equipped with video cameras and microphones to record the encounter. An observation area at the center of the lab allows faculty and students to observe the encounters live or view digital recordings for subsequent analysis.

***Simulated Patients (SPs)**

The simulated patient encounters facilitate transfer of the gained theoretical knowledge to practice in simulated environments. SPs are usually, but not necessarily, lay people who are trained to portray a patient with a specific condition in a realistic way, sometimes in a standardized way (where they give a consistent presentation which does not vary from student to student). SPs are used for teaching and assessment of consultation and clinical/physical examination skills, in simulated teaching environments or in situ. (*Cleland JA, Abe K, Rethans*

JJ. The use of simulated patients in medical education: AMEE Guide No 42. Med Teach. 2009 Jun;31(6):477-86. doi: 10.1080/01421590903002821. PMID: 19811162.)

Assessment

The Assessment procedure of ICP is given in the Assessment Table in this booklet.

Rules for Attendance of the Students

Students are grouped into 4 or 5 and group lists are announced to the class and also displayed in the ICP Lab announcement board at the beginning of the year. Any changes to practical groups on a week-by-week basis, will only be considered in exceptional situations such as a medical one. Any changes must be requested by a petition along with relevant documentation to the deanery. Any change in sessions will only be accepted interchangeably with another student in another group based on availability of work spaces and course coordinator's discretion (based on evidence provided).

Students are required to follow the rules of professional ethics in the laboratory at any time.

Program Evaluation

Each Semester students are required to fill out a feedback form according the ICP Program. When an OSCE is conducted both students and faculty members complete a written evaluation of the event for the improvement of the course and OSCE.

AIM and LEARNING OBJECTIVES of INTRODUCTION to CLINICAL PRACTICE I (ICP-I)

(MED 102)

AIM

The aim of Introduction to Clinical Practice-I is to equip first year medical students with basic knowledge and skills on Infection Control and Standard Precautions including hand washing, wearing sterile gloves and masks, measurement skills for basic vital signs and First Aid approaches and convey basic knowledge on communication and provide them the opportunity to experience patient-doctor encounters with simulated patients.

LEARNING OBJECTIVES

At the end of this phase, student should be able to:

KNOWLEDGE

- 1.0 describe the techniques of hand washing, wearing sterile gloves and masks in accordance with the skill procedure
- 2.0 describe modes of transmission and infection control measures
- 3.0 list Standard Precautions
- 4.0 describe basic terms and concepts of communication skills
- 5.0 describe basic terms and concepts about first aid
- 6.0 define vital signs
- 7.0 describe measurement of blood pressure with sphygmomanometer in adults in accordance with the skill procedure
- 8.0 recall the normal ranges of vital signs
- 9.0 describe the steps of measurement techniques of vital signs

SKILLS

- 1.0. apply hand washing and wearing sterile gloves and masks skills in accordance with the skill procedure
- 2.0. use communication skills in patient-doctor interviews
- 3.0. apply first aid skills on mannequins
- 4.0. measure blood pressure by using adult sphygmomanometer in accordance with the skill procedure
- 5.0. measure body temperature in accordance with the skill procedure
- 6.0. count pulse rate in accordance with the skill procedure
- 7.0. count respiratory rate in accordance with the skill procedure

ATTITUDE

- 1.0. values the importance of informed consent
- 2.0. pays attention to patient privacy
- 3.0. values the importance of not exceeding the limits of his/her own competency level
- 4.0. pays attention to follow laboratory rules

MED 102 ICP I COURSE 2025-2026 ACADEMIC PROGRAM

DAY	HOUR	SUBJECT	LECTURER
30 Sep-25 TUESDAY	11.00-11.50	Introduction to ICP Programs	G.İzбірak/ T.Sadikoglu
30 Sep-25 TUESDAY	12.00-12.50	Hand Washing and Wearing Sterile Gloves and Masks	T.Sadikoglu/ D.Altıparmak
07-Oct-25 TUESDAY	10.00-12.50	CSL: Hand Washing and Wearing Sterile Gloves and Masks Group A	T.Sadikoglu/ D.Altıparmak/ G.Ünver
14-Oct-25 TUESDAY	10.00-12.50	CSL: Hand Washing and Wearing Sterile Gloves and Masks Group B	T.Sadikoglu/ D.Altıparmak/ G.Ünver
20-Oct-25 MONDAY	10.00-12.50	CSL: Hand Washing and Wearing Sterile Gloves and Masks Group C	T.Sadikoglu/ D.Altıparmak/ G.Ünver
21-Oct-25 TUESDAY	10.00-12.50	CSL: Hand Washing and Wearing Sterile Gloves and Masks Group D	T.Sadikoglu/ D.Altıparmak/ G.Ünver
04-Nov-25 TUESDAY	10.00-12.50	CSL: Hand Washing and Wearing Sterile Gloves and Masks Group E	T.Sadikoglu/ D.Altıparmak/ G.Ünver
FIRST AID PROGRAMMES			
18-Nov-2025 TUESDAY	10.00-10.50	Introduction to the First Aid Programmes	G.Gençer
	11.00-11.50	Basic Human Body	G.Gençer
	12.00-12.50	Scene Assessment	G.Gençer
19-Nov-2025 WEDNESDAY	09:00-09:50	Basic Life Support and Heimlich Maneuver	H.Candemir
19-Nov-2025 WEDNESDAY	10:00-10:50	Basic Life Support and Heimlich Maneuver	H.Candemir
21-Nov-2025 FRIDAY	14:00-14:50	Shock and Bleeding Control	H.Candemir
21-Nov-2025 FRIDAY	15:00-15:50	Burns, Freezing, Frostbite	H.Candemir
25-Nov-2025 TUESDAY	09:00-09:50	Injuries	G.Gençer
	10:00-10:50	Foreign Objects	G.Gençer

	11:00-11:50	Fractures and Dislocation	G.Gençer
	12:00-12:50	The Unconscious Casualty	G.Gençer
26-Nov-2025 WEDNESDAY	09:00-09:50	Drowning	H.Candemir
26-Nov-2025 WEDNESDAY	10:00-10:50	Poisoning	H.Candemir
01-Dec-2025 MONDAY	10:00-10:50	Insect Bite	H.Candemir
01-Dec-2025 MONDAY	11:00-11:50	Patient-Casualty Transportation Techniques	
02-Dec-2025 TUESDAY	09.00-12.50	LAB: Basic Life Support and Heimlich Group A	C. Şimşek R. Sarıyıldız
09-Dec-2025 TUESDAY	09.00-12.50	LAB: Basic Life Support and Heimlich Group B	A. Eceviz F.A. Gültekin
16-Dec-2025 TUESDAY	09.00-12.50	LAB: Basic Life Support and Heimlich Group C	C. Şimşek D. Tav Şimşek
23-Dec-2025 TUESDAY	09.00-12.50	LAB: Basic Life Support and Heimlich Group D	E.G. Gencer R. Sarıyıldız
30-Dec-2025 TUESDAY	09.00-12.50	LAB: Basic Life Support and Heimlich Group E	H. Candemir Ercan F.A. Gültekin
13-Jan-2026 TUESDAY	09.00-12.50	LAB: Patient-Casualty Transportation / Bandaging Techniques Group A	M. Yazıcıoğlu R. Sarıyıldız
03-Feb-2026 TUESDAY	09.00-12.50	LAB: Patient-Casualty Transportation / Bandaging Techniques Group B	A. Eceviz
04-Feb-2026 WEDNESDAY	14.00-17.50	LAB: Patient-Casualty Transportation / Bandaging Techniques Group C	C. Şimşek
06-Feb-2026 FRIDAY	11:00-12:50	ICP MIDTERM EXAM	
10-Feb-2026 TUESDAY	09.00-12.50	LAB: Patient-Casualty Transportation / Bandaging Techniques Group D- E	Gökhan Gençer/ Hande Candemir

COMMUNICATION SKILLS			
17-Feb-2026 TUESDAY	10:00-10:50	Lecture Introduction to Communication Skills	Tümay Sadıkoğlu
	11:00-11:50	Basic Communication Skills Giving Information	Tümay Sadıkoğlu
18-Feb-2026 WEDNESDAY	16:00-17:50	History Taking as a Clinical Skill	G.İzbirak
20-Feb-2026 FRIDAY	11:00-11:50	The Medical Interview	G.İzbirak
	12:00-12:50		
10-Mar-26 TUESDAY	09:00-12:50	Patient-Doctor Communication Skills Using SPs GROUP A	Güldal İzbirak Tümay Sadıkoğlu Duygu Altıparmak Güler Ünver
24-Mar-26 TUESDAY	09:00-12:50	Patient-Doctor Communication Skills Using SPs GROUP B	Güldal İzbirak Tümay Sadıkoğlu Duygu Altıparmak Güler Ünver
06-Apr-26 MONDAY	09:00-12:50	Patient-Doctor Communication Skills Using SPs Group C	Güldal İzbirak Tümay Sadıkoğlu Duygu Altıparmak Güler Ünver
07-Apr-26 TUESDAY	09:00-12:50	Patient-Doctor Communication Skills Using SPs Group D	Güldal İzbirak Tümay Sadıkoğlu Duygu Altıparmak Güler Ünver
14-Apr-26 TUESDAY	09:00-12:50	Patient-Doctor Communication Skills Using SPs Group E	Güldal İzbirak Tümay Sadıkoğlu Duygu Altıparmak Güler Ünver
5-May-26 TUESDAY	09:00-12:50	Vital Signs GROUP A	Tümay Sadıkoğlu Duygu Altıparmak Güler Ünver
6-May-26 WEDNESDAY	09:00-12:50	Vital Signs GROUP B	Tümay Sadıkoğlu Duygu Altıparmak Güler Ünver
12-May-26 TUESDAY	09:00-12:50	Vital Signs GROUP C-D	Tümay Sadıkoğlu Duygu Altıparmak Güler Ünver
18-May-26 MONDAY	09:00-12:50	Vital Signs GROUP E	Tümay Sadıkoğlu Duygu Altıparmak Güler Ünver

The Scientific Research and Project (SRPC)

Aim, objectives and explanation of course

The Scientific Research and Project Course (SRPC) is crafted to offer medical students the chance to dive into research that is based on hypotheses, aiming to boost their analytical thinking abilities, increase their intellectual sharpness, and encourage a deeper sense of curiosity. It is designed to nurture top-notch skills in research, clinical, and teaching scholars. Students will explore various topics across different fields, including the biomedical sciences, clinical sciences, humanities, arts, and more. Additionally, students will learn and implement key professional values, ethical standards, communication strategies, and teamwork skills throughout their research journey.

The purpose of the course is to introduce students to the scientific inquiry process, showing them how to pose questions that can be answered and the methods needed to find the right answers. The SRPC is integrated into the medical school education and curriculum.

In the first semester, students learn how to formulate a research question, understand the principles of literature review, and navigate PubMed for scientific articles. Following the introductory lecture, students engage in small group activities and complete individual assignments to apply these skills. In the second semester, the focus shifts to journal clubs, where students receive guidance on effective presentation techniques. In their groups, they select a scientific article and each student presents a portion of the work, fostering both analytical skills and soft skills such as communication and teamwork. This progressive approach ensures that students gain hands-on experience in the research process while developing essential skills for scientific inquiry.

The discussion section of a scientific manuscript is essential for interpreting the study's findings and placing them in the context of existing medical knowledge. It teaches medical students to think critically, assess limitations, and understand the broader implications of research. By connecting results to clinical practice, it helps bridge the gap between science and patient care. Additionally, it encourages reflection on what questions remain unanswered, guiding future research.

The program is implemented along the longitudinal corridor, covering the first three phases/classes of the school. The objectives of the course include:

- Identify a significant scientific or clinical question to explore.
- Review, analyze, and use scientific literature related to the selected question.
- Critical evaluation and discussion of a scientific article in journal discussion.
- Create a project hypothesis based on the latest research and theories in the scientific area.
- Discover suitable methods to tackle the question, following established standards in the relevant disciplines.
- Plan, carry out, and analyze the outcomes of their own projects, focusing on the question and hypothesis.
- Determine how the project connects to medicine and healthcare.
- Express ideas clearly through speaking and writing.
- Uphold ethical standards and professionalism throughout the project.
- Acquire essential research skills by learning how to ask scientific questions, search and interpret medical literature, and present findings, while developing critical thinking, communication, and teamwork.

The SRPC is designed to ignite curiosity, enhance understanding, and encourage research activities among students in their undergraduate medical studies. To accomplish these objectives, the SRPC program is structured into three main parts:

1. A classroom-based part that includes lectures, small group study&discussions, and collaborative learning activities,
2. Guidance from teachers in acquiring the abilities needed to create and articulate a research question, a related hypothesis, and the approach to carry out the research,

Instructional methods

Team-based learning (TBL) will be used as an active learning strategy for SRPC to promote critical thinking, knowledge application, teamwork, and collaboration. Each TBL session should include pre-reading materials for students to review before attending the class. These materials should help students grasp the fundamental ideas of the session. Instructors will outline the goals of the session before or during the readings and create tests to assess these goals. When students arrive for the TBL session, they will take an Individual Readiness Assurance Test (IRAT). This test ensures each student has understood the assigned readings and is usually a true/false/multiple-choice quiz (20% of final grade). Students may also have a Team Readiness Assurance Test (TRAT) at the start of class to address any misunderstandings or issues (20% of final grade). The instructor will look for any misunderstandings and promote discussions, but will not provide answers or solutions, instead focusing on explaining complex concepts as necessary. Students will be responsible for their own homework (60% of final grade), as their individual scores will be factored into their final score for SRPC.

ASSESSMENT PROCEDURE:

For the assessments of the medical students for the SRPC, it is calculated out of 100 points; 60% will be graded on Assignment 1 (scientific project proposal-I) at the end of the first semester (**Jan 13, 2026**) and 60% will be graded on Assignment 2 (scientific project proposal-II) at the end of the second semester (**May 18, 2026**).

	Percentage of final grade
Individual Readiness Assurance Test (IRAT) and Journal discussion	10%
Team Readiness Assurance Test (TRAT) and Journal discussion	10%
Homework	80%

The constraints of the scientific project proposal assignment will be discussed individually during Small Group Study hours, and during the year small group discussion hours on the program will be used to prepare the individual/group proposals. *The application form template* can be used to create your own *project proposal and scientific project proposal form must be filled in in all its parts*.

The Scientific Research and Project Course I has 3% contribution to Term Score (TS).

Please note that you may only attend Small Group Study hours in the assigned group hours. A list of groups will be published during the first week of the term.

Turning in assignments on time: Any assignments given by the instructor should be turned in on the date and time decided by the instructor. Assignments turned in after the deadline will not be accepted and students will receive zero points.

Note: Instructor has right to change the assignments and assesment portions of the assignments.

ASSESSMENT PROCEDURE

The Assessment Procedure of the Phase I covers exams and scores and their abbreviations that are shown below.

1.0. Exams:

Committee Exam (CE)

- Mid-term Exam (MTE)
- Final Exam (FE)
- Incomplete Exam (ICE)
- Make-up Exam (MUE)
- Progress Test (PT)

2.0. Scores*:

- Committee Score (CS)
- Committees Mean Score (CMS)
- Introduction to Clinical Practice Score (ICPS)
- Anatomical Drawing Score (ADS)
- Common Compulsory Course Score (CCCSs)
- Elective Course Score (ECSs)
- Scientific Research and Project Score (SRPS)
- Final Exam Score (FES)
- Incomplete Exam Score (ICES)
- Term Score (TS)

* All scores have a range of 0-100 points.

Assessment approaches, assessment methods and assessment tools, that related with the exam and score types, are shown below table.

Assessment Approaches	Assessment Methods	Question Types / Assessment Tools	Exams	Derived Scores
Knowledge-based Assessment	WE: Written Examination	MCQ: Multiple Choice Questions	CE, MTE, FE, ICE, PT	CS, ICPS, FES, ICES, ECSs, SRPS
		SbMCQ: Scenario-based MCQs	CE, MTE, FE, ICE, PT	CS, ICPS, FES, ICES
		EQ: Essay Questions	CE	CS
		FSAQ: Fill-in-the-Blank Short Answer Questions	MUE	CS
Competency-based Assessment	OSCE: Objective Structured Clinical Examination	OSCE Checklist		ICPS
	OSPE: Objective Structured Practical Examination	OSPE Checklist		CS

	LPE: Laboratory Practical Exam	LPE Checklist		CS
Performance-based Assessment	PWPE: Review Writing and Presenting Evaluation	PWPE Checklist		ECSs
	AID: Anatomical Images Drawing			ADS
	PBL-P: Evaluation of PBL Student's Performance	PBL Student Evaluation Form		CS

Exams Information (MED 104, MED 102)	
CE	For the proportional correspondence of individual learning objectives, please see the committee's assessment matrix table/page.
MTE_{ICP}	MTE _{ICP} consists of MCQs to assess the theoretical part of the ICP program.
FE	FE consists of 200 MCQs. For the proportional contribution of each committee, please see the committee's question distribution table/page.
ICE	ICE consists of 200 MCQs. For the proportional contribution of each committee, please see the committee's question distribution table/page.
MUE_{IBS}	MUE will be held only twice in a term. MUE consists of FSAQs. The number of FSAQs is half of the relevant exam. MUE content will be developed by the coordination committees.

Scores Information (MED 104, MED 102, MED 103, HUM 103, TKL 201, TKL 202, HTR 301, HTR 302, Free Elective Courses)	
CS	The committee score is based on various question types/numbers and/or assessment tools (MCQ, SbMCQ or Checklists). Please see the committee's assessment matrix table/page for the specifications. Contribution of student's performance during PBL sessions to CSs of Committee II, III, IV and V is 5% .
CMS	= Average of CSs
ICPS	= (40% MTE _{ICP}) + (60% Final OSCE)
ADS	= (70% AID _{AD}) + (30% FE _{AD})

CCCSs	= Score information will be announced by Course Coordinator.
ECSs	= Score information is shown pages of Elective Courses in the APB.
SRPS	= Score information is shown at the assessment page of Scientific Research and Projects
FES	= Final Exam Score
ICES	= Incomplete Exam Score
TS for students, <u>who are exempted from FE</u>	= 97% of CMS + 3% of SRPS
TS for students, <u>who are not exempted from FE</u>	= 97% of (60% of CMS + 40% of FES or ICES) + 3% of SRPS

Pass or Fail Calculations of the Courses
Basic Medical Sciences I (MED 104)
Pass; TS ≥ 60 Fail; FES < 50 (<u>barrier point</u>), ICES < 50 (<u>barrier point</u>), or/and TS < 60 <i>The student is <u>exempted from FE</u>, if the CMS is ≥ 80 and all CSs are ≥ 60</i> <i>The FE and ICE <u>barrier point</u> is not applied to the students whose all CSs are ≥ 60</i>
Introduction to Clinical Practice I (MED 102)
Pass; ICPS ≥ 60 Fail; ICPS < 60
Anatomical Drawing (MED 103)
Pass; ADS ≥ 60 Fail; ADS < 60
Common Compulsory Courses (HUM 103, TKL 201, TKL 202, HTR 301, HTR 302, AFYA 101, AFYA 102)
Pass; CCCSs ≥ 50 Fail; CCCSs < 50
Free Elective Courses (MED 611, MED 612, MED 613, MED 614, MED615, MED 616, MED 619, MED 621, MED 622, MED 623, MED 627, MED 628, MED 629, MED 630, MED 631, MED 632, MED 633, MED 634, MED 635, MED 636, MED 637)

The Assessment Procedure of the Phase I will be announced and explained in the introductory session at the beginning of the academic year

Definitions of the Assessment Methods and Question Types

MCQ consists of a question, followed by five plausible alternative responses from which the student has to select the correct one.

SbMCQ is a kind of multiple-choice question. That they test knowledge in a far more applied, in depth, sense. SbMCQ is based on a clinical, research or daily life scenario.

EQ is a written examination that requires an answer in a sentence, paragraph, or short composition.

FSAQ, Fill-in-the-Blank Short Answer Questions are typically composed of a brief prompt that demands a written answer that varies in length from one or two words to a sentence.

OE is a practice in many schools of medicine and disciplines, where an examiner poses questions to the student in spoken form. The student has to answer the question in such a way as to demonstrate sufficient knowledge of the subject in order to pass the exam.

OSCE describes a form of competency-based assessment used to measure a student's clinical competence. During an OSCE, students are observed and evaluated as they go through a series of stations in which they perform professional skills on mannequins or interview, examine and treat simulated patients who present with some type of medical problem.

OSPE is used as an objective instrument for assessment of laboratory exercises in preclinical sciences. It was adapted from the objective structured clinical examination (OSCE). OSPE is implemented in similar conditions with OSCE.

LPE is included as it has been a traditional assessment format in many school of medicine – particularly in disciplines such as anatomy, physiology, pathology and biology. Various local terms are used to describe this Assessment method including 'Spot', 'Steeplechase', 'Timed stations or 'Bellringer'.

Grades

A letter grade is given to the students as a success grade, from the numerical values of the grades given by the relevant teaching staff for each course they take, taking into account the practice, laboratory and similar studies in the semester and examinations and academic activities.

Grades and Letter grades are shown for MED coded courses* in the following table:

Grades	Letter Grades
90-100	AA
80-89	BA
70-79	BB
65-69	CB
60-64	CC
59 or less	FF (Fail in the context of "Pass or Fail Calculations of the Courses" table pp.41)
0	FA (Fail due to non attendance to the courses)

* Please see <https://med.yeditepe.edu.tr/tr/mezuniyet-oncesi-tip-egitimi> for more information.

RULES FOR COURSE ATTENDANCE OF THE STUDENTS

General Rules:

Students are required to attend the all theoretical and practical sessions such as laboratory work, discussions, seminars, area and clinical studies of courses for the term they are enrolled in. Students whose absenteeism in the theoretical and/or practical sessions exceeds 20% are not admitted to term final and incomplete examinations of the courses.

Phase I, II, and III:

BMS I, BMS II, ICS course committees

1- It is mandatory for Term 1, 2 and 3 students to attend theoretical and practical/laboratory studies in all committees during the academic year they are registered. Students who do not attend more than 20% of the theoretical lectures of the committee and/or more than 20% of the practical/laboratory studies with or without an excuse, **will not be admitted to the Committee exams (practical and theoretical)**.

2- If a student whose absences exceed 20% has an excuse and submits this to the Deanery with a petition within the statutory period, their situation will be evaluated by the Board of Directors of the Faculty of Medicine. If they have a legitimate and valid excuse, they will be allowed to take a make-up exam by the relevant committee **at the end of the academic year**, provided that their total absences throughout the year do not exceed 20%. These students must make up for their missing practical/laboratory works until **the end of the year on the day and time specified** by the faculty member, within the possibilities of the relevant department.

3- Students who cannot attend the laboratory/practical studies included in the committee due to an excuse must make up for the laboratory/practical studies they could not attend on the day and time specified by the instructor, within the scope of departmental possibilities, provided that their absences do not exceed 20% and that they have a justified and valid excuse. Students must submit a petition for the excuses to the Deanery within three days. Students who are absent from the laboratory/practical studies and do not make up for these studies **cannot take** the practical and theoretical exams of the relevant committee.

ICP I, II, III courses

A student whose absenteeism exceeds 20% of the theoretical and/or laboratory sessions in the program until the midterm exam date will not be admitted to the ICP Mid-Term exam (MCQ and/or OSCE). However, a student whose absence exceeds 20%, but whose excuse is accepted by the Board of Directors, is admitted to the make-up examination of the ICP Mid-Term exam, if his/her absenteeism does not exceed 20% of the total course hours during the term.

For more information: https://yeditepe.edu.tr/sites/default/files/2023-02/yeditepe_university_faculty_of_medicine_training-instruction_and_examination_regulation.pdf

EXAM RULES

- **Seating-** Students will be seated by the exam observers or proctors. Students are not allowed to change their seats without permission.
- **Electronics** – During examinations or tests, students are prohibited from using electronic devices or any other means of communication and recording that have not been approved beforehand. All electronic devices are prohibited. Anyone who fails to comply with these regulations may be charged with academic fraud.
- **Absence** – No additional time will be given to students who are absent for part of the exam, regardless of the reason for their absence.
- **Scratch Paper** – Students are not allowed to bring scratch paper into the exam room.
- **Meaning of Questions** – Students may not consult the supervisor as to the meaning of any question.
- **Signature** – Students must sign their multiple-choice answer sheets and/or written-answer sheets.
- **Other activities requiring disciplinary action-**
 - Students must not give or receive assistance of any kind during the exam.
 - Gaining access to exam questions before the exam.
 - Using an unauthorized calculator or other mechanical aid that is not permitted.
 - Looking in the exam book before the signal to begin is given.
 - Marking or otherwise writing on the exam book or answer sheet before the signal to begin is given.
 - Making any changes, additions, deletions or other marking, erasing or writing on the exam book or answer sheet after the time for the exam has expired.
 - Having access to or consulting notes or books during the exam.
 - Looking at or copying from another student's paper.
 - Enabling another student to copy from one's paper.
 - Talking or otherwise communicating with another student during the exam or during the read through period.
 - Disturbing other students during the exam.
 - Consulting other persons or resources outside the exam room during the exam.
 - Copying questions or answers either on paper or with an electronic device to take from the exam room.
 - Taking an exam book or other exam materials from the exam room.
 - Taking an exam in place of another student.
 - Arranging to have another person take an exam for the student.
 - Disobeying to the conduct of supervisor during the exam.
 - Disclosing the contents of an exam to any other person.
 - Failing to remain in the exam room for a given period of time by the supervisors.
 - Failing to follow other exam instructions.

Those students found to have committed academic misconduct will face administrative sanctions imposed by the administration of Yeditepe University Faculty of Medicine according to the disciplinary rules and regulations of the Turkish Higher Education Council (YÖK) for students (published in the Official Journal on August 18th, 2012). The standard administrative sanctions include, the creation of a disciplinary record which will be checked by graduate and professional life, result in grade “F” on the assignment, exams or tests or in the class. Students may face suspension and dismissal from the Yeditepe University **for up to one school year**. In addition, student may lose any academic and nonacademic scholarships given by the Yeditepe University **for up to four years**. The appropriate sanctions are determined by the Yeditepe University administration according to egregiousness of the Policy violation.

PROGRESS TEST

Progress test (PT) is used to assess students on topics from all medical disciplines. As an assessment tool in medical education, the PT offers some distinctive characteristics that set it apart from other types of assessment. It is administered to all students in the medical program at the same time and at regular intervals (usually twice a year) throughout the entire academic program. The test samples the complete knowledge domain expected that a student to have on graduation, regardless of which grade the student is at. The scores provide beginning-to-end and curriculum-independent assessments of the objectives for the entire medical program. The purpose of the PT as a formative or summative test is variably used across institutions.

In YUTF, PT is applied according to the following principles and rules.

Purpose

- In YUTF, PT is used for formative purposes.
- PT is conducted to allow students to see their progress in knowledge levels throughout their medical education.

Obligation

- PT is mandatory for all students.

Frequency and Timing

- PT is performed twice a year.
- Each student will have received a total of 12 PTs by the end of the Phase 6.
- In a year; the first PT is done in the middle and the second PT is done at the end of the term.
- PT dates are announced by the Phase Coordinator.

Implementation

- PT is performed online via EYS.

Content

- PT consists of 200 multiple choice questions.
- 100 of them are related to the preclinical period and the rest 100 are related to the clinical period.
- The ratio of the questions to be asked according to the disciplines is announced to the students before PT.
- All students from 1st to 6th Phase are to answer the same questions.

Feedback

- A report is sent to each student after each PT.
- The report includes how many questions the student answered correctly in each discipline and their progress against the previous PT.
- Students can also view their ranking within their class and within the entire school.

Benefits

- PT gives students the opportunity to see their progress throughout their medical education.
- PT provides opportunities for students to prepare for other exams (Committee, Clerkship, TUS, USMLE, etc.).
- As questions are often enhanced with a real life problem, PT contributes to students' problem-solving skills. This question type is preferred in TUS, especially USMLE and other similar exams.

A SHORT GUIDE for STUDENTS to PROBLEM-BASED LEARNING (PBL)

In Phase I besides the lectures, Problem Based Learning Sessions are implemented in the education program.

The principal idea behind PBL is that the starting point for learning should be a problem, a query, or a puzzle that the learner wishes to solve.

PBL is a learning method where students perceive their knowledge gaps, decide on learning issues and achieve these, while working in small groups on a case to solve a patient's problems.

So, PBL starts with a clinical case of a patient. While working on the patient's problems you will identify your learning needs and study these. During this whole process you will work with a group of 8-12 students and a tutor.

How it works?

You will be presented with a patient case (scenario) that has some problems and will be asked to proceed according to the information and instructions that you will receive. You will not be informed about the topic of the case in advance but will face the problem when given to you in your first session- *just like a doctor does not know what patients he/she will see when starting the day.*

Scenarios will be given to you one page at a time. When you finish discussing a page you will be given the following page with additional information about the patient.

Each PBL case will be discussed over 3 sessions, 2 hours each. You will work in a group of 8-12 students with a tutor. One student elected by the group will work as the "scribe" (person who will write the discussed topics on the board). The scribe may change at every session, by group decision.

Each group will be given the same scenario but will work independently from each other.

The tutor working with you will NOT TEACH you but will only guide to on this exciting trip. He/she will ask you questions to guide you to the problems to be solved.

Your aim will be to find out the reasons, and in some cases, the solutions of the problems presented.

It is clear (and we know) that you do not have enough knowledge to understand and solve all the problems presented to you.

Here comes the aim of PBL: **you will thus recognize WHAT YOU DO NOT KNOW and WHAT YOU SHOULD LEARN.** In other words, **you will identify your knowledge gaps and try to learn them.** These are called "learning objectives".

In order to facilitate and direct discussions and the learning process all relevant points should be written on the board by the scribe. The board should be used as below (with examples):

Problems	Hypotheses	Additional (Required) information	Learning issues (Learning objectives)
<i>Example</i>	<i>Example</i>	<i>Example</i>	<i>Example</i>
<i>Fever Cough Pallor</i>	<i>Throat infection Pneumonia Anemia</i>	<i>Throat examination Chest examination Chest X-ray Blood count</i>	<i>Causes of fever How is body temperature controlled? Anatomy of the throat Anatomy of lungs What is anemia?</i>

The patient's problems will be listed under the "Problems" column.

The possible causes/reasons/mechanisms of the patient's problems will be listed under "Hypotheses". You can suggest and write anything that comes to your mind- you will then try to find any facts or information that can support these hypotheses. Do not be shy to suggest anything. You will not be judged for those things that you suggest.

As you will not be provided with all information about the patient you will need more information (such as, the patient's fever, physical examination findings, laboratory data, etc.). You will thus ask the scribe to write down

these on the board under “**Required Information**” heading. This means information that you want to learn about this particular patient.

During the course of these discussions, you will recognize that you do not know and thus need to study and learn some topics/issues, which are called “**learning objectives**”. The learning objectives will be written on the fourth column under this heading. These are the topics that you will study until the next session and present by then.

This will lead you to the second stage of PBL: learning the facts that **you** have decided to. You will have to **find and reach the required learning resources** (textbooks, journal articles, reliable internet sources, etc.) and **study** these in your **independent study time**. You will be given a list of possible learning resources for every discipline but you can find other sources in addition to them. However, make sure that these are reliable sources- especially web sources need cautiousness.

When you meet with your group and tutor in your second (and third) session, you will be asked to summarize the previous session, list the learning objectives and then present the knowledge that you had learned.

In this way every group member (students) will study and learn the objectives and these will be discussed during the session. There may be disagreements among students for some information reached. The group will discuss and come to a conclusion about it. The tutor will guide and moderate the group through this process- BUT WILL NOT TEACH. **The tutor will not be a resource person but a faculty member who will facilitate your search for correct knowledge. It is YOU who will reach and learn the required topics-** the topics that you have identified as your learning objectives or knowledge gaps.

The ultimate aim of a PBL case is NOT to diagnose the patient but to learn the topics that you discover that you do not know. Although the case is a clinical problem, at this stage of your studies, you will have to focus on basic sciences. In other words, you will need/want to learn basic science topics (anatomy, physiology, biochemistry, microbiology, etc.) related to the patient’s problems. **So, you will learn basic sciences starting from a clinical case and thus appreciate why and where basic sciences are necessary and relevant.**

Other benefits of PBL that you gain are to:

- learn” how to learn”
- develop lifelong learning skills
- improve your communications skills
- state and defend positions with evidence and sound argument
- become more flexible in processing information and meeting obligations
- practice skills that you will need after your education
- improve your information literacy

Assessment: Your participation and contributions to the sessions will be assessed by your tutor. This will NOT be an assessment of your knowledge but your participation in the sessions, taking part in discussions, suggesting hypotheses, contributions by making presentations, etc. The assessment form is given below. This will comprise 5 % of that committee score.

PBL <i>First Session</i> Flow
A. Introducing activity (<i>For the first session of the term</i>)
B. Determination of group rules (<i>For the first session of the term</i>) (<i>Group rules will be written on the Flipchart.</i>)
C. Introducing the PBL Student Assessment Form to students (<i>For the first session of the term</i>) (<i>This form will be filled in electronically via EYS by the tutors after the second session of the scenario.</i>)
1.1. Review of the Group Rules

<i>(The group rules created in the first session of the term will be remembered.)</i>	
1.2.	Warmup game
1.3.	Selecting the reader and writer <i>(The reader's task is to read the scenario step by step, together with the questions on the box, to the group.)</i> <i>(The writer's task is to write the answers to all the questions in the scenario, especially! hypotheses and learning objectives on the flipchart.)</i>
1.4.	Reading the scenario step by step <i>(The tutors will distribute the student copies of the scenario that came out of the session envelope to the students.)</i> <i>(The next page will not be passed until the students have finished reading a page and answering the related questions.)</i>
1.5.	Using Dorland's Medical Dictionary for unknown medical terms. <i>(Printed Dorland's Medical Dictionary will be in the PBL room.)</i> <i>(Also, Electronic Dorland's Medical Dictionary can be accessed as; Yeditepe University Website □ Academic Drop-Down Menu □ Information Center Tab □ Electronic Library Drop-Down Menu □ Off-Campus Access Tab □ OBS user Login with username and password □ Finding Dorland's Medical Dictionary among resources)</i> <i>(Direct link □ https://login.lproxy.yeditepe.edu.tr/login)</i>
1.6.	Discussion <i>(Writing the hypotheses on the Flipchart, bringing the prior knowledge into the learning environment, reviewing the hypotheses, etc.)</i>
1.7.	The tutor asks questions that lead students to learning objectives during the discussion
1.8.	Determination of learning objectives by students <i>(The learning objectives determined by the student group will be written on the Flipchart by the writer.)</i>
1.9.	Feedback <i>(Each group member's thoughts on him/herself, the group, the scenario, the tutor, the PBL flow, the environment, etc.)</i>
1.10.	Attendance <i>(Students will sign the student list on the session envelope.)</i>
PBL Second Session Flow	
2.1.	Warmup game
2.2.	Discussion of the learning objectives obtained in the previous session <i>(Reading the learning objectives on the Flipchart they were written in the previous session □ putting the objectives in order for discussion □ in-depth discussion of all objectives by the student group.)</i> <i>(Important note: The second session of the scenario will not proceed until the following requirements are met. For each learning objective; it should be discussed in depth, the students' work should be shared, these discussions should be supported by the</i>

<i>flowcharts drawn on the flipchart, the discussion of the learning objectives should not be superficial.)</i>
2.3. Selecting the reader <i>(The reader's task is to read the scenario step by step, together with the questions on the box, to the group.)</i>
2.4. Reading the scenario of the second session <i>(The tutors will distribute the student copies of the scenario from the session envelope to the students.)</i>
2.5. Discussing the psychosocial dimension of the scenario
2.6. Feedback <i>(Each group member's thoughts on him/herself, the group, the scenario, the tutor, the PBL flow, the environment, etc.)</i>
2.7. Attendance <i>(Students will sign the student list on the session envelope.)</i>
2.8. After the session, the Tutor Evaluation Form is filled by the students on the EYS.

PBL STUDENT ASSESSMENT FORM*

Student Name							
Phase/Committee							
PBL Scenario Name							
Tutor Name							
INTERACTION WITH GROUP/PARTICIPATION TO GROUP	Not observed	Poor	Fair	Average	Good	Excellent	Total Point of the Part
	0	1	2	3	4	5	
<ul style="list-style-type: none"> Starts discussion 							
<ul style="list-style-type: none"> Contributes with valid questions and ideas 							
<ul style="list-style-type: none"> Balances listening and speaking roles 							
<ul style="list-style-type: none"> Communicates effectively in group work 							
GAINING KNOWLEDGE	Not observed	Poor	Fair	Average	Good	Excellent	Total Point of the Part
	0	1	2	3	4	5	
<ul style="list-style-type: none"> Determines valid learning issues 							
<ul style="list-style-type: none"> Finds valid sources 							
<ul style="list-style-type: none"> Makes independent research on learning issues 							
<ul style="list-style-type: none"> Shows understanding of the concepts and relationships 							
COMMUNICATION/SHARING KNOWLEDGE	Not observed	Poor	Fair	Average	Good	Excellent	Total Point of the Part
	0	1	2	3	4	5	
<ul style="list-style-type: none"> Selects data valid for discussion and presentation 							
<ul style="list-style-type: none"> Expresses ideas and knowledge clearly and in an understandable way 							
<ul style="list-style-type: none"> Draws figures, diagrams clearly and in an understandable way 							
<ul style="list-style-type: none"> Has always some additional information or data to present whenever needed 							
PROBLEM SOLVING AND CRITICAL THINKING	Not observed	Poor	Fair	Average	Good	Excellent	Total Point of the Part

	0	1	2	3	4	5	
• Generates hypotheses independently							
• Reviews hypotheses critically							
• Integrates basic science and clinical concepts							
• Describes the difference between normal and pathological conditions							
PROFESSIONAL ATTITUDE	Not observed	Poor	Fair	Average	Good	Excellent	Total Point of the Part
	0	1	2	3	4	5	
• Is sensitive to psychosocial factors affecting patients							
• Treats all group members as colleagues							
• Accepts feedback properly							
• Provides proper feedback to group members							
Total Score of the Student □							

Student's attendance status for PBL sessions	Session 1	Session 2	Session 3
	Attend () / Not attend ()	Attend () / Not attend ()	Attend () / Not attend ()

If you have any other interpretation, or thought about the student's performance in PBL sessions that you want to say PBL Coordinators, please write here. □	
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Signature of the tutor	
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*Assessment form should be filled in at the end of scenario (i.e. following the completion of two consecutive sessions).

AIM and LEARNING OBJECTIVES of ANATOMICAL DRAWING (MED 103)

AIM

- 1.0. to convey basic knowledge on anatomical drawing rules and drawing technique.
- 2.0. to equip with skills of three dimensional interpretation of bones and muscles in the human body.
- 3.0. to equip with skills of drawing bones and muscles in the human body.
- 4.0. to equip them with skills of visually explaining clinical conditions to patients.

LEARNING OBJECTIVES

At the end of this course, student should be able to:

KNOWLEDGE

- 1.0. list rules associated with anatomical drawing.
- 2.0. represent a real axonometrical view under 120^0 angle based on frontal, horizontal and profile views of the human body.

SKILLS

- 1.0. draw frontal, horizontal and profile views of muscles in the human body.
- 2.0. draw frontal, horizontal and profile views of bones in the human body.
- 3.0. draw visually clinical conditions to patients.

ASSESSMENT PROCEDURE:

For the assessments of the medical students for the anatomical drawing class, it is calculated out of 100 points; 70 points of which comes from the 10 different drawing home works (each has equal value) and 30 points comes from the theoretical exams.

TURKISH LANGUAGE and CULTURE FOR FOREIGNERS I-II (AFYA 101-102)

Code	Subject		
AFYA 101	Turkish Language and Culture for Foreigners 1		
Goals	To provide the learners of Turkish Language with fundamentals of Turkish phonology, the basic grammatical structure of Turkish, certain skills necessary for basic communication, and the opportunity to explore Turkish culture		
Content	Practical knowledge of communication skills will be provided to the learners through communicative and authentic activities and materials reflecting the culture and the daily use of the language.		
Course Learning Outcomes	At the end of this course, the student should be able to <ul style="list-style-type: none"> • To be able to learn and use basic grammatical structure of Turkish • To be able to learn and use the fundamentals of Turkish phonology of Turkish • To be able to improve basic communication skills. • To be able to improve basic writing skills. • To be able to improve basic reading skills. 		
		NUMBER	PERCENTAGE
	Midterm	1	20
Assessment	Quiz	1	20
	Assignment	1	20
	Final	1	40
	Total		100

Code	Subject		
AFYA 102	Turkish Language and Culture for Foreigners 2		
Goals	To teach the basic grammatical structures of Turkish, tenses, suffixes and prefixes and certain language structures that will meet the needs of fluent communication and to provide an opportunity to get to know Turkish culture better.		
Content	Practical knowledge of communication skills will be provided to the learners through communicative and authentic activities and materials reflecting the culture and the daily use of the language.		
Course Learning Outcomes	At the end of this course, the student should be able to <ol style="list-style-type: none"> 1.0 To be able to learn and use basic grammatical structure of Turkish 2.0 To be able to learn and use the fundamentals of Turkish phonology of Turkish 3.0 To be able to improve basic communication skills. 4.0 To be able to improve basic writing skills. 5.0 To be able to improve basic reading skills. 		
		NUMBER	PERCENTAGE
	Midterm	1	20
Assessment	Quiz	1	20
	Assignment	1	20
	Final	1	40
	Total		100

AIM OF FREE ELECTIVE COURSES

Free elective courses aim to add complementary educational experiences to the medical school curriculum in order to improve comprehension of biopsychosocial approach of medical students, besides offering an opportunity to extend knowledge of interest in specific domains.

The following courses (2 ECTS credits each) will be offered in Spring semester. Each student has to choose one of these elective courses. The selection and enrollment procedure will be announced by the phase coordinator.

List of Free Elective Courses

Code	Subject
MED 611	Medical Anthropology
MED 612	Creative Drama I
MED 613	Medical Humanities
MED 614	Personal Trademark Development
MED 615	Innovation Management
MED 616	Medical Management and New Services Design Skills
MED 619	Entrepreneurship and Storytelling Techniques for Business Purposes
MED 620	Art, Culture and Life Styles
MED 621	Epidemiological Research and Evidence Based Medicine
MED 622	Application of Economics in Health Care
MED 623	Visual Presentation in Medicine
MED 627	Presentation of Medicine on Media
MED 628	Healthy Living: The Milestones of the Life for Performance Management
MED 629	Music and Medicine
MED 630	Health Law
MED 631	Creative Drama II
MED 632	Music Appreciation
MED 633	Communication with Hearing Impaired Patients in Turkish Sign Language
MED 634	Case Based Forensic Sciences
MED 635	Advanced Level Communication with Hearing Impaired Patients in Turkish Sign Language
MED 636	Art Project
MED 637	Artistic Photography and Composition

Please visit the website for more information: <https://med.yeditepe.edu.tr/en/academic-program-booklets> (You can reach Elective Courses Guide)

SPECIFIC SESSIONS / PANELS

Introductory Session

Aim of the session:

The session provides basic information about Yeditepe University Faculty of Medicine Undergraduate Medical Education Program (YUFM/UG-ME) and the educational phase relevant to the students. This session orients the students to the program and the phase.

Objectives of the Session:

1. To provide basic information about the YUFM/UG-ME.
2. To provide basic information about the phase.
3. To provide essential information on social programs and facilities.

Rules of the Session:

1. The session will be held in two types, conducted by Phase Coordinator and Committee Coordinator, respectively.
2. The first type will be held once in the first week of the educational phase. The second type will be held at the beginning of each committee.
3. Students should attend the session.

Implementation of the Session:

In the first type, Phase Coordinator will present brief information on the following topics:

- Organizational Chart of Yeditepe Medical Faculty Undergraduate Program in Medicine (YUFM/UG-ME), Work Descriptions and Introduction of Committees/Members,
- Directives on YUFM/UG-ME,
- YMF-GPM Program Outcomes
- Learning Objectives of the Phase
- Academic Program of the Phase
- Teaching and Learning Methods
- Learning Environments and Sources/ Resources
- Attendance
- Elective Courses (only in Phase I, II and III)
- Assessment Procedure
- Grade Point Average, Cumulative Grade Point Average (GPA, cGPA) Calculation
- Pass/Fail Conditions
- Feedback of the Previous Year and Program Improvements
- Social Programs and Facilities

In the second type, Committee Coordinator will present brief information on the following topics:

- Learning Objectives of the Committee
- Academic Program of the Committee
- Teaching and Learning Methods
- Learning Environments and Sources/Resources, References
- Attendance
- Assessment Methods and Question Distribution Table
- Committee Score Calculation Method
- Pass/Fail Conditions
- Feedback of the Previous Year and Program Improvements
- Social Programs and Facilities

COMMITTEE EVALUATION SESSION

Aim of the Session:

The aim of the session is to evaluate the committee educational program, with all its components, by the students and the committee coordinators. This session will contribute to the improvement of the educational program in general by giving the opportunity to identify the strengths of the committee educational program and revealing the areas which need improvement.

Objectives of the Program Evaluation Session are to;

- establish a platform for oral feedbacks in addition to the systematically written feedback forms
- give the opportunity to the students and the coordinators to discuss the committee period face to face
- allow the students to review the committee exam questions together with faculty members.

Process:

The total duration of the session is 60 minutes and the session consists of two parts. The first part (30 minutes) is dedicated to oral feedback by the students. All of the oral feedback will be recorded and reported by the committee coordination team. In the second part (30 minutes) committee exam questions will be reviewed and discussed by students and faculty.

Rules of the Committee Evaluation Session :

1. The **Committee Evaluation Session** will be held on the last day of each committee after the committee exam.
2. Students are required to attend the session.
3. The Committee coordinator will lead the session.
4. The faculty members who had contributed questions in the committee exam should attend the session.
5. Students must comply with the feedback rules while giving verbal feedback and all participants shall abide by rules of professional ethics.

PROGRAM IMPROVEMENT SESSION

Aim:

The aim of this session is sharing the program improvements based on the evaluation of the educational program data, with the students and the faculty members.

Objectives:

1. To share the improvements within the educational program with the students and the faculty members.
2. To inform the students and the faculty members about the processes of the program improvement
3. To encourage student participation in the program improvement processes.

Rules:

1. Program improvement session will be implemented once a year. The implementation will be performed at the beginning of the spring semester.
2. Students are required to attend the session.
3. The phase coordinator will monitor the session. If necessary the dean, vice deans and heads of the educational boards will attend to the session.
4. All faculty members will be invited to the session.

Implementation:

Before the Session

1. Phase coordinator will report the results of the improvements of the educational program.
2. The program improvements report has three parts. The first part of the report includes improvements that have been completed, and those that are currently in progress. The second part of the report includes, improvements that are planned in medium term, and the third part of the report includes, improvements that are planned in the long term.
3. The program improvements report also includes the program evaluation data (student feedbacks, faculty feedbacks, results of the educational boards meetings etc.) in use of improvements.

During the Session

4. The phase coordinator will present the program improvements report to the students and the faculty members.
5. Students can ask questions about, and discuss, the results of the program improvement.

Process: The total period of session is 30 minutes and has two parts. The first part (15 minutes) covers, presenting of the program improvement report. The second part (15 minutes) covers, students' questions and discussion.

After the Session

6. The program improvement brief will be published on the website of Yeditepe University Faculty of Medicine (<http://med.yeditepe.edu.tr>).

INDEPENDENT LEARNING

Description:

"Independent learning" is a process, a method and a philosophy of education in which a student acquires knowledge by his or her own efforts and develops the ability for inquiry and critical evaluation. It includes freedom of choice in determining one's learning objectives, within the limits of a given project or program and with the aid of a faculty adviser. It requires freedom of process to carry out the objectives, and it places increased educational responsibility on the student for the achievement of objectives and for the value of the goals (1).

Aim:

The aim of this instructional strategy is to develop the students' ability to learn individually, so they are prepared for the classroom lessons, lectures, laboratory experiences and clinical practices, exams, professional life and have the abilities needed for lifelong learning.

Objectives:

With this instructional strategy, students will develop;

- the skills that will help them to learn independently.
- self-discipline in their work habits.
- their evidence based research skills by using reliable resources.
- their teamwork skills by studying together.
- their clinical skills as self-directed working in the clinical skills laboratory.

Rules:

1. All of the students will define independent learning process according to the algorithm below.
2. All of the students will be required to fill out a form, which is a self-assessment form for independent learning (methodology: timing, sources, strategy, etc.).
3. The students' academic performance and independent learning methodology will be analyzed comparatively, and feed-back on further improvements will be provided.

What a student should do for learning independently?

1. **Analyzing:** First you will need to analyze carefully, what your problems and weaknesses are. For example, if you are studying anatomy, is your weak area broadly upper limb, lower limb, or what?
2. **Addressing:** Once you've decided your specific problems, you can list them. Which one needs to be addressed urgently? Work out your priorities. Whatever your subject area is, don't be afraid to return to the basics if necessary. It may give you more confidence in the long run to ensure you have a proper understanding of basic concepts and techniques.
3. **Accessing:** If you need reliable information, or if you need to read about a subject and put it into context, a textbook may be the best place to start. However, the Internet may be helpful if you need very up-to-date information, specific facts, or an image or video etc. If you need an academic research article, reports or case studies for your topic, then a database (Pubmed etc.) would be the best option.
4. **Timing:** In the weekly syllabus you will see, a specific time called "independent learning hour" for your independent work. In addition to these hours, the students should also have their own time schedule for their study time at home.
5. **Planning:** Your next step will be to work out a realistic study-plan for your work. What goals could you literally set for yourself? Don't make them too ambitious but set minor goals or targets that you know you will be able to achieve without having to spend a very long time working on them. How many hours will you need to achieve them? How will you know when you've achieved them?
6. **Recording:** When you work independently, it's a good idea to keep a written record of the work you've done. This can help with further planning and also give a sense of achievement as well as provide something to include in a progress file. As time goes by you may surprise yourself with what you've been able to achieve. This could motivate you to keep going, as could increase your confidence, and even improve your results
7. **Reflecting:** Reflecting on what you've done can help you decide whether the activity was really effective, whether an alternative approach might be better on another occasion, whether you spent the right amount of time and whether you have achieved the target you'd set yourself.

8. **Improving:** Once you've achieved the target, the process of planning can start again. Your needs and priorities may have changed, so think about them and then set yourself to another target.

Reminder: For further information about independent learning, please contact the Department of Medical Education.

Reference:

1. Candy, P. (1991) Self-direction for lifelong learning: a comprehensive guide to theory and practice. San Francisco: Jossey Bass.

For further reading useful resources to recommend to students:

- Burnapp, D. (2009). Getting Ahead as an International Student. London: Open University Press.
- Marshall, L. & Rowland, F. (1998) A Guide to learning independently. London: Open University Press.
- University of Southampton / UKCISA online resource 'Prepare for Success'

WEEKLY COURSE SCHEDULE and LOCATIONS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
09:00-09:50	MED 104 (4E01)	MED 102**(CSL)	MED 104 (4E01)	MED 104 (4E01)	MED 104 (4E01)
10:00-10:50	MED 104 (4E01)	MED 102** (CSL)	MED 104 (4E01)	MED 104 (4E01)	MED 104 (4E01)
11:00-11:50	MED 104 (4E01)	MED 102** (CSL)	MED 104 (4E01)	MED 104 (4E01)	MED 104 (4E01)
12:00-12:50	MED 104 (4E01)	MED 102** (CSL)	MED 104 (4E01)	MED 104 (4E01)	MED 104 (4E01)
13:00-13:50	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK
14:00-14:50	MED 104 (4E01)	HTR 301&302 (FALL&SPRING)	MED 104 (4E01)	HUM 103 (FALL) MED 104 (4E01)	Elective Course (SPRING)
15:00-15:50	MED 104 (4E01)	HTR 301&302 (FALL&SPRING)	MED 104 (4E01)	HUM 103 (FALL) MED 104 (4E01)	Elective Course (SPRING)
16:00-16:50	MED 103 (C937)	AFYA 101 (FALL) & AFYA 102 (SPRING)	MED 104 (4E01)	TKL201 (FALL) &TKL202 (SPRING) AFYA 101 (FALL) & AFYA 102 (SPRING)	Elective Course (SPRING)
17:00-17:50	MED 103 (C937)	AFYA 101 (FALL) & AFYA 102 (SPRING)	MED 104 (4E01)	TKL201 (FALL) &TKL202 (SPRING) AFYA 101 (FALL) & AFYA 102 (SPRING)	Elective Course (SPRING)

COURSE CODES	COURSES and LOCATIONS
MED 104	Basic Medical Sciences (4E01) or Laboratories*
MED 102	Introduction to Clinical Practice I (CSL)** or (4E01)***
MED 103	Anatomical Drawing (C 937)
TKL 201 & 202	Turkish Language & Literature (4E01)
AFYA 101& 102	Turkish Language for International Students ****
HTR 301 & 302	Atatürk's Principles & History of Modern Turkey 4E01: Group 1 Turkish students. B0356: Group 3 international students
HUM 103	Humanities
MED 611-637	Elective Courses will be announced later
PBL	Problem Based Learning
4E01	Faculty of Medicine Building , 4th Floor
C 937	Faculty of Medicine Building, 5 th Floor

*MED 104 Laboratories will be in the Faculty of Medicine Building, skill laboratories of related departments.

** MED 102 Practical Lectures will be in the Faculty of Medicine Building, Clinical Skills Laboratory (CSL) (Base Floor)

***Theoretical lectures will be in the Faculty of Medicine Building, **4th Floor, 4E01** numbered classroom.

**** Locations will be announced according to the groups

RECOMMENDED TEXTBOOKS

NO	DEPARTMENT	TEXTBOOK	AUTHOR	PUBLISHER
1	ANATOMY	Gray's Anatomy for Students	R.L. Drake et al	Churchill Livingstone
		Hollinshead's Textbook of Anatomy	Cornelius Rosse & Penelope Gaddum-Rosse	Lippincott Raven
		A Textbook of Neuroanatomy	Maria Patestas & Leslie P. Gartner	Blackwell
2	BIOCHEMISTRY	Textbook of Biochemistry with Clinical Correlations	Thomas M. Devlin	Wiley-Liss Publishing Company
		Harper's Illustrated Biochemistry	Robert K. Murray et al	Mc-Graw-Hill Companies
		Lehninger Principles of Biochemistry	David L. Nelson, Michael M. Cox	W.H. Freeman Publishing Company
3	BIOPHYSICS	Biophysics: A Physiological Approach	Patrick F. Dillon	Cambridge University Press
		Physics in Biology and Medicine (4th edition)	Paul Davidovits	Elsevier
		Introductory Biophysics: Perspectives on the Living State	J.R. Claycomb, J.P. Tran	Jones & Bartlett Publishers
4	BIostatISTICS	Primer of Biostatistics	Stanton Glantz	Mc-Graw-Hill Companies
5	HISTOLOGY	Junqueira's Basic Histology: Text and Atlas 13 th Ed.	Anthony Mescher	Mc-Graw-Hill Companies
	EMBRYOLOGY	The Developing Human: Clinically Oriented Embryology, 10 th Ed.	Keith L. Moore & T. V. N. Persaud	Saunders
6	MEDICAL BIOLOGY	Molecular Biology of the Cell	Bruce Alberts et al	Garland Science
7	MEDICAL ETHICS	Clinical Bioethics: Theory and Practice in Medical-Ethical Decision Making	James E. Drane	Sheed & Ward
	MEDICAL HISTORY	Blood and Guts: A Short History of Medicine	Roy Porter	W. W. Norton & Company
8	MICROBIOLOGY	Medical Microbiology 8th ed, 2016	P. R. Murray et al	Mosby
9	ORGANIC CHEMISTRY	Organic Chemistry	John E. McMurry	Cengage Learning
10	PHYSIOLOGY	Guyton Physiology	John E. Hall	Saunders
		Human Physiology	Stuart Fox	Mc-Graw-Hill Science
11	IMMUNOLOGY	Basic Immunology, Functions and Disorders of the Immune System	Abul Abbas Andrew H. Lichtman Shiv Pillai	Elsevier Health Sciences

COMMITTEE I - INTRODUCTION TO BASIC MEDICAL SCIENCES

DISTRIBUTION of LECTURE HOURS
September 29, 2025 – November 14, 2025
COMMITTEE DURATION: 7 WEEKS

COURSES					
MED 104	BASIC MEDICAL SCIENCES I	THEO.	PRAC./LAB.	SMALL GROUP DISCUSSION	TOTAL
	DISCIPLINE/COMPONENTS				
	ANATOMY	9	2 Gr x 2 H	0	11
	BIOPHYSICS	12	0	0	12
	HISTOLOGY & EMBRYOLOGY	6	2 Gr x 2 H	0	8
	MEDICAL BIOLOGY	4	0	0	4
	HEALTH LAW	8	0	0	8
	MEDICAL HISTORY & ETHICS	10	0	0	10
	ORGANIC CHEMISTRY	10	0	0	8
	PHYSIOLOGY	2	0	0	2
	SCIENTIFIC RESEARCH AND PROJECT I	2	0	5 Gr x 3 H	5
	PBL			6	6
	TOTAL	63	4	9	76
MED 102	ICP I	2	5 Gr x 3 H	0	5
MED 103	ANATOMICAL DRAWING	0	12	0	12
HTR 301	ATATÜRK'S PRINCIPLES & HISTORY OF MODERN TURKEY	12	0	0	12
HUM 103	HUMANITIES	14	0	0	14
TKL 201 (AFYA 101)	TURKISH LANGUAGE & LITERATURE	14	0	0	14
	INDEPENDENT LEARNING HOURS				96

Coordination Committee	Head	Ayşe ÖZER, PhD, Prof.
	Secretary	Aylin YABA UÇAR, PhD, Prof.
	Member	Bilge GÜVENÇ TUNA, PhD, Assoc. Prof.
	Member	Erdem SÖZTUTAR, MD, Assist. Prof.

COMMITTEE I - INTRODUCTION TO BASIC MEDICAL SCIENCES LECTURERS

COURSES	DISCIPLINES	LECTURERS
MED 104- BASIC MEDICAL SCIENCES	ANATOMY	Erdem SÖZTUTAR, MD, Assist. Prof. LAB: Edibe BİLİŞLİ KARA, DVM, PhD, Lecturer Ahmet SAÇ, MD, PhD, Lecturer
	BIOPHYSICS	Bilge GÜVENÇ TUNA, PhD, Assoc. Prof.
	HISTOLOGY & EMBRYOLOGY	Aylin YABA UÇAR, PhD, Prof.
		Alev CUMBUL, PhD, Assoc. Prof.
	MEDICAL BIOLOGY	Ayşe ÖZER, PhD, Prof.
		Soner DOĞAN, PhD, Prof.
		Deniz KIRAÇ, PhD, Prof.
		Seda GÜLEÇ YILMAZ, PhD, Prof.
		E.Murat ALTINKILIÇ, PhD, Assist. Prof.
	MEDICAL HISTORY & ETHICS	Hakan KIRAL, MD, Assoc. Prof.
	HEALTH LAW	Atty. Dr. Ebru Asmaz, MD, PhD
	ORGANIC CHEMISTRY	İnci ÖZDEN, PhD, Prof.
	PHYSIOLOGY	Mehtap KAÇAR, MD, PhD, Prof.
		Burcu GEMİCİ BAŞOL, PhD, Prof.
	SCIENTIFIC RESEARCH and PROJECT I	Arzu ARAL, MD, Prof. Aylin YABA UÇAR, PhD, Prof. (Responsible Faculty Member/Lecturer)
MED 102-INTRODUCTION to CLINICAL PRACTICE I (ICP- I)		Güldal İZBIRAK, MD, Prof.
		Tümay SADIKOĞLU, MD, Assist. Prof
		Duygu ALTIPARMAK, MD, Specialist, Instructor
		E. Güler ÜNVER, Specialist, Instructor
MED 103- ANATOMICAL DRAWING		Refik AZİZ, PhD, Assist. Prof.
HTR 301-ATATÜRK'S PRINCIPLES & HISTORY OF MODERN TURKEY		Instructor
HUM 103-HUMANITIES		Instructor
TKL 201-TURKISH LANGUAGE & LITERATURE		Instructor
AFYA 101- TURKISH LANGUAGE		Instructor

COMMITTEE I – INTRODUCTION TO BASIC MEDICAL SCIENCES

AIM and LEARNING OBJECTIVES

AIM

1. **to convey** basic term and concepts on medical history, anatomy, physiology, embryology, histology, medical biology, biophysics, organic chemistry.
2. **to convey** basic knowledge on viability.
3. **to convey** knowledge on cellular structure and functions.

LEARNING OBJECTIVES

At the end of this committee, student should be able to;

KNOWLEDGE

- 1.0. define fundamental concepts of anatomy
- 2.0. define anatomical properties and clinical implications for bones of the upper and lower limbs.
- 3.0. explain basic terms and concepts related to basic physics, basic biophysics, international units, biomechanics, bio-optics, bioelectronics.
- 4.0. explain mechanic, electrical and optical processes that are characteristics of living organisms
- 5.0. define basic histological terminology and describe the main types of microscopes and their uses.
- 6.0. explain the histological methods.
- 7.0. explain describe the molecular components of cell
- 8.0. define the concepts of medicine, disease and health in the evolutionary perspective.
- 9.0. explain disease and health theories in prehistoric era
- 10.0. define structure of atom and chemical bonds.
- 11.0. for organic compounds
 - 11.1. define functional groups
 - 11.2. classify possible reactions
- 12.0. define homeostasis
- 13.0. define the basic concepts of medical law rights of the patient and physician, concept of medical intervention

SKILLS

- 1.0. apply basic laboratory techniques and use equipments
- 2.0. display (demonstrate) scientific reasoning, information literacy and skills of self-directed, life-long learning

ATTITUDES

- 1.0. value teamwork, interpersonal skills, and significance of psychosocial issues

COMMITTEE I - INTRODUCTION TO BASIC MEDICAL SCIENCES COMMITTEE ASSESSMENT MATRIX

LEARNING OBJECTIVES	DISCIPLINE	LECTURER / INSTRUCTOR	DISTRIBUTION of MCQs and SbMCQ			
			CE	FE	ICE	TOTAL
1.0, 2.0	ANATOMY	Dr. E. Söztutar	16	5	5	26
3.0, 4.0	BIOPHYSICS	Dr. B. Güvenç Tuna	18	5	4	26
5.0, 6.0	HISTOLOGY & EMBRYOLOGY	Dr. A. Yaba Uçar	11	3	3	17
		Dr. A. Cumbul				
7.0	MEDICAL BIOLOGY	Dr. Ayşe Özer	7	2	2	11
		Dr. S. Güleç Yılmaz				
8.0, 9.0	MEDICAL HISTORY & ETHICS	Dr. H. Kırıl	16	5	5	26
10.0, 11.0, 11.1, 11.2	ORGANIC CHEMISTRY	Dr. İnci Özden	16	5	5	26
12.0	PHYSIOLOGY	Dr. B. Yılmaz	4	1	1	6
13.0	HEALTH LAW	Atty. Dr. Ebru Asmaz	12	4	4	20
TOTAL			100	29/200[#]	29/200[#]	158
LEARNING OBJECTIVES		DISCIPLINE	DISTRIBUTION of LAB POINTS			
			LPE			
1.0, 2.0, SKILLS 18.0		ANATOMY	60			
5.0, 6.0, SKILLS 18.0		HISTOLOGY & EMBRYOLOGY	40			
TOTAL			100			

Total number of MCQs are 100 (each question has equal value)

Total value of LPE is equal to 100 points

CS = 90% CE (MCQ) + 10% (LPE)

[#]In FE and ICE, **29** out of 200 MCQs will be from this Committee (Each question has equal value)

Abbreviations:

MCQ: Multiple Choice Question

SbMCQ: Multiple Choice Questions which are based on a clinical, research or daily life scenario

LPE: Practical Lecture Evaluation

CE: Committee Exam

CS: Committee Score

FE: Final Exam

ICE: Incomplete Exam

COMMITTEE I - INTRODUCTION TO BASIC MEDICAL SCIENCES
I. WEEK / 29 Sep – 03 Oct 2025

	Monday 29-Sep-2025	Tuesday 30-Sep-2025		Wednesday 01-Oct-2025	Thursday 02-Oct-2025		Friday 03-Oct-2025
09.00- 09.50	Introductory Session Introduction to Faculty <i>Dean</i>	Independent Learning		Independent Learning	Independent Learning		Lecture Introduction to Osteology <i>Erdem Söztutar</i>
10.00- 10.50	Introductory Session Introduction to Committee I <i>Phase I Coordinator</i>			Lecture Introduction to Biophysics, Physical Measurements and Units <i>Bilge Güvenç Tuna</i>			Lecture Bones of the Soulder <i>Erdem Söztutar</i>
11.00- 11.50	Independent Learning	Lecture / ICP I Introduction to ICP Programs <i>Güldal İzbirak&Tümay Sadıkoğlu</i>	Lecture Statics and Human Posture <i>Bilge Güvenç Tuna</i>	Lecture / Scientific Research and Project I What is Scientific Research and Scientific Methodology? <i>Arzu Aral</i>			
12.00- 12.50	Independent Learning	Lecture / ICP I Hand washing and wearing sterile gloves and masks <i>Tümay Sadıkoğlu&Duygu Altıparmak</i>	Introductory Session Introduction to Committee I <i>Secretary of Committee I</i>	Lecture / Scientific Research and Project I Searching Scientific Literature <i>Arzu Aral</i>			
13.00- 13.50	Lunch Break	Lunch Break		Lunch Break	Lunch Break		Lunch Break
14.00- 14.50	Independent Learning	Common Compulsory Course Atatürk's Principles & History of Modern Turkey <i>Instructor</i>		Lecture Introduction to Medical biology <i>Ayşe Özer</i>	Common Compulsory Course Humanities <i>Instructor</i>		Lecture Approaches to Medicine <i>Hakan KIRAL</i>
15.00- 15.50				Lecture Origin of Life <i>Seda Güleç Yılmaz</i>			Lecture Approaches to Medicine <i>Hakan KIRAL</i>
16:00-16:50	Common Compulsory Course Anatomical Drawing <i>Refik Aziz</i>	AFYA for International Students	Independen t Learning for Turkish Students	Lecture Introduction to Anatomy <i>Erdem Söztutar</i>	Common Compulsory Course Turkish Language & Literature <i>Instructor</i>	AFYA for International Students	Independent Learning
17:00-17:50				Lecture Terminology in Anatomy <i>Erdem Söztutar</i>			

COMMITTEE I - INTRODUCTION TO BASIC MEDICAL SCIENCES

II. WEEK / 06– 10 Oct 2025

	Monday 06-Oct-2025	Tuesday 07-Oct-2025			Wednesday 08-Oct-2025	Thursday 09-Oct-2025		Friday 10-Oct-2025
09.00- 09.50	Independent Learning	Independent Learning			Independent Learning	Lecture Biomechanics in Medicine: Torque <i>Bilge Güvenç Tuna</i>		Independent Learning
10.00- 10.50		ICP I/Clinical Skills Learning Hand washing and wearing sterile gloves and masks <i>Tümay Sadıkoğlu&Duygu Altıparmak&Güler Ünver</i> Group A	Scientific Research and Project I Small group studies Group B	Independent Learning Group C, D and E	Lecture Bones of the Pelvis <i>Erdem Söztutar</i>	Lecture Biomechanics in Medicine: Levers <i>Bilge Güvenç Tuna</i>	Introductory Session Orientation for Committee Examinations <i>Phase I Coordinators</i>	
11.00- 11.50					Lecture Bones of the Lower Limb <i>Erdem Söztutar</i>	Lecture Egyptian Medicine <i>Hakan KIRAL</i>	Lecture Introduction to Histology; Basic Terminology <i>Alev Cumbul</i>	
12.00- 12.50					Lecture Bones of the Lower Limb <i>Erdem Söztutar</i>		Lecture Microscopy (Brightfield, Fluorescent, Confocal) <i>Alev Cumbul</i>	
13.00- 13.50	Lunch Break	Lunch Break			Lunch Break	Lunch Break		Lunch Break
14.00- 14.50	Lecture Medicine In Prehistoric Times <i>Hakan KIRAL</i>	Common Compulsory Course Atatürk's Principles & History of Modern Turkey <i>Instructor</i>			Health Law Basic legal concepts <i>Ebru Asmaz</i>	Common Compulsory Course Humanities <i>Instructor</i>		Lecture Chinese Medicine <i>Hakan KIRAL</i>
15.00- 15.50	Lecture Medicine In Prehistoric Times <i>Hakan KIRAL</i>							Lecture Chinese Medicine <i>Hakan KIRAL</i>
16.00- 16.50	Common Compulsory Course Anatomical Drawing <i>Refik Aziz</i>	AFYA for International Students	Independent Learning for Turkish Students	Health Law Branches of law <i>Ebru Asmaz</i>	Common Compulsory Course Turkish Language & Literature <i>Instructor</i>	AFYA for International Students	SRPC Journal Discussion	
17.00-17.50								

COMMITTEE I - INTRODUCTION TO BASIC MEDICAL SCIENCES
III. WEEK / 13– 17 Oct 2025

	Monday 13-Oct-2025	Tuesday 14-Oct-2025			Wednesday 15-Oct-2025	Thursday 16-Oct-2025		Friday 17-Oct-2025
09.00- 09.50	Lecture Assryo-Babylonian Medicine <i>Hakan KIRAL</i>	Independent Learning			Lecture Bio-optics: Vision and Eye, Refraction errors <i>Bilge Güvenç Tuna</i>	Independent Learning		Independent Learning
10.00- 10.50	Lecture Assryo-Babylonian Medicine <i>Hakan KIRAL</i>	ICP I/Clinical Skills Learning Hand washing and wearing sterile gloves and masks <i>Tümay Sadıkoğlu&Duygu Altıparmak&Güler Ünver</i> Group B	Scientific Research and Project I Small group studies Group C	Independent Learning Group A, D and E	Lecture Optical Aberrations <i>Bilge Güvenç Tuna</i>	Lecture Optical Properties of Microscopes <i>Bilge Güvenç Tuna</i>		
11.00- 11.50	Lecture Nature of Light, Electromagnetic Spectrum <i>Bilge Güvenç Tuna</i>				Lecture Electron microscopy <i>Alev Cumbul</i>	Lecture Introduction to Physiology and Homeostasis <i>Mehtap Kaçar</i>		
12.00- 12.50	Lecture Lenses; Lens-maker Equation <i>Bilge Güvenç Tuna</i>				Lecture Other Histologic Methods <i>Alev Cumbul</i>			
13.00- 13.50	Lunch Break	Lunch Break			Lunch Break	Lunch Break		Lunch Break
14.00- 14.50	Laboratory / Anatomy Bones of The Upper Limb <i>Edibe Bilişli & Ahmet Saç</i> Group A	Common Compulsory Course Atatürk's Principles & History of Modern Turkey <i>Instructor</i>			Laboratory / Anatomy Bones of The Lower Limb <i>Edibe Bilişli & Ahmet Saç</i> Group A	Common Compulsory Course Humanities <i>Instructor</i>		Independent Learning
15.00- 15.50	Laboratory / Anatomy Bones of The Upper Limb <i>Edibe Bilişli & Ahmet Saç</i> Group B				Laboratory / Anatomy Bones of The Lower Limb <i>Edibe Bilişli & Ahmet Saç</i> Group B			
16.00- 16.50	Common Compulsory Course Anatomical Drawing <i>Refik Aziz</i>	AFYA for International Students	Independent Learning for Turkish Students	Independent Learning	Common Compulsor y Course Turkish Language & Literature <i>Instructor</i>	AFYA for Internation al Students		
17.00-17.50								

COMMITTEE I - INTRODUCTION TO BASIC MEDICAL SCIENCES
IV. WEEK / 20– 24 Oct 2025

	Monday 20-Oct-2025			Tuesday 21-Oct-2025			Wednesday 22-Oct-2025	Thursday 23-Oct-2025		Friday 24-Oct-2025
09.00- 09.50	Independent Learning			Independent Learning			Independent Learning	Independent Learning		Independent Learning
10.00- 10.50	ICP I/Clinical Skills Learning Hand washing and wearing sterile gloves and masks <i>Tümay Sadıkoğlu&Duygu Altıparmak&Güler Ünver</i> Group C	Scientific Research and Project I Small group studies Group D	Independent Learning Group A, B and E	ICP I/Clinical Skills Learning Hand washing and wearing sterile gloves and masks <i>Tümay Sadıkoğlu&Duygu Altıparmak&Güler Ünver</i> Group D	Scientific Research and Project I Small group studies Group E	Independent Learning Group A, B and C		Lecture Living Circuits: Tissue Impedance & Electrical Behavior <i>Bilge Güvenç Tuna</i>		
11.00- 11.50								Lecture Methods of Histology; Tissue Processing <i>Aylin Yaba Uçar</i>		
12.00- 12.50								Lecture Methods of Histology; Immunohistochemistry <i>Aylin Yaba Uçar</i>		
13.00- 13.50	Lunch Break			Lunch Break			Lunch Break	Lunch Break		Lunch Break
14.00- 14.50	Introductory Session Introduction to Problem Based Learning (PBL) <i>PBL Coordinators</i>			Common Compulsory Course Atatürk's Principles & History of Modern Turkey <i>Instructor</i>			Independent Learning	Common Compulsory Course Humanities <i>Instructor</i>		Independent Learning
15.00- 15.50	Independent Learning									
16.00- 16.50	Common Compulsory Course Anatomical Drawing <i>Refik Aziz</i>			AFYA for International Students	Independent Learning for Turkish Students	Common Compulsory Course Turkish Language & Literature <i>Instructor</i>		AFYA for International Students		
17.00-17.50										

COMMITTEE I - INTRODUCTION TO BASIC MEDICAL SCIENCES
V. WEEK / 27 Oct– 31 Oct 2025

	Monday 27-Oct-2025	Tuesday 28-Oct-2025	Wednesday 29-Oct-2025	Thursday 30-Oct-2025	Friday 31-Oct-2025	
09.00- 09.50		Independent Learning	CELEBRATION OF TURKISH REPUBLIC DAY	Independent Learning	Lecture Aldehydes and Ketones <i>İnci Özden</i>	
10.00- 10.50	Lecture Aromatic compounds <i>İnci Özden</i>				Lecture Carboxylic acids <i>İnci Özden</i>	
11.00- 11.50	Lecture Alcohols <i>İnci Özden</i>			Lecture Ethers <i>İnci Özden</i>	Lecture Electric Current Effects on Human Tissue <i>Bilge Güvenç Tuna</i>	
12.00- 12.50	Independent Learning			Lecture Phenols <i>İnci Özden</i>	Lecture Electrical Security Systems <i>Bilge Güvenç Tuna</i>	
13.00- 13.50	Lunch Break	Lunch Break		Lunch Break	Lunch Break	
14.00- 14.50	Independent Learning	CELEBRATION OF TURKISH REPUBLIC DAY		Common Compulsory Course Humanities <i>Instructor</i>	Lecture Molecular Composition of Cells <i>Seda Güleç Yılmaz</i>	
15.00- 15.50					Lecture Macromolecules <i>Seda Güleç Yılmaz</i>	
16.00- 16.50	Common Compulsory Course Anatomical Drawing <i>Refik Aziz</i>			Common Compulsory Course Turkish Language & Literature <i>Instructor</i>	AFYA for International Students	Independent Learning
17.00-17.50						

COMMITTEE I - INTRODUCTION TO BASIC MEDICAL SCIENCES
VI. WEEK / 03– 07 Nov 2025

	Monday 03-Nov-2025	Tuesday 04-Nov-2025			Wednesday 05-Nov-2025	Thursday 06-Nov-2025		Friday 07-Nov-2025
09.00- 09.50	PROBLEM BASED LEARNING ORIENTATION DAY	Independent Learning			Laboratory / Histology&Embryology Microscopy <i>Aylin Yaba Uçar & Alev Cumbul</i> Group A	Independent Learning		Independent Learning
10.00- 10.50		ICP I/Clinical Skills Learning Hand washing and wearing sterile gloves and masks <i>Tümay Sadıkoğlu&Duygu Altıparmak&Güler Ünver</i> Group E	Scientific Research and Project I Small group studies Group A	Independent Learning Group B, C and D	Laboratory / Histology&Embryology Microscopy <i>Aylin Yaba Uçar & Alev Cumbul</i> Group B	Lecture Amines <i>Inci Özden</i>		
11.00- 11.50	Lecture Functional groups <i>Inci Özden</i>							
12.00- 12.50								
13.00- 13.50	Lunch Break	Lunch Break			Lunch Break	Lunch Break		Lunch Break
14.00- 14.50	Independent Learning	Common Compulsory Course Atatürk's Principles & History of Modern Turkey <i>Instructor</i>			Health Law International legal documents <i>Ebru Asmaz</i>	Common Compulsory Course Humanities <i>Instructor</i>		Independent Learning
15.00- 15.50								
16.00- 16.50	Common Compulsory Course Anatomical Drawing <i>Refik Aziz</i>	AFYA for International Students	Independent Learning for Turkish Students		Health Law Patients' rights <i>Ebru Asmaz</i>	Common Compulsory Course Turkish Language & Literature <i>Instructor</i>	AFYA for International Students	
17.00-17.50								

COMMITTEE I - INTRODUCTION TO BASIC MEDICAL SCIENCES
VII. WEEK / 10– 14 Nov 2025

	Monday 10-Nov-2025	Tuesday 11-Nov-2025	Wednesday 12-Nov-2025	Thursday 13-Nov-2025	Friday 14-Nov-2025
09.00- 09.50	Memorial Day of Ataturk	Independent Learning	Independent Learning	Independent Learning	Assessment Session Anatomy, Histology & Embryology (Practical Exam)
10.00- 10.50					Assessment Session Committee I (MCQ)
11.00- 11.50					
12.00- 12.50					
13.00- 13.50	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break
14.00- 14.50	Independent Learning	Common Compulsory Course Atatürk's Principles & History of Modern Turkey <i>Instructor</i>	Independent Learning	Common Compulsory Course Humanities <i>Instructor</i>	Program Evaluation Session Review of the Exam Questions Evaluation of the Committee I Program <i>Head of Committee</i>
15.00- 15.50					
16.00- 16.50	Common Compulsory Course Anatomical Drawing <i>Refik Aziz</i>	AFYA for International Students	Independent Learning for Turkish Students	Independent Learning	Independent Learning
17.00-17.50					

COMMITTEE II - CELL

DISTRIBUTION of LECTURE HOURS 17 November 2025 – 7 January 2026

COMMITTEE DURATION: 8 WEEKS

COURSES					
	BASIC MEDICAL SCIENCES I DISCIPLINE/COMPONENTS	THEO.	PRAC./LAB.	SMALL GROUP DISCUSSION	TOTAL
MED 104	ANATOMY	8	2Grx3H	0	11
	BIOPHYSICS	14	0	0	14
	HISTOLOGY and EMBRYOLOGY	14	2Grx2H	0	16
	MEDICAL BIOLOGY	20	5Gx2H	0	22
	MEDICAL HISTORY & ETHICS	6		0	6
	MEDICAL MICROBIOLOGY	12	0	0	12
	PHYSIOLOGY	6	4Grx1H	0	7
	SCIENTIFIC PROJECT I	0	0	5Grx3H	3
	HEALTH LAW	8	0	0	8
	PBL	0	0	6	6
	TOTAL	88	8	9	105
MED 102	INTRODUCTION to CLINICAL PRACTICE I (ICP- I)	15	5Grx4H		19
MED 103	ANATOMICAL DRAWING	0	16		16
HTR 301	ATATÜRK'S PRINCIPLES & HISTORY OF MODERN TURKEY	16	0		16
HUM 103	HUMANITIES	14	0		14
TKL 201	TURKISH LANGUAGE & LITERATURE	14	0		14
	INDEPENDENT HOURS				95

Coordination Committee	Head	Deniz KIRAÇ, PhD, Prof.
	Secretary	Ahmet SAÇ, MD, PhD, Lecturer
	Member	Bilge GÜVENÇ TUNA, PhD, Assoc. Prof.
	Member	Alev CUMBUL, PhD, Assoc. Prof.

**COMMITTEE II – CELL
LECTURERS**

COURSES	DISCIPLINES	LECTURERS
MED 104- BASIC MEDICAL SCIENCES	ANATOMY	Erdem SÖZTUTAR, MD, Assist. Prof. LAB: Edibe BİLİŞLİ KARA, DVM, PhD, Lecturer Ahmet SAÇ, MD, PhD, Lecturer
	BIOPHYSICS	Bilge GÜVENÇ TUNA, PhD, Assoc. Prof.
	HISTOLOGY & EMBRYOLOGY	Aylin YABA UÇAR, PhD, Prof.
		Alev CUMBUL, PhD, Assoc.Prof.
	MEDICAL BIOLOGY	Ayşe ÖZER, PhD, Prof.
		Soner DOĞAN, PhD, Prof.
		Deniz KIRAÇ, PhD, Prof.
		Seda GÜLEÇ YILMAZ, PhD, Prof.
		E.Murat ALTINKILIÇ, PhD, Assist. Prof.
	MEDICAL HISTORY & ETHICS	Hakan KIRAL, MD. Assoc. Prof.
	HEALTH LAW	Atty. Dr. Ebru Asmaz, MD, PhD
	MEDICAL MICROBIOLOGY	Pınar ÇIRAGİL, MD, Prof.
		Sibel ERGÜVEN, MD, Prof.
		Nilgün ÇERİKÇİOĞLU, MD, Prof.
		Rabia Can, MD, Assoc. Prof.
	ORGANIC CHEMISTRY	İnci ÖZDEN, PhD, Prof.
	PHYSIOLOGY	Bayram YILMAZ, PhD, Prof.
		Mehtap KAÇAR, MD, PhD, Prof.
		Burcu GEMİCİ BAŞOL, PhD, Prof.
	SCIENTIFIC RESEARCH and PROJECT I	Arzu ARAL, MD, Prof. Aylin YABA UÇAR, PhD, Prof. (Responsible Faculty Member/Lecturer)

MED 102-INTRODUCTION to CLINICAL PRACTICE I (ICP- I)		Gökhan GENÇER, MD. Assist. Prof.
		Hande CANDEMİR ERCAN, MD. Assist. Prof
		Cem ŞİMŞEK, MD. Assist. Prof.
		Alev ECEVİZ, MD., Specialist, Instructor
		Dijan TAV ŞİMŞEK, MD., Specialist, Instructor
		Rabia SARIYILDIZ, MD, Instructor
		F.Atakan GÜLTEKİN, MD, Instructor
MED 103- ANATOMICAL DRAWING		Refik AZİZ, PhD, Assist. Prof.
HTR 301-ATATÜRK’S PRINCIPLES & HISTORY OF MODERN TURKEY		Instructor
HUM 103-HUMANITIES		Instructor
TKL 201-TURKISH LANGUAGE & LITERATURE		Instructor
AFYA 101- TURKISH LANGUAGE		Instructor

COMMITTEE II – CELL

AIM and LEARNING OBJECTIVES

AIM

- 1.0 **to convey** basic term and concepts on medical history, anatomy, physiology, embryology, histology, medical biology, biophysics, organic chemistry and microbiology.
- 2.0 **to convey** knowledge on cellular structure and functions.
- 3.0 **to convey** knowledge on process from zygote to formation of organs.
- 4.0 **to convey** knowledge on system-specific (bones, skull, vertebra, and thorax) anatomy and its clinical applications.

LEARNING OBJECTIVES

At the end of this committee, student should be able to;

KNOWLEDGE

- 1.0. define anatomical properties and clinical implications for the axial skeleton
- 2.0. explain basic terms and concepts about radiation biophysics, radiation safety and use of lasers.
- 3.0. list effects of radiation to the organism, its evaluation methods on the cellular basis and protection approaches.
- 4.0. define the histological characteristics of cell membrane and functions
- 5.0. define the cellular organelles and their functions
- 6.0. explain the cytoskeleton components and their functions
- 7.0. explain the histological characteristics of the cell nucleus
- 8.0. define the basic terms of embryology and list the difference between mitosis and meiosis
- 9.0. list the difference between male and female gametogenesis
- 10.0. explain the developmental events respectively from zygote to gastrulation
- 11.0. define cell membrane structures and explain membrane transport mechanisms
- 12.0. for distribution of substances in body fluids;
 - 12.1. define intra and extracellular fluid compartments
 - 12.2. explain the distribution and functions of electrolytes such as Na, K and Ca in body fluids
 - 12.3. define edema
- 13.0. define the term osmosis and explain the conditions required for osmosis to occur and explain the dynamics of osmotic pressure.
- 14.0. for transport of substances through the cell membrane;
 - 14.1. define diffusion and explain the factors that influence the rate of diffusion through cell membranes.
 - 14.2. define the characteristics of carrier-mediated transport.
 - 14.3. explain active transport mechanisms and describe how the Na⁺/K⁺ pump works
- 15.0. define molecular architecture of cell.
- 16.0. define human genome structure.
- 17.0. explain the roles of DNA and RNA in the maintenance of living organism.
- 18.0. describe main concepts of DNA replication, translation and protein synthesis.
- 19.0. define control mechanisms of gene regulation.
- 20.0. define molecular mechanism of cell division and cell cycle.
- 21.0. define the correlation of medicine, art and philosophy from prehistoric ages to date.
- 22.0. for microorganisms;
 - 22.1. classify
 - 22.2. list general characteristics.
- 23.0. define structure of organic compounds and their chemical reactions
- 24.0. define structures and reactions of macromolecules such as amino acid, protein, lipid and carbohydrate.
- 25.0. explain case scenario related basic medical science topics in a clinical context.
- 26.0. define the rights of the patient and physician, particularly the right to self-determination and informed consent, protection of patients' personal data

SKILLS

- 1.0. apply basic laboratory techniques and use equipment
- 2.0. display (demonstrate) scientific reasoning, information literacy and skills of self-directed, life-long learning

ATTITUDES

- 1.0. value teamwork, interpersonal skills, and significance of psychosocial issues

**COMMITTEE II – CELL
COMMITTEE ASSESSMENT MATRIX**

LEARNING OBJECTIVES	DISCIPLINES	LECTURER / INSTRUCTOR	DISTRIBUTION of MCQs and SbMCQ			
			CE	FE	ICE	TOTAL
1.0	ANATOMY	Dr. E. Söztutar	10	4	4	18
2.0, 3.0	BIOPHYSICS	Dr. B. G. Tuna	14	6	6	26
4.0 – 10.0	HISTOLOGY & EMBRYOLOGY	Dr. A. Yaba Uçar	16	8	8	32
		Dr. A. Cumbul				
11.0, 14.0	PHYSIOLOGY	Dr. B. Gemici Başol	7	4	4	15
15.0 -20.0	MEDICAL BIOLOGY	Dr. A. S. Özer Dr. S. Doğan Dr. D. Kırış Dr. S. Güleç Yılmaz	23	10	10	43
21.0	MEDICAL HISTORY& ETICS	Dr. E. Vatanoğlu Lutz	7	3	3	13
22.1, 22.2	MEDICAL MICROBIOLOGY	Dr. P. Çıragil Dr. S. Ergüven Dr. N. Çerikçioğlu Dr R. Can	14	7	7	28
25.0	PBL	PBL Scenario	1	-	-	1
26.0	HEALTH LAW	Atty.Dr. Ebru Asmaz	8	3	3	14
TOTAL			100	45/200[#]	45/200[#]	190
LEARNING OBJECTIVES		DISCIPLINE	DISTRIBUTION of LAB POINTS			
			LPE			
1.0, SKILLS 1.0		ANATOMY	40			
4.0-10.0 SKILLS 1.0		HISTOLOGY & EMBRYOLOGY	25			
15.0-20.0, SKILLS 1.0		MEDICAL BIOLOGY	25			
11.0-14.0, SKILLS 1.0		PHYSIOLOGY	10			
TOTAL			100			

Total number of MCQs are 100 (each question has equal value)

Total value of LPE is equal to 100 points

CS = 95% of [90% CE (MCQ) + 10% (LPE)] + 5% of PBL-P

[#]In FE and ICE 45 out of 200 MCQs will be from this Committee (Each question has equal value).

Abbreviations:

MCQ: Multiple Choice Question

SbMCQ: Multiple Choice Questions which are based on a clinical, research or daily life scenario

LPE: Practical Lecture Evaluation

CE: Committee Exam

CS: Committee Score

FE: Final Exam

ICE: Incomplete Exam

PBL-P: Evaluation of PBL Student's Performance

COMMITTEE II – CELL
I. WEEK / 17-21 Nov 2025

	Monday 17-Nov-2025	Tuesday 18-Nov-2025		Wednesday 19-Nov-2025	Thursday 20-Nov-2025		Friday 21-Nov-2025
09.00- 09.50	PBL Session	Lecture Introduction to basic microbiology and applications <i>Pınar Çıragil</i>		ICP I Lecture Basic Life Support and Heimlich Maneuver <i>H.Candemir</i>	Independent Learning		Independent Learning
10.00- 10.50		ICP I Lecture <i>Introduction to the First Aid Programs</i> <i>G.Gençer</i>		ICP I Lecture Basic Life Support and Heimlich Maneuver <i>H.Candemir</i>			
11.00- 11.50		ICP I Lecture <i>Basic Human Body</i> <i>G.Gençer</i>		Lecture Organelles <i>Seda Güleç Yılmaz</i>	Lecture Nuclear Stability <i>Bilge Güvenç Tuna</i>	Lecture Cell; General Specification <i>Alev Cumbul</i>	
12.00- 12.50	Introductory Session Introduction to Committee II <i>Secretary of Committee II</i>	ICP I Lecture <i>Scene Assessment</i> <i>G.Gençer</i>		Lecture Cell Membrane <i>Seda Güleç Yılmaz</i>	Lecture Radiation Biophysics: Nucleus and Radioactivity <i>Bilge Güvenç Tuna</i>	Lecture Cell; General Specification <i>Alev Cumbul</i>	
13.00- 13.50	Lunch Break	Lunch Break		Lunch Break	Lunch Break		Lunch Break
14.00- 14.50	Independent Learning	Common Compulsory Course Atatürk's Principles & History of Modern Turkey <i>Instructor</i>		Health Law Physician's rights and responsibilities <i>Ebru Asmaz</i>	Common Compulsory Course Humanities <i>Instructor</i>		ICP I Lecture Shock and Bleeding Control <i>H.Candemir</i>
15.00- 15.50				Health Law Physician's rights and responsibilities <i>Ebru Asmaz</i>			ICP I Lecture Burns, Freezing, Frostbite <i>H.Candemir</i>
16.00- 16.50	Common Compulsory Course Anatomical Drawing <i>Refik Aziz</i>	AFYA for International Students	Independent Learning for Turkish Students	Health Law Patient autonomy <i>Ebru Asmaz</i>	Common Compulsory Course Turkish Language & Literature <i>Instructor</i>	AFYA for International Students	Independent Learning
17.00-17.50				Health Law Patient autonomy <i>Ebru Asmaz</i>			

COMMITTEE II – CELL
II. WEEK / 24-28 Nov 2025

	Monday 24 Nov-2025	Tuesday 25-Nov-2025		Wednesday 26-Nov-2025	Thursday 27-Nov-2025		Friday 28-Nov-2025
09.00- 09.50	PBL Session	ICP I Lecture Injuries <i>G.Gençer</i>		ICP I Lecture Drowning <i>H.Candemir</i>	Independent Learning		Lecture Introduction to Embryology and Human Devopmental Period <i>Alev Cumbul</i>
10.00- 10.50		ICP I Lecture Foreign Objects <i>G.Gençer</i>		ICP I Lecture Poisoning <i>H.Candemir</i>			Lecture Introduction to Embryology and Human Devopmental Period <i>Alev Cumbul</i>
11.00- 11.50		ICP I Lecture Fractures and Dislocation <i>G.Gençer</i>		Lecture Classification and General Structures of Bacteria <i>Pınar Çıragil</i>	Lecture Interaction of Radiation with Matter <i>Bilge Güvenç Tuna</i>	Lecture Vertebral Column, Ribs and Sternum <i>Erdem Söztutar</i>	
12.00- 12.50	Independent Learning	ICP I Lecture The Unconscious Casualty <i>G.Gençer</i>		Lecture Classification and General Structures of Bacteria <i>Pınar Çıragil</i>	Lecture Interaction of X or Gamma Rays with Matter <i>Bilge Güvenç Tuna</i>	Lecture Vertebral Column, Ribs and Sternum <i>Erdem Söztutar</i>	
13.00- 13.50	Lunch Break	Lunch Break		Lunch Break	Lunch Break		Lunch Break
14.00- 14.50	Lecture Cell Cycle and Cell Death <i>Alev Cumbul</i>	Common Compulsory Course Atatürk's Principles & History of Modern Turkey <i>Instructor</i>		Lecture Distribution of Substances in Body Fluids <i>Burcu Gemici Başol</i>	Common Compulsory Course Humanities <i>Instructor</i>		Lecture Cytoskeleton <i>Seda Güleç Yılmaz</i>
15.00- 15.50	Lecture Meiosis <i>Alev Cumbul</i>			Lecture Cell Membrane <i>Burcu Gemici Başol</i>			Lecture Extracellular Matrix <i>Seda Güleç Yılmaz</i>
16.00- 16.50	Common Compulsory Course Anatomical Drawing <i>Refik Aziz</i>	AFYA for International Students	Independent Learning for Turkish Students	Independent Learning	Common Compulsory Course Turkish Language & Literature <i>Instructor</i>	AFYA for International Students	Independent Learning
17.00-17.50							

COMMITTEE II –CELL
III. WEEK / 1-5 December 2025

	Monday 01-Dec-2025	Tuesday 02-Dec-2025	Wednesday 03-Dec-2025	Thursday 04-Dec-2025	Friday 05-Dec-2025
09.00- 09.50	Independent Learning	Clinical Skills Learning ICP I Basic Life Support and Heimlich Maneuver <i>C. Şimşek&R. Sarıyıldız</i>	Independent Learning	Independent Learning	Independent Learning
10.00- 10.50	ICP I Lecture Insect Bites <i>H. Candemir</i>	Group A Scientific Research and Project I Small group studies Group B	Lecture Osmotic Pressure and Permeability of The Cell Membrane <i>Burcu Gemici Başol</i>	Lecture Cell-cell Interactions, cell junctions <i>Seda Güleç Yılmaz</i>	
11.00- 11.50	ICP I Lecture Patient-Casualty Transportation Techniques <i>H. Candemir</i>		Lecture Transport of Substances Through the Cell Membrane <i>Burcu Gemici Başol</i>	Lecture Photoelectric Action, Compton Action <i>Bilge Güvenç Tuna</i>	
12.00- 12.50	Lecture Human Genome Structure <i>Ayşe Özer</i>		Lecture Bacterial Genetics <i>Pınar Çiragil</i>	Lecture Half Value Layer, Attenuation <i>Bilge Güvenç Tuna</i>	
13.00- 13.50	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break
14.00- 14.50	Lecture Gametogenesis; Spermatogenesis <i>Alev Cumbul</i>	Common Compulsory Course Atatürk's Principles & History of Modern Turkey <i>Instructor</i>	Health Law Privacy and data protection <i>Ebru Asmaz</i>	Common Compulsory Course Humanities <i>Instructor</i>	Lecture Bacterial Metabolism <i>Nilgün ÇERİKÇİOĞLU</i>
15.00- 15.50	Lecture Gametogenesis; Spermatogenesis <i>Alev Cumbul</i>				Laboratory / Anatomy Vertebral Column, Ribs and Sternum <i>Edibe Bilişli & Dr. Ahmet Saç</i> Group A
16.00- 16.50	Common Compulsory Course Anatomical Drawing <i>Refik Aziz</i>	AFYA for International Students	Health Law Informed consent, proving consent, Presumed consent <i>Ebru Asmaz</i>	Common Compulsory Course Turkish Language & Literature <i>Instructor</i>	Laboratory / Anatomy Vertebral Column, Ribs and Sternum <i>Edibe Bilişli & Dr. Ahmet Saç</i> Group B
17.00-17.50					Independent Learning

COMMITTEE II – CELL
IV. WEEK / 8-12 December 2025

	Monday 08-Dec-2025	Tuesday 09-Dec-202			Wednesday 10-Dec-2025	Thursday 11-Dec-2025		Friday 12-Dec-2025	
09.00- 09.50	Lecture Indian Medicine Hakan KIRAL	Clinical Skills Learning ICP I Basic Life Support and Heimlich Maneuver A. Eceviz& F.A. Gültekin			Independent Learning	Lecture Medicine In Medieval Ages and Renaissance Hakan KIRAL		Independent Learning	
10.00- 10.50	Lecture Greek Medicine Hakan KIRAL	Group B	Scientific Research and Project I Small group studies Group C	In de pe n dent Le ar ni ng		Lecture Types of Mutations Soner Doğan			Lecture Medicine In Medieval Ages and Renaissance Hakan KIRAL
11.00- 11.50	Lecture Transport of Substances Through the Cell Membrane Bucu Gemici Başol					Lecture Greek Medicine Hakan KIRAL		Lecture Radiation Protection (Safety) Bilge Güvenç Tuna	Lecture First Week of Development: Fertilization Aylin Yaba Uçar
12.00- 12.50	Lecture Transport of Substances Through the Cell Membrane Bucu Gemici Başol					Lecture Galen Hakan KIRAL		Lecture Units of Radioactivity Bilge Güvenç Tuna	Lecture First Week of Development: Cleavage and Formation of Blastocyst Aylin Yaba Uçar
13.00- 13.50	Lunch Break	Lunch Break			Lunch Break	Lunch Break		Lunch Break	
14.00- 14.50	Lecture Gametogenesis; Oogenesis and Folliculogenesis Aylin Yaba Uçar	Common Compulsory Course Atatürk's Principles & History of Modern Turkey Instructor			Independent Learning	Common Compulsory Course Humanities Instructor		Lecture Classification and General Structures of Fungi Nilgün ÇERİKÇİOĞLU	
15.00- 15.50	Lecture Ovarian and Uterinal Cycle Aylin Yaba Uçar							Lecture Classification and General Structures of Fungi Nilgün ÇERİKÇİOĞLU	
16.00- 16.50	Common Compulsory Course Anatomical Drawing Refik Aziz	AFYA for International Students	Independent Learning for Turkish Students	Common Compulsory Course Turkish Language & Literature Instructor		AFYA for International Students	SRPC Journal Discussion		
17.00-17.50									

COMMITTEE II – CELL
V. WEEK / 15 - 19 Dec 2025

	Monday 15-Dec-2025	Tuesday 16-Dec-2025	Wednesday 17-Dec-2025	Thursday 18-Dec-2025	Friday 19-Dec-2025
09.00- 09.50	Independent Learning	Clinical Skills Learning ICP I Basic Life Support and Heimlich Maneuver <i>C. Şimşek & D. Tav Şimşek</i>	Lecture Radioisotopes in Medicine <i>Bilge Güvenç Tuna</i>	Laboratory / Histology&Embryology Developing Human-I <i>Aylin Yaba Uçar & Alev Cumbul</i> Group A	Independent Learning
10.00- 10.50	Lecture Neurocranium <i>Erdem Söztutar</i>	Group C	Lecture Biological mechanisms of radiation <i>Bilge Güvenç Tuna</i>	Laboratory / Histology&Embryology Developing Human-I <i>Aylin Yaba Uçar & Alev Cumbul</i> Group B	Lecture Medical Imaging: Nuclear Medicine <i>Bilge Güvenç Tuna</i>
11.00- 11.50	Lecture Neurocranium <i>Erdem Söztutar</i>		Lecture DNA Damage and Repair Mechanism <i>Ayşe Özer</i>		
12.00- 12.50	Lecture Neurocranium <i>Erdem Söztutar</i>		Lecture Sterilization and Disinfection <i>Pınar Çıragil</i>		
13.00- 13.50	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break
14.00- 14.50	Lecture Second Week of Development: Implantation and Bilaminar Germ Disc Formation <i>Aylin Yaba Uçar</i>	Common Compulsory Course Atatürk's Principles & History of Modern Turkey <i>Instructor</i>	Lecture Viscerocranium <i>Erdem Söztutar</i>	Common Compulsory Course Humanities <i>Instructor</i>	Lecture Classification and General Structures of Parasites <i>Sibel Ergüven</i>
15.00- 15.50	Lecture Third Week of Development: Gastrulation; Primitive Streak, Notochord Formation <i>Alev Cumbul</i>		Lecture Viscerocranium <i>Erdem Söztutar</i>		Lecture Classification and General Structures of Parasites <i>Sibel Ergüven</i>
16.00- 16.50	Common Compulsory Course Anatomical Drawing <i>Refik Aziz</i>	AFYA for International Students	Lecture Viscerocranium <i>Erdem Söztutar</i>	Common Compulsory Course Turkish Language & Literature <i>Instructor</i>	Independent Learning
17.00-17.50			Independent Learning		

COMMITTEE II – CELL
VI. WEEK / 22 -26 December 2025

	Monday 22-Dec-2025	Tuesday 23-Dec-2025		Wednesday 24-Dec-2025	Thursday 25-Dec-2025	Friday 26-Dec-2025	
09.00- 09.50	Laboratory / Physiology Osmosis & Diffusion <i>Burcu Gemici Başol</i> Group A	Clinical Skills Learning ICP I Basic Life Support and Heimlich Maneuver <i>E.G. Gencer& R. Sarıyıldız</i>		Laboratory / Med. Biology DNA Isolation <i>A. Özer, S. Doğan, D. Kırac, S. Güleç Yılmaz, M. Altinkılıç</i> Group B	Laboratory / Med. Biology DNA Isolation <i>A. Özer, S. Doğan, D. Kırac, S. Güleç Yılmaz, M. Altinkılıç</i> Group E	Independent Learning	
10.00- 10.50	Laboratory / Physiology Osmosis & Diffusion <i>Burcu Gemici Başol</i> Group B	Group D	Scientific Research and Project I Small group studies Group E				Inde pen den t Lea rnin g
11.00- 11.50	Laboratory / Physiology Osmosis & Diffusion <i>Burcu Gemici Başol</i> Group C			Laboratory / Med. Biology DNA Isolation <i>A. Özer, S. Doğan, D. Kırac, S. Güleç Yılmaz, M. Altinkılıç</i> Group C	Laboratory / Med. Biology DNA Isolation <i>A. Özer, S. Doğan, D. Kırac, S. Güleç Yılmaz, M. Altinkılıç</i> Group A		
12.00- 12.50	Laboratory / Physiology Osmosis & Diffusion <i>Burcu Gemici Başol</i> Group D					Lecture Classification and General Structures of Viruses <i>Rabia Can</i>	
13.00- 13.50	Lunch Break	Lunch Break		Lunch Break	Lunch Break	Lunch Break	
14.00- 14.50	Lecture Transcription <i>Ayşe Özer</i>	Common Compulsory Course Atatürk's Principles & History of Modern Turkey <i>Instructor</i>		Laboratory / Med. Biology DNA Isolation <i>A. Özer, S. Doğan, D. Kırac, S. Güleç Yılmaz, M. Altinkılıç</i> Group D	Common Compulsory Course Humanities <i>Instructor</i>	Lecture Protein Synthesis <i>Ayşe Özer</i>	
15.00- 15.50	Lecture Transcription <i>Ayşe Özer</i>					Lecture Protein Synthesis <i>Ayşe Özer</i>	
16.00- 16.50	Common Compulsory Course Anatomical Drawing <i>Refik Aziz</i>	AFYA for International Students	Independent Learning for Turkish Students	Laboratory / Anatomy Neurocranium <i>Edibe Bilişli & Dr. Ahmet Saç</i> Group B	Common Compulsory Course Turkish Language & Literature <i>Instructor</i>	AFYA for International Students	Independent Learning
17.00-17.50				Laboratory / Anatomy Neurocranium <i>Edibe Bilişli & Dr. Ahmet Saç</i> Group A			

COMMITTEE II – CELL
VII. WEEK / 29 Dec 2025 -2 Jan 2026

	Monday 29-Dec-2025	Tuesday 30-Dec-2025			Wednesday 31-Dec-2025	Thursday 01Jan-2026	Friday 02-Jan-2026
09.00- 09.50	Lecture Lasers in Medicine <i>Bilge Güvenç Tuna</i>	Clinical Skills Learning ICP I Basic Life Support and Heimlich Maneuver <i>H. Candemir Ercan& F.A. Gültekin</i>			Laboratory / Anatomy Viscerocranium <i>Edibe Bilişli & Dr. Ahmet Saç</i> Group A	NEW YEAR HOLIDAY	PROGRESS TEST
10.00- 10.50	Lecture Lasers in Medicine <i>Bilge Güvenç Tuna</i>	Group E	Scientific Research and Project I Small group studies Group A	Ind ep en de nt Le ar nin g	Laboratory / Anatomy Viscerocranium <i>Edibe Bilişli & Dr. Ahmet Saç</i> Group B		
11.00- 11.50	Lecture Control of Gene Expression <i>Ayşe Özer</i>				Lecture Cell Cycle <i>Soner Doğan</i>		
12.00- 12.50	Lecture Control of Gene Expression <i>Ayşe Özer</i>				Lecture Cell Division Kinetics <i>Soner Doğan</i>		
13.00- 13.50	Lunch Break	Lunch Break			Lunch Break		
14.00- 14.50	Lecture Mitosis and Meiosis <i>Deniz Kıraç</i>	Common Compulsory Course Atatürk's Principles & History of Modern Turkey <i>Instructor</i>			NEW YEAR HOLIDAY EVE		
15.00- 15.50	Lecture Mitosis and Meiosis <i>Deniz Kıraç</i>						
16.00- 16.50	Common Compulsory Course Anatomical Drawing <i>Refik Aziz</i>	AFYA for International Students	Independent Learning for Turkish Students				
17.00-17.50							

COMMITTEE II – CELL
VIII. WEEK / 05- 9 January 2026

	Monday 05-Jan-2026	Tuesday 06-Jan-2026	Wednesday 07-Jan-2026	Thursday 08-Jan-2026	Friday 09-Jan-2026		
09.00- 09.50	Independent Learning	Independent Learning	Assessment Session Anatomy, Medical Biology, Histology & Embryology, Physiology (Practical Exam)	Independent Learning	Independent Learning		
10.00- 10.50			Assessment Session Committee II (MCQ)				
11.00- 11.50							
12.00- 12.50							
13.00- 13.50	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break		
14.00- 14.50	Independent Learning	Common Compulsory Course Atatürk's Principles & History of Modern Turkey <i>Instructor</i>	Program Evaluation Session Review of the Exam Questions Evaluation of the Committee II Program <i>Head of Committee</i>	Common Compulsory Course Humanities <i>Instructor</i>	SRPC Journal Discussion		
15.00- 15.50							
16.00- 16.50	Common Compulsory Course Anatomical Drawing <i>Refik Aziz</i>	AFYA for International Students	Independent Learning for Turkish Students	Independent Learning	Common Compulsory Course Turkish Language & Literature <i>Instructor</i>	AFYA for Internatio nal Students	Introduction to Elective Courses (online)
17.00-17.50							

COMMITTEE III - TISSUE I

DISTRIBUTION of LECTURE HOURS January 12, 2026 – March 6, 2026
COMMITTEE DURATION: 6 WEEKS

COURSES					
MED 104	BASIC MEDICAL SCIENCES I	THEO.	PRAC. /LAB.	SMALL GROUPS DISCUSSION	TOTAL
	DISCIPLINE/ COMPONENTS				
	ANATOMY	18	2Grx5H	0	23
	BEHAVIORAL SCIENCES	6	0	0	6
	BIOPHYSICS	10	0	0	10
	HISTOLOGY & EMBRYOLOGY	13	2Grx6H	0	19
	HEALTH LAW	8	0	0	8
	MEDICAL BIOLOGY	10	5Grx2H	0	12
	MEDICAL HISTORY & ETHICS	4	0	0	4
	PHYSIOLOGY	8	4Grx4H	0	12
	SCIENTIFIC RESEARCH AND PROJECT I	2	0	5Grx3H	5
	IMMUNOLOGY	4	0	0	4
	PBL	0	0	6	6
	TOTAL	83	17	9	109
MED 102	INTRODUCTION to CLINICAL PRACTICE-I	7	5Grx4H	0	11
MED 103	ANATOMICAL DRAWING	0		0	12
HTR 302	ATATÜRK'S PRINCIPLES & HISTORY OF MODERN TURKEY	6	0	0	6
MED 611-MED 637	FREE ELECTIVE COURSE	8	0	0	8
TKL 202	TURKISH LANGUAGE & LITERATURE	6	0	0	6
	INDEPENDENT LEARNING HOURS	0	0	0	77

Coordination Committee	Head	Burcu GEMİCİ BAŞOL, PhD. Prof.
	Secretary	Meltem YALCIN OGUZ, PhD, Lecturer
	Member	Soner DOĞAN, PhD. Prof.
	Member	Alev CUMBUL, PhD, Assoc. Prof.

**COMMITTEE III –TISSUE I
LECTURERS**

COURSES	DISCIPLINE	LECTURERS
MED 104-BASIC MEDICAL SCIENCES I	ANATOMY	Erdem SÖZTUTAR, MD, Assist. Prof. LAB: Edibe BİLİŞLİ KARA, DVM, PhD, Lecturer Ahmet SAÇ, MD, PhD, Lecturer
	BEHAVIORAL SCIENCES	Instructor
	BIOPHYSICS	Bilge GÜVENÇ TUNA, PhD, Assoc. Prof.
	HISTOLOGY & EMBRYOLOGY	Aylin YABA UÇAR, PhD, Prof. Dr.
		Alev CUMBUL, PhD, Assoc. Prof.
	HEALTH LAW	Atty. Dr. Ebru Asmaz, MD, PhD
	MEDICAL BIOLOGY	Ayşe ÖZER, PhD, Prof.
		Soner DOĞAN, PhD, Prof.
		Deniz KIRAÇ, PhD, Prof.
		Seda GÜLEÇ YILMAZ, PhD, Prof.
		E.Murat ALTINKILIÇ, PhD, Assist. Prof.
	MEDICAL HISTORY & ETHICS	Hakan KIRAL, MD. Assoc. Prof.
	PHYSIOLOGY	Bayram YILMAZ, PhD, Prof.
		Mehtap KAÇAR, MD, PhD, Prof.
		Burcu GEMİCİ BAŞOL, PhD, Prof. Dr.
	SCIENTIFIC RESEARCH AND PROJECT I	Arzu ARAL, MD, Prof. Aylin Yaba UÇAR, PhD, Prof. Dr. (Responsible Faculty Member/Lecturer)
	IMMUNOLOGY	Gülderen YANIKKAYA DEMİREL, MD, PhD, Prof.
		Başak ARU, PhD, Assist. Prof.
MED 102-INTRODUCTION to CLINICAL PRACTICE I (ICP-I)		Güldal İzbirak, MD, Prof
		Tümay SADIKOĞLU, MD, Assist. Prof.
		Gökhan GENÇER, MD. Assist. Prof.
		Cem ŞİMŞEK, Assist. Prof.
		Hande CANDEMİR, MD. Assist. Prof
		Alev Eceviz, MD.,Specialist, Instructor

MED 103-ANATOMICAL DRAWING		Refik AZİZ, PhD, Assist. Prof.
HTR 302- ATATÜRK'S PRINCIPLES & HISTORY OF MODERN TURKEY		Instructor
TKL 202- TURKISH LANGUAGE & LITERATURE		Instructor
AFYA 102- TURKISH LANGUAGE		Instructor

COMMITTEE III –TISSUE I

AIM AND LEARNING OBJECTIVES

AIM

1. **to convey** basic terms and concepts for anatomy, physiology, embryology, histology, immunology, biophysics, behavioral sciences, and medical ethics.
2. **to convey** knowledge on four fundamental tissues forming the body, cells forming these tissues.
3. **to convey** knowledge on excitation and contraction mechanisms of muscles.
4. **to convey** knowledge on system-specific (pelvis, joints of vertebrae, bones and joints of lower and upper extremities) anatomy and its clinical applications.

LEARNING OBJECTIVES

At the end of this committee, student should be able to;

KNOWLEDGE

- 1.0. explain anatomical characteristics of joints in general.
- 2.0. define anatomical properties and clinical implications for the joints of extremities..
- 3.0. explain anatomical characteristics of muscles and spinal nerves in general
- 4.0. describe anatomical properties and clinical implications for back muscles.
- 5.0. explain muscle contraction mechanism on the basis of Sliding Filament Theory.
- 6.0. define biophysical membrane model
- 7.0. explain steady state and equilibrium state for the cell
- 8.0. explain the link between structure and role of tissues.
- 9.0. for epithel tissue;
 - 9.1. describe the primary functions and characteristics of epithelial tissue
 - 9.2. distinguish different types of epithelium and cell to cell junctions
 - 9.3. define the types and functions of glandular epithelium
- 10.0. for muscle tissue;
 - 10.1. describe histological characteristics and relate main function
 - 10.2. summarize the main similarities and differences between three different types of muscle
 - 10.3. describe the embryology of muscular system
- 11.0. for connective tissue;
 - 11.1. explain the general specification
 - 11.2. identify the classification and specific properties of connective tissue types.
- 12.0. explain the morphological properties and functions of blood cells
- 13.0. define the correlation between ethics and philosophy in relation with main ethical theories.
- 14.0. for membrane potentials and action potentials
 - 14.1. explain how resting membrane potential is produced
 - 14.2. define depolarization, repolarization, and hyperpolarization and properties of action potentials.
- 15.0. describe the gross and microscopic structure of skeletal muscles and motor unit.
- 16.0. For contraction of skeletal muscle
 - 16.1. explain the role of Ach in the neuromuscular transmission
 - 16.2. explain what is meant by the sliding filament theory of contraction
 - 16.3. define the role of Ca²⁺ and the sarcoplasmic reticulum in excitation-contraction coupling
- 17.0. define the basics of immune response
- 18.0. explain case scenario related basic medical science topics in a clinical context.
- 19.0. define molecular mechanism of signal transduction, cell death and cancer
- 20.0. define chromosome structure and abnormalities
- 21.0. explain tools in medical biology and their use in medical clinics
- 22.0. define defensive medical practices, complications, malpractice, its legal consequences and liability
- 23.0. describe the Milestones of development (Pregnancy through old age), Piaget's cognitive development theory, approaches on personality development: Psychoanalytic-Theory and Defense mechanisms, Humanistic Theories
- 24.0. describe the biology of behavior including genetic influences, behavioral neuroanatomy and neurotransmission; substance related disorders

SKILLS:

- 1.0 apply basic laboratory techniques and use equipment.
- 2.0 use biopsychosocial approach on medical practice.

- 3.0 display (demonstrate) scientific reasoning, information literacy and skills of self-directed, life-long learning.
- 4.0 present and write a scientific article

ATTITUDES

- 1.0. value teamwork, interpersonal skills, and significance of psychosocial issues

COMMITTEE III –TISSUE I
COMMITTEE ASSESSMENT MATRIX

LEARNING OBJECTIVES	DISCIPLINES	LECTURER / INSTRUCTOR	DISTRIBUTION of MCQs and SbMCQ			
			CE	FE	IE	TOTAL
1.0 - 4.0	ANATOMY	Dr. E. Söztutar	22	9	9	40
5.0, 7.0	BIOPHYSICS	Dr. B.Güvenç Tuna	11	4	4	19
8.0 -12.0	HISTOLOGY & EMBRYOLOGY	Dr. A. Yaba Uçar	16	6	6	28
		Dr. A. Cumbul				
19.0-21.0	MEDICAL BIOLOGY	Dr. Soner DOĞAN,	12	5	5	22
		Dr. Deniz KIRAÇ.				
13.0	MEDICAL HISTORY & ETHICS	Dr. Hakan Kırıl	6	2	2	10
14.0 -16.0	PHYSIOLOGY	Dr. B. Gemici Başol	11	4	4	19
17.0	IMMUNOLOGY	Dr. G. Yanıkkaya Demirel	5	2	2	9
18.0	PBL	PBL Scenario	1	-	-	1
22.0	HEALTH LAW	Atty.Dr. Ebru Asmaz	8	4	4	16
23.0-24.0	BEHAVIORAL SCIENCES	Instructor	8	3	3	14
		TOTAL	100	39/200[#]	39/200[#]	178
LEARNING OBJECTIVES		DISCIPLINE	DISTRIBUTION of LAB POINTS			
			LPE			
1.0 - 4.0 SKILLS 1.0		ANATOMY	30			
8.0 – 12.0 SKILLS 1.0		HISTOLOGY & EMBRYOLOGY	35			
14.0 -16.0 SKILLS 1.0		PHYSIOLOGY	25			
19.0-21.0 , SKILLS 1.0		MEDICAL BIOLOGY	10			
TOTAL			100			

Total number of MCQs are 100 (each question has equal value)

Total value of LPE is equal to 100 points

CS = 95% of [90% CE (MCQ) + 10% (LPE)] + 5% of PBL-P

[#]In FE and ICE 39 out of 200 MCQs will be from this Committee (Each question has equal value).

Abbreviations:

MCQ: Multiple Choice Question

SbMCQ: Multiple Choice Questions which are based on a clinical, research or daily life scenario

LPE: Practical Lecture Evaluation

CE: Committee Exam

CS: Committee Score

FE: Final Exam

ICE: Incomplete Exam

PBL-P: Evaluation of PBL Student's Performance

COMMITTEE III - TISSUE I
I. WEEK / 12 Jan –16 Jan 2026

	Monday 12-Jan-2026	Tuesday 13-Jan-2026			Wednesday 14-Jan-2026	Thursday 15-Jan-2026	Friday 16-Jan-2026
09.00- 09.50	PBL Session	Clinical Skills Learning ICP I Patient-Casualty Transportation / Bandaging Techniques <i>M. Yazıcıoğlu</i> <i>R. Sarıyıldız</i>			Lecture Introduction to Arthrology <i>Erdem Söztutar</i>	Lecture Asymmetric Distribution& Transport of Ions <i>Bilge Güvenç Tuna</i>	Lecture / SRPC I Scientific Study Design and Types of Scientific Research <i>Arzu Aral</i>
10.00- 10.50		Group A	Group B Sci. Res. & P. I Small Group Studies	Group C, D and E Indepe ndent Learnin g	Lecture Introduction to Arthrology <i>Erdem Söztutar</i>	Lecture Asymmetric Distribution& Transport of Ions <i>Bilge Güvenç Tuna</i>	Lecture / SRPC I How to Prepare and Write a Scientific Project? <i>Arzu Aral</i>
11.00- 11.50					Lecture Neuromuscular Transmission <i>Burcu Gemici Başol</i>	Lecture Histology of Glandular Epithelium <i>Aylin Yaba Uçar</i>	Lecture Cell Death and Molecular Mechanisms <i>Soner Doğan</i>
12.00- 12.50					Introductory Session Introduction to Committee III <i>Secretary of Committee III</i>	Lecture Skeletal Muscle Physiology <i>Burcu Gemici Başol</i>	Lecture Histology of Muscle Tissue; General Specification <i>Alev Cumbul</i>
13.00- 13.50	Lunch Break	Lunch Break			Lunch Break	Lunch Break	Lunch Break
14.00- 14.50	Lecture Histology of Covering Epithelium; Structure, Classification <i>Aylin Yaba Uçar</i>	Lecture Membrane Potentials and Action Potentials <i>Burcu Gemici Başol</i>			Health Law Forced treatment, Euthanasia <i>Ebru Asmaz</i>	Lecture Joints of the Upper Limb <i>Erdem Söztutar</i>	Laboratory/Anatomy Joints of the Upper Limb <i>Edibe Bilişli & Dr. Ahmet Saç / Gr A</i>
15.00- 15.50	Lecture <i>Histology of Covering Epithelium; Surface Specification</i> <i>Aylin Yaba Uçar</i>	Lecture Membrane Potentials and Action Potentials <i>Burcu Gemici Başol</i>			Health Law Forced treatment, Euthanasia <i>Ebru Asmaz</i>	Lecture Joints of the Upper Limb <i>Erdem Söztutar</i>	Laboratory/Anatomy Joints of the Upper Limb <i>Edibe Bilişli & Dr. Ahmet Saç / Gr B</i>
16.00- 16.50	Lecture Signal Transduction <i>Deniz Yat Kiraç</i>	Independent Learning			Health Law Proxy agreement, contractor agreement and liability <i>Ebru Asmaz</i>	Lecture Joints of the Upper Limb <i>Erdem Söztutar</i>	Independent Learning
17.00-17.50	Lecture Signal Transduction <i>Deniz Yat Kiraç</i>	Independent Learning			Health Law Proxy agreement, contractor agreement and liability <i>Ebru Asmaz</i>	Independent Learning	Independent Learning

MIDTERM BREAK

19 JAN 2026 - 30 JAN 2026

COMMITTEE III - TISSUE I
II. WEEK / 02 Feb– 06 Feb 2026

	Monday 02-Feb-2026	Tuesday 03-Feb-2026			Wednesday 04-Feb-2026			Thursday 05-Feb-2026		Friday 06-Feb-2026	
09.00- 09.50	PBL Session	Clinical Skills Learning ICP I Patient-Casualty Transportation / Bandaging Techniques <i>A. Eceviz</i>			Lecture Histology of Striated Skeletal Muscle <i>Alev Cumbul</i>			Independent Learning	Laboratory / Histology&Embryology Histology of Epithelial Tissue <i>Alev Cumbul & Aylin Yaba Uçar Group A</i>	Independent Learning	
10.00- 10.50		Group B	Group D Sci. Res. & P. Small Group Studies	Group A, C and E Independent Learning	Lecture Histology of Heart & Smooth Muscle <i>Alev Cumbul</i>			Laboratory/Anatomy Joints of Lower Limb <i>Edibe Bilişli & Dr. Ahmet Saç Group B</i>	Laboratory / Histology&Embryology Histology of Epithelial Tissue <i>Alev Cumbul & Aylin Yaba Uçar Group B</i>		
11.00- 11.50					Lecture Resting Membrane Potential: Ionic Balance <i>Bilge Güvenç Tuna</i>			Laboratory/Anatomy Joints of Lower Limb <i>Edibe Bilişli & Dr. Ahmet Saç Group A</i>		ICP MIDTERM EXAM	
12.00- 12.50					Independent Learning	Lecture Nernst and Goldman Equations <i>Bilge Güvenç Tuna</i>				Independent Learning	
13.00- 13.50	Lunch Break	Lunch Break			Lunch Break			Lunch Break		Lunch Break	
14.00- 14.50	Behavioral Science / Lecture Life Cycle: Pregnancy through Preschool <i>Instructors</i>	Lecture Joints of the Lower Limb <i>Erdem Söztutar</i>			Clinical Skills Learning ICP I Patient-Casualty Transportation / Bandaging Techniques <i>Cem Şimşek</i>			Lecture Joints of the Vertebral Column <i>Erdem Söztutar</i>		ELECTIVE WEEK I	Independent Learning
15.00- 15.50	Behavioral Science / Lecture Life Cycle; School Age, Adolescence and Adulthood <i>Instructors</i>	Lecture Joints of the Lower Limb <i>Erdem Söztutar</i>			Group C	Group E Sci. Res. & P. I Small Group Studies	Independent Learning	Lecture Joints of the Axial Skeleton <i>Erdem Söztutar</i>			
16.00- 16.50	Lecture Smooth Muscle Physiology <i>Burcu Gemici Başol</i>	Lecture Joints of the Lower Limb <i>Erdem Söztutar</i>						Lecture Physiology of Cardiac Muscle <i>Burcu Gemici Başol</i>		Independent Learning	ELECTIVE WEEK I
17.00-17.50	Lecture Smooth Muscle Physiology <i>Burcu Gemici Başol</i>	Independent Learning						Physiology of Cardiac Muscle <i>Burcu Gemici Başol</i>			

COMMITTEE III - TISSUE I
III. WEEK / 9 Feb – 13 Feb 2026

	Monday 9-Feb-2026	Tuesday 10-Feb-2026			Wednesday 11-Feb-2026	Thursday 12-Feb-2026	Friday 13-Feb-2026		
09.00- 09.50	Lecture Biophysical Modeling of Membrane & Ion Channels <i>Bilge Güvenç Tuna</i>	Clinical Skills Learning ICP I Patient-Casualty Transportation / Bandaging Techniques <i>Gökhan Gençer</i> <i>Hande Candemir</i>			Laboratory / Physiology EMG I &EMG II <i>Group D</i> <i>Burcu Gemici Başol</i>	Lecture Introduction to Myology <i>Erdem Söztutar</i>	Lecture Impulse Propagation <i>Bilge Güvenç Tuna</i>		
10.00- 10.50	Lecture Action potential: Rheobase and Chronaxie <i>Bilge Güvenç Tuna</i>	Group E and D	Sci. Res. & P. Small Group Studies Group A and C	Independent Learning Group B		Lecture Introduction to Myology <i>Erdem Söztutar</i>	Lecture Contractile Machinery; Sliding Filament Theory <i>Bilge Güvenç Tuna</i>		
11.00- 11.50	Lecture What is Immunology? <i>Gülderen Yanıkkaya Demirel</i>				Lecture Blood; RBC and Platelets <i>Aylin Yaba Uçar</i>		Lecture Introduction to Peripheral Nervous System <i>Erdem Söztutar</i>		
12.00- 12.50	Lecture What is Immunology? <i>Gülderen Yanıkkaya Demirel</i>				Lecture Blood WBC, Blood Smear <i>Aylin Yaba Uçar</i>		Lecture Spinal Nerves <i>Erdem Söztutar</i>		
13.00- 13.50	Lunch Break	Lunch Break			Lunch Break	Lunch Break		Lunch Break	
14.00- 14.50	Lecture Joints of the Cranium and Fontanelles <i>Erdem Söztutar</i>	Lecture Histology of Connective Tissue Proper; Types <i>Alev Cumbul</i>			Laboratory / Physiology EMG I &EMG II <i>Group B</i> <i>Burcu Gemici Başol</i>	Lecture Molecular Mechanisms of Cancer <i>Deniz Yat Kırış</i>	ELECTIVE WEEK II	Independent Learning	
15.00- 15.50	Lecture Joints of the Cranium and Fontanelles <i>Erdem Söztutar</i>	Lecture Histology of Connective Tissue; Cells <i>Alev Cumbul</i>				Lecture Molecular Mechanisms of Cancer <i>Deniz Yat Kırış</i>			
16.00- 16.50	Lecture Development of the Muscular System <i>Alev Cumbul</i>	Laboratory/Anatomy Joints of the Axial Skeleton <i>Edibe Bilişli & Dr. Ahmet Saç</i> <i>Group A</i>			Laboratory / Physiology EMG I &EMG II <i>Group A</i> <i>Burcu Gemici Başol</i>	Independent Learning		Independent Learning	ELECTIVE WEEK II
17.00-17.50	Lecture Histology of Connective Tissue; Extracellular Matrix <i>Alev Cumbul</i>	Laboratory/Anatomy Joints of the Axial Skeleton <i>Edibe Bilişli & Dr. Ahmet Saç</i> <i>Group B</i>				Independent Learning			

COMMITTEE III - TISSUE I
IV. WEEK / 16 Feb –20 Feb 2026

	Monday 16-Feb-2026		Tuesday 17-Feb-2026		Wednesday 18-Feb-2026		Thursday 19-Feb-2026		Friday 20-Feb-2026	
09.00- 09.50	Independent Learning	Laboratory / Histology&Embr yology Histology of Muscle Tissue <i>Alev Cumbul & Aylin Yaba Uçar Group B</i>	Independent Learning		Lecture Muscles of the Back <i>Erdem Söztutar</i>		Independent Learning		Independent Learning	
10.00- 10.50	Laboratory/Anatomy Joints of the Cranium <i>Erdem Söztutar Group B</i>		Lecture /ICP I Lecture Introduction to Communication Skills <i>Tümay Sadıkoğlu</i>		Lecture Muscles of the Back and Nape <i>Erdem Söztutar</i>		Lecture Medicine in Anatolia, Medicine in Islam <i>Hakan Kırıl</i>		Independent Learning	
11.00- 11.50	Laboratory/Anatomy Joints of the Cranium <i>Erdem Söztutar Group A</i>	Laboratory / Histology&Embr yology Histology of Muscle Tissue <i>Alev Cumbul & Aylin Yaba Uçar Group A</i>	Lecture/ ICP I Basic Communication Skills Giving Information <i>Tümay Sadıkoğlu</i>		Laboratory / Histology&Embryo logy Histology of Connective Tissue and RBC <i>Alev Cumbul & Aylin Yaba Uçar Group B</i>	Independent Learning	Lecture Seljukian Medicine, Ottoman Medicine <i>Hakan Kırıl</i>		Lecture/ ICP I The Medical Interview <i>G.İzbırak</i>	
12.00- 12.50	Independent Learning		Lecture Haematopoiesis <i>Aylin Yaba Uçar</i>		Laboratory / Anatomy Muscles of the Back <i>Edibe Bilişli & Dr. Ahmet Saç Group A</i>	PROGRAM IMPROVEMENT SESSION <i>Phase Coordinator</i>				
13.00- 13.50	Lunch Break		Lunch Break		Lunch Break		Lunch Break		Lunch Break	
14.00- 14.50	Behavioral Science / Lecture The Biological Bases of Behavior <i>Instructors</i>		Common Compulsory Course Ataturk's Principles & History of Modern Turkey <i>Instructor</i>		Laboratory / Histology&Embryo logy Histology of Connective Tissue and RBC <i>Alev Cumbul & Aylin Yaba Uçar Group A</i>	Laboratory / Anatomy Muscles of the Back <i>Edibe Bilişli & Dr. Ahmet Saç Group B</i>	Lecture Chromosome Structure and Function <i>Deniz Yat Kıraç</i>		ELECTIVE WEEK III	Independent Learning
15.00- 15.50	Behavioral Science / Lecture The Biological Bases of Behavior <i>Instructors</i>					Independent Learning	Lecture Chromosomal Abnormalities <i>Deniz Yat Kıraç</i>			
16.00- 16.50	Common Compulsory Course Anatomical Drawing <i>Refik Aziz</i>		AFYA for International Students	Independent Learning for Turkish Students	Lecture History Taking as a Clinical Skill <i>G.İzbırak</i>		Common Compulsory Course Turkish Language & Literature <i>Instructor</i>	AFYA for International Students	Independent Learning	ELECTIVE WEEK III
17.00-17.50										

COMMITTEE III - TISSUE I
V. WEEK / 23 Feb – 27 Feb 2026

	Monday 23-Feb-2026	Tuesday 24-Feb-2026	Wednesday 25-Feb-2026	Thursday 26-Feb-2026		Friday 27-Feb-2026		
09.00- 09.50	Lecture Breakthrough Discoveries in Medicine <i>Hakan Kırıl</i>	Independent Learning	Independent Learning	Laboratory / Physiology Smooth Muscle Contractility <i>Burcu Gemici Başol</i> <i>Group B</i>	Laboratory / Medical Biology Gene Identification in Cancer A. Özer, S. Doğan, D. Kıraç, S. Güleç Yılmaz, M. Altinkılıç <i>Group A</i>	Laboratory / Physiology Cardiac Muscle with PhysioEx <i>Burcu Gemici Başol</i> <i>Group C</i>	Laboratory / Medical Biology Gene Identification in Cancer A. Özer, S. Doğan, D. Kıraç, S. Güleç Yılmaz, M. Altinkılıç <i>Group B</i>	
10.00- 10.50	Lecture Breakthrough Discoveries in Medicine <i>Hakan Kırıl</i>			Laboratory / Physiology Smooth Muscle Contractility <i>Burcu Gemici Başol</i> <i>Group C</i>		Laboratory / Physiology Cardiac Muscle with PhysioEx <i>Burcu Gemici Başol</i> <i>Group D</i>		
11.00- 11.50	Lecture Chromosomal Abnormalities <i>Deniz Yat Kıraç</i>	Lecture Smooth Muscle <i>Bilge Güvenç Tuna</i>	Laboratory / Medical Biology Gene Identification in Cancer A. Özer, S. Doğan, D. Kıraç, S. Güleç Yılmaz, M. Altinkılıç <i>Group E</i>	Laboratory / Physiology Smooth Muscle Contractility <i>Burcu Gemici Başol</i> <i>Group D</i>	Laboratory / Medical Biology Gene Identification in Cancer A. Özer, S. Doğan, D. Kıraç, S. Güleç Yılmaz, M. Altinkılıç <i>Group C</i>	Laboratory / Physiology Cardiac Muscle with PhysioEx <i>Burcu Gemici Başol</i> <i>Group A</i>	Laboratory / Medical Biology Gene Identification in Cancer A. Özer, S. Doğan, D. Kıraç, S. Güleç Yılmaz, M. Altinkılıç <i>Group D</i>	
12.00- 12.50	Lecture Tools in Medical Biology <i>Deniz Yat Kıraç</i>	Lecture Muscle Mechanic; Mechanical Powers of Cardiac Smooth and Skeletal Muscle <i>Bilge Güvenç Tuna</i>		Laboratory / Physiology Smooth Muscle Contractility <i>Burcu Gemici Başol</i> <i>Group A</i>		Laboratory / Physiology Cardiac Muscle with PhysioEx <i>Burcu Gemici Başol</i> <i>Group B</i>		
13.00- 13.50	Lunch Break	Lunch Break	Lunch Break	Lunch Break		Lunch Break		
14.00- 14.50	Behavioral Science / Lecture Life Cycle; Aging, Death and Bereavement <i>Instructors</i>	Common Compulsory Course Ataturk's Principles & History of Modern Turkey <i>Instructor</i>	Health Law Complication and malpractice <i>Ebru Asmaz</i>	Lecture Cells and Tissues of Immune System <i>Gülderen Yanıkkaya Demirel</i>		ELECTIVE WEEK IV	Independent Learning	
15.00- 15.50	Behavioral Science / Lecture Life Cycle; Aging, Death and Bereavement <i>Instructors</i>			Lecture Cells and Tissues of Immune System <i>Gülderen Yanıkkaya Demirel</i>				
16.00- 16.50	Common Compulsory Course Anatomical Drawing <i>Refik Aziz</i>	AFYA for International Students	Indepen dent Learnin g for Turkish Student s	Health Law Criminal responsibility <i>Ebru Asmaz</i>	Common Compulsory Course Turkish Language & Literature <i>Instructor</i>	AFYA for International Students	Independent Learning	ELECTIVE WEEK IV
17.00-17.50								

COMMITTEE III - TISSUE I
VI. WEEK / 02 Mar – 06 Mar 2026

	Monday 02-Mar-2026	Tuesday 03-Mar-2026		Wednesday 04-Mar-2026	Thursday 05-Mar-2026		Friday 06-Mar-2026	
09.00- 09.50	Independent Learning	Independent Learning		Independent Learning	Independent Learning		Assessment Session Histology&Embryology, Physiology, Anatomy, Medical Biology (Practical Exam)	
10.00- 10.50				Assessment Session Committee III (MCQ)				
11.00- 11.50								
12.00- 12.50								
13.00- 13.50	Lunch Break	Lunch Break		Lunch Break	Lunch Break		Program Evaluation Session Review of the Exam Questions Evaluation of the Committee III Program <i>Head of Committee</i>	
14.00- 14.50	Independent Learning	Common Compulsory Course Ataturk's Principles & History of Modern Turkey <i>Instructor</i>		Independent Learning	Independent Learning		ELECTIVE WEEK V	Independent Learning
15.00- 15.50								
16.00- 16.50	Common Compulsory Course Anatomical Drawing <i>Refik Aziz</i>	AFYA for International Students	Independent Learning for Turkish Students		Common Compulsory Course Turkish Language & Literature <i>Instructor</i>	AFYA for International Students	Independent Learning	ELECTIVE WEEK V
17.00-17.50								

COMMITTEE IV - TISSUE II

DISTRIBUTION of LECTURE HOURS

March 9, 2026 - April 30 , 2026 COMMITTEE DURATION: 8 WEEKS

COURSES					
	BASIC MEDICAL SCIENCES I	THEO.	PRAC./LAB	SMALL GROUPS DISCUSSION	TOTAL
	DISCIPLINE/COMPONENTS				
	ANATOMY	27	2Grx11H	0	38
	BEHAVIORAL SCIENCES	8	0	0	8
	BIOCHEMISTRY	32	4Grx2H	0	34
	BIOPHYSICS	6	0	0	6
	BIOSTATISTICS	12	0	0	12
	HISTOLOGY & EMBRYOLOGY	8	2Grx4H	0	12
	MEDICAL BIOLOGY	9	5Grx2H	0	11
	IMMUNOLOGY	4	0	0	4
	SCIENTIFIC RESEARCH AND PROJECT	0	0	5GrX3H	3
	PBL			6	6
	TOTAL	106	19	9	134
MED 104					
MED 103	ANATOMICAL DRAWING	0	14	0	14
MED 102	INTRODUCTION to CLINICAL PRACTICE-I	0	5GrX4H	0	4
HTR 302	ATATÜRK'S PRINCIPLES & HISTORY OF MODERN TURKEY	14	0	0	14
TKL 202	TURKISH LANGUAGE & LITERATURE	14	0	0	14
MED 611-637	FREE ELECTIVE COURSE	14	0	0	14
	INDEPENDENT LEARNING HOURS				68

Coordination Committee	Head	İnci ÖZDEN, PhD, Prof.
	Secretary	Seda GÜLEÇ YILMAZ, PhD, Prof.
	Member	Deniz KIRAÇ, PhD, Prof.

	Member	Aylin YABA UÇAR, PhD, Prof.
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COMMITTEE IV – TISSUE II
LECTURERS

COURSES		
MED 104-BASIC MEDICAL SCIENCES I	DISCIPLINE	LECTURES
	ANATOMY	Erdem SÖZTUTAR, MD, Assist. Prof. LAB: Edibe BİLİŞLİ KARA, DVM, PhD, Lecturer Ahmet SAÇ, MD, PhD, Lecturer
	BEHAVIORAL SCIENCES	Instructor
	BIOCHEMISTRY	İnci ÖZDEN, PhD, Prof. LAB: Yeşim ÖZARDA, PhD, Prof. Müge KOPUZ ALVAREZ NOVAL, PhD, Assist. Prof. Deniz DEMİRTAŞ, MD
	BIOPHYSICS	Bilge GÜVENÇ TUNA, PhD, Assoc. Prof.
	BIOSTATISTICS	E. Çiğdem KELEŞ, PhD, Assist. Prof.
	HISTOLOGY & EMBRYOLOGY	Aylin YABA UÇAR, PhD, Prof.
		Alev CUMBUL, PhD, Assoc. Prof.
	MEDICAL BIOLOGY	Ayşe ÖZER, PhD, Prof.
		Soner DOĞAN, PhD, Prof.
		Deniz KIRAÇ, PhD, Prof.
		Seda GÜLEÇ YILMAZ, PhD, Prof.
		E.Murat ALTINKILIÇ, PhD, Assist. Prof.
	IMMUNOLOGY	Gülderen YANIKKAYA DEMİREL, MD, PhD, Prof.
		Başak ARU, PhD, Assist. Prof.
	SCIENTIFIC RESEARCH AND PROJECT I	Arzu Aral, MD, Prof. Aylin Yaba UÇAR, PhD, Prof. (Responsible Faculty Member/Lecturer)

MED 102- INTRODUCTION to CLINICAL PRACTICE I (ICP-I)		Güldal İZBIRAK, MD, Prof. Tümay SADIKOĞLU, MD, Assist. Prof. Duygu ALTIPARMAK, MD, Specialist, Instructor E. Güler ÜNVER, MD, Specialist, Instructor
MED 103- ANATOMICAL DRAWING		Refik AZİZ, PhD, Assist. Prof.
HTR 302- ATATÜRK'S PRINCIPLES & HISTORY OF MODERN TURKEY		Instructor
TKL 202- TURKISH LANGUAGE & LITERATURE		Instructor
AFYA 102- TURKISH LANGUAGE		Instructor

COMMITTEE IV – TISSUE II

AIM AND LEARNING OBJECTIVES

AIM

1. **to convey** basic terms and concepts for anatomy, embryology, histology, immunology, biostatistics, biophysics, biochemistry, behavioral sciences, and medical biology.
2. **to convey** knowledge on four fundamental tissues forming the body, cells forming these tissues and the intercellular material.
3. **to convey** knowledge on system-specific (upper extremities, back and chest area muscles, vascular and nervous innervations) anatomy and its clinical applications.
4. **to convey** knowledge on basic metabolic pathways of the body.

LEARNING OBJECTIVES

KNOWLEDGE

At the end of this committee, student should be able to;

- 1.0. describe anatomical properties of the upper extremity and axial muscles.
- 2.0. describe the clinical implications of the anatomical features of the upper extremity and axial muscles.
- 3.0. define consciousness,
- 4.0. define stages of sleep and sleep-related disorders
- 5.0. define neurophysiology of perception
- 6.0. explain forms of learning (sensitization/habituation, sensory and motor learning, classical and operant conditioning, reinforcement, extinction, social-cognitive learning, observational learning) and neural bases of memory formation
- 7.0. for biomolecules;
 - 7.1. define structural and biochemical functions of carbohydrates, lipids, proteins and nucleotides
- 8.0. for enzymes;
 - 8.1. list basic properties and classes of enzymes,
 - 8.2. describe regulatory functions of enzymes,
 - 8.3. define the functions of enzymes in different metabolic pathways
- 9.0. describe the ATP production by substrate level phosphorylation and oxidative phosphorylation
- 10.0. for biophysics,
 - 10.1. explain basic physical properties of biomaterials (such as bone and vessels)
 - 10.2. know basic properties of digital biomedical signals
- 11.0 for main concepts of biostatistics
 - 11.1. explain the main concepts of statistic
 - 11.2. list the names of the data types
 - 11.3. list the types of the graphics
 - 11.4. describe a frequency distribution
- 12.0 list the types of descriptive statistics for cartilage and bone tissue;
- 13.0. For cartilage, bone and adipose tissue;
 - 13.1. explain general microscopic characteristics
 - 13.2. summarize the main similarities and differences between different types of cartilage
 - 13.3. explain histological characteristics of the bone cells
 - 13.4. describe the main similarities and differences between different types of bone
 - 13.5. explain steps of the ossification types
 - 13.6. explain the developmental stages of bone formation
- 14.0. For nervous tissue;
 - 14.1. define the general histological structure of nervous tissue
 - 14.2. define the structure and function of neuronal and glial cells.
- 15.0 for medical biology,

- 15.1 define basic concepts of inherited diseases
- 15.2 explain the epigenetics, nutrigenomics and pharmacogenetics
- 15.3 explain fundamental concepts of stem cell and gene therapy
- 15.4 define the biological aspects of development
- 16.0 define the basics of immune response
- 17.0 explain case scenario related basic medical science topics in a clinical context.

SKILLS

- 1.0 apply basic laboratory techniques and use equipment.
- 2.0 for biostatistics,
 - 2.1 apply descriptive statistics for a given data set.
 - 2.2. demonstrate a given data set using graphics.
- 3.0 use biopsychosocial approach on medical practice.
 - 3.1. display (demonstrate) scientific reasoning, information literacy and skills of self-directed, life-long learning.
 - 3.2. present and write a scientific article

ATTITUDES

- 1.0. value teamwork, interpersonal skills, and significance of psychosocial issues

COMMITTEE IV – TISSUE II
COMMITTEE ASSESSMENT MATRIX

LEARNING OBJECTIVES	DISCIPLINES	LECTURER / INSTRUCTOR	DISTRIBUTION of MCQs and SbMCQ			
			CE	FE	IE	TOTAL
1.0 – 2.0	ANATOMY	Dr. E. Söztutar	25	13	13	51
3.0 – 6.0	BEHAVIORAL SCIENCE	Behavioral Science Lecturer	8	4	4	16
7.0 – 9.0	BIOCHEMISTRY	Dr. İ. Özden	30	15	15	60
10.0	BIOPHYSICS	Dr. B.G. Tuna	4	1	1	6
11.0,12.0	BIOSTATISTICS	Dr. Ç. Keleş	11	6	6	23
13.0, 14.0	HISTOLOGY & EMBRYOLOGY	Dr. A. Yaba Uçar	8	4	4	16
		Dr. A. Cumbul				
15.0	MEDICAL BIOLOGY	Dr. S. Doğan Dr. D. Kırac Dr. E.M. Altinkılıç	9	4	4	17
16.0	IMMUNOLOGY	Dr. G. Yanıkkaya Demirel	4	2	2	8
17.0	PBL	PBL Scenario	1	-	-	1
TOTAL			100	49/200[#]	49/200[#]	198
LEARNING OBJECTIVES		DISCIPLINE	DISTRIBUTION of LAB POINTS LPE			
1.0 – 2.0 SKILLS. 1.0		ANATOMY	70			
7.0 – 9.0 SKILLS. 1.0		BIOCHEMISTRY	10			
13.0 – 14.0 SKILLS. 1.0		HISTOLOGY & EMBRYOLOGY	10			
15.0 SKILLS. 1.0		MEDICAL BIOLOGY	10			
TOTAL			100			

Total number of MCQs are 100 (each question has equal value)

Total value of LPE is equal to 100 points

CS = 95% of [90% CE (MCQ+EQ) + 10% (LPE)] + 5% of PBL-P

[#]In FE and ICE 49 out of 200 MCQs will be from this Committee (Each question has equal value).

Abbreviations:

MCQ: Multiple Choice Question, **SbMCQ:** Multiple Choice Questions which are based on a clinical, research or daily life scenario,

LPE: Practical Lecture Evaluation **CE:** Committee Exam **CS:** Committee Score **FE:** Final Exam **ICE:** Incomplete Exam **PBL-P:** Evaluation of PBL Student's Performance

COMMITTEE IV -TISSUE II - WEEK I /
09 – 13 March 2026

	Monday 09-Mar-2026	Tuesday 10-Mar-2026			Wednesday 11-Mar-2026	Thursday 12-Mar-2026	Friday 13-Mar-2026
09.00- 09.50	PBL Session	Clinical Skills Learning ICP I Patient-Doctor Communication Skills Using SPs <i>G İzbırak & T. Sadıkoğlu & D Altıparmak & G.Ünver</i>			Lecture Histology of Adipose Tissue <i>Alev Cumbul</i>	Lecture Classification of Carbohydrates, General Features of Carbohydrates <i>İnci Özden</i>	WHITE COAT CEREMONY
10.00- 10.50		Group A	Sci. Res. & P. Small Group Studies Group B	Independent Learning C, D, E	Lecture Histology of Adipose Tissue <i>Alev Cumbul</i>	Lecture Monosaccharide Derivatives, Disaccharides, Polysaccharides, Starch, Glycogen <i>İnci Özden</i>	
11.00- 11.50					Lecture Main Concepts in Biostatistics <i>E. Çığdem Keleş</i>	Lecture Frequency Distributions <i>E. Çığdem Keleş</i>	
12.00- 12.50					Introductory Session Introduction to Committee IV <i>Head of Committee IV</i>	Lecture Main Concepts in Biostatistics <i>E. Çığdem Keleş</i>	
13.00- 13.50	Lunch Break	Lunch Break			Lunch Break	Lunch Break	
14.00- 14.50	Lecture Muscles of the Shoulder Girdle and Axilla <i>Erdem Söztutar</i>	Common Compulsory Course Atatürk's Principles & History Of Modern Turkey (HTR 302) <i>Instructor</i>			Lecture Nucleotides <i>İnci Özden</i>	Independent Learning	
15.00- 15.50	Lecture Muscles of the Shoulder Girdle and Axilla <i>Erdem Söztutar</i>				Lecture Nucleotides <i>İnci Özden</i>		
16.00- 16.50	Common Compulsory Course Anatomical Drawig <i>Refik Aziz</i>	AFYA for International Students	Independent Learning for Turkish Students	Laboratory / Anatomy Muscles of the Shoulder Girdle and Axilla <i>Ahmet Saç/Edibe Bilişli Group B</i>	Common Compulsory Course Turkish Language & Literature <i>Instructor</i>	AFYA for International Students	
17.00-17.50				Laboratory / Anatomy Muscles of the Shoulder Girdle and Axilla <i>Ahmet Saç/Edibe Bilişli Group A</i>			

COMMITTEE IV - TISSUE II - WEEK II /
16 – 20 March 2026

	Monday 16-Mar-2026	Tuesday 17-Mar-2026	Wednesday 18-Mar-2026	Thursday 19-Mar-2026	Friday 20-Mar-2026
09.00-09.50	PBL Session	Lecture Muscles of the Arm <i>Erdem Söztutar</i>	Lecture Monosaccharide Derivatives, Disaccharides, Polysaccharides, Starch, Glycogen <i>Inci Özden</i>	RELIGIOUS HOLIDAY	RELIGIOUS HOLIDAY
10.00-10.50		Lecture Muscles of the Arm <i>Erdem Söztutar</i>	Lecture Glycosaminoglycans, Structures and Functions <i>Inci Özden</i>		
11.00-11.50		Lecture Graphics <i>E. Çiğdem Keleş</i>	Lecture Development of the Axial Skeleton and Limb <i>Alev Cumbul</i>		
12.00-12.50	Independent Learning	Lecture Central Tendency measurements <i>E. Çiğdem Keleş</i>	Lecture Development of Bone Tissue <i>Alev Cumbul</i>		
13.00-13.50	Lunch Break	Lunch Break	Lunch Break		
14.00-14.50	Lecture Digital recording of biomedical signals <i>Bilge Güvenç Tuna</i>	Common Compulsory Course Atatürk's Principles & History Of Modern Turkey (HTR 301, 302) <i>Instructor</i>	Lecture Histology of Bone Tissue; Microscopic Structure <i>Alev Cumbul</i>		
15.00-15.50	Lecture Digital recording of biomedical signals <i>Bilge Güvenç Tuna</i>		Lecture Histology of Bone Tissue; Microscopic Structure <i>Alev Cumbul</i>		
16.00-16.50	Common Compulsory Course Anatomical Drawing <i>Refik Aziz</i>	AFYA for International Students	Independent Learning for Turkish Students	Laboratory / Anatomy Muscles of the Arm <i>Ahmet Saç/Edibe Bilişli</i> Group A	
17.00-17.50				Laboratory / Anatomy Muscles of the Arm <i>Ahmet Saç/Edibe Bilişli</i> Group B	

COMMITTEE IV - TISSUE II - WEEK III /
23-27 March 2026

	Monday 23-Mar-2026	Tuesday 24-Mar-2026			Wednesday 25-Mar-2026	Thursday 26-Mar-2026		Friday 27-Mar-2026		
09.00- 09.50	Lecture Classification of Lipids, General Features of Lipids <i>Inci Özden</i>	Clinical Skills Learning ICP I Patient-Doctor Communication Skills Using SPs <i>G İzbirak & T. Sadıkoğlu & D Altıparmak & G. Ünver</i>			Lecture Mechanical Properties of Biomaterials <i>Bilge Güvenç Tuna</i>	Lecture Brachial Plexus <i>Erdem Söztutar</i>		Lecture Triacylglycerols <i>Inci Özden</i>		
10.00- 10.50	Lecture Classification of Lipids, General Features of Lipids <i>Inci Özden</i>	Group B	Sci. Res. & P. I Small Group Studies Group C	Independent Learning D, E, A	Lecture Stress-Strain, Stiffness <i>Bilge Güvenç Tuna</i>	Lecture Brachial Plexus <i>Erdem Söztutar</i>		Lecture Triacylglycerols <i>Inci Özden</i>		
11.00- 11.50	Lecture Muscles of the Forearm <i>Erdem Söztutar</i>				Laboratory / Anatomy Muscles of the Forearm <i>Ahmet Saç/Edibe Bilişli Group B</i>		Laboratory / Anatomy Muscles of the Hand <i>Ahmet Saç/Edibe Bilişli Group A</i>		Lecture <i>Nerves of the Upper Limb</i> <i>Erdem Söztutar</i>	
12.00- 12.50	Lecture Muscles of the Forearm <i>Erdem Söztutar</i>				Laboratory / Anatomy Muscles of the Forearm <i>Ahmet Saç/Edibe Bilişli Group A</i>		Laboratory / Anatomy Muscles of the Hand <i>Ahmet Saç/Edibe Bilişli Group B</i>		Lecture <i>Vasculature of the Upper Limb</i> <i>Erdem Söztutar</i>	
13.00- 13.50	Lunch Break	Lunch Break			Lunch Break	Lunch Break		Lunch Break		
14.00- 14.50	Behavioral Science / Lecture Sleep and Sleep Disorders <i>Instructors</i>	Common Compulsory Course Atatürk's Principles & History Of Modern Turkey (HTR 302) <i>Instructor</i>			Lecture Saturated and Unsaturated Fatty Acids, Essential Fatty Acids <i>Inci Özden</i>	Lecture Central Tendency measurements <i>E. Çiğdem Keleş</i>		ELECTIVE WEEK VI	Independent Learning	
15.00- 15.50	Behavioral Science / Lecture Substance Related Disorders <i>Instructor</i>				Lecture Saturated and Unsaturated Fatty Acids, Essential Fatty Acids <i>Inci Özden</i>	Lecture Central Tendency measurements <i>E. Çiğdem Keleş</i>				
16.00- 16.50	Common Compulsory Course Anatomical Drawing <i>Refik Aziz</i>	AFYA for International Students	Independent Learning for Turkish Students	Lecture Muscles of the Hand <i>Erdem Söztutar</i>	Common Compulsory Course Turkish Language & Literature <i>Instructor</i>	AFYA for International Students	Independent Learning	ELECTIVE WEEK VI		
17.00-17.50				Lecture Muscles of the Hand <i>Erdem Söztutar</i>						

COMMITTEE IV - TISSUE II - WEEK IV /
30 March – 3 April 2026

	Monday 30-Mar-2026	Tuesday 31-Mar-2026		Wednesday 01-Apr-2026	Thursday 02-Apr-2026		Friday 03-Apr-2026	
09.00- 09.50	Lecture Cervical Muscles and Triangles <i>Erdem Söztutar</i>	Lecture Cervical Plexus and Vasculature of the Neck <i>Erdem Söztutar</i>		Lecture Glycerophospholipids, Sphingophospholipids <i>İnci Özden</i>	Independent Learning		Lecture <i>Eicosanoids</i> <i>İnci Özden</i>	
10.00- 10.50	Lecture Cervical Muscles and Triangles <i>Erdem Söztutar</i>	Lecture Cervical Plexus and Vasculature of the Neck <i>Erdem Söztutar</i>		Lecture Glycerophospholipids, Sphingophospholipids <i>İnci Özden</i>	Lecture Nerves of the Head <i>Erdem Söztutar</i>		Lecture <i>Eicosanoids</i> <i>İnci Özden</i>	
11.00- 11.50	Laboratory / Anatomy Brachial Plexus, Nerves and Vasculature of the Upper Limb <i>Ahmet Saç/Edibe Bilişli</i> Group B	Lecture Central Dispersion measurements <i>E.Çiğdem Keleş</i>		Laboratory / Anatomy Cervical Muscles and Triangles <i>Ahmet Saç/Edibe Bilişli</i> Group B	Lecture Vasculature of the Head <i>Erdem Söztutar</i>		Lecture Histology of Tissue: General Specification <i>Aylin Yaba Uçar</i>	
12.00- 12.50	Laboratory / Anatomy Brachial Plexus, Nerves and Vasculature of the Upper Limb <i>Ahmet Saç/Edibe Bilişli</i> Group A	Lecture Central Dispersion measurements <i>E.Çiğdem Keleş</i>		Laboratory / Anatomy Cervical Muscles and Triangles <i>Ahmet Saç/Edibe Bilişli</i> Group A	Lecture Muscles of the Thoracic Wall <i>Erdem Söztutar</i>		Lecture Histology of Nerve Tissue: Neuron Types <i>Aylin Yaba Uçar</i>	
13.00- 13.50	Lunch Break	Lunch Break		Lunch Break	Lunch Break		Lunch Break	
14.00- 14.50	Behavioral Science / Lecture Psychoanalythic Theory and Defense Mechanism <i>Instructors</i>	Common Compulsory Course Atatürk's Principles & History Of Modern Turkey (HTR 302) <i>Instructor</i>		Lecture Muscles of the Head and Scalp <i>Erdem Söztutar</i>	Independent Learning		ELECTIVE WEEK VII	Independent Learning
15.00- 15.50	Behavioral Science / Lecture Psychoanalythic Theory and Defense Mechanism <i>Instructors</i>			Lecture Muscles of the Head and Scalp <i>Erdem Söztutar</i>				
16.00- 16.50	Common Compulsory Course Anatomical Drawing <i>Refik Aziz</i>	AFYA for International Students	Independent Learning for Turkish Students	Laboratory / Anatomy Muscles of the Head and Scalp <i>Ahmet Saç/Edibe Bilişli</i> Group A	Common Compulsory Course Turkish Language & Literature <i>Instructor</i>	AFYA for International Students	Independent Learning	ELECTIVE WEEK VII
17.00-17.50				Laboratory / Anatomy Muscles of the Head and Scalp <i>Ahmet Saç/Edibe Bilişli</i> Group B				

COMMITTEE IV - TISSUE II - WEEK V /
6 – 10 April 2026

	Monday 06-Apr-2026			Tuesday 07-Apr-2026			Wednesday 08-Apr-2026	Thursday 09-Apr-2026		Friday 10-Apr-2026		
09.00- 09.50	Clinical Skills Learning ICP I Patient-Doctor Communication Skills Using SPs <i>G İzbırak & T. Sadıkoğlu & D Altıparmak & G.Ünver</i>			Clinical Skills Learning ICP I Patient-Doctor Communication Skills Using SPs <i>G İzbırak & T. Sadıkoğlu & D Altıparmak & G.Ünver</i>			Lecture Amino Acids, General Features, Classification <i>Inci Özden</i>	Laboratory / Histology&Embryology Histology of Cartilage Tissue and Bone Tissue <i>Alev Cumbul & Aylin Yaba Uçar</i> Group B	Laboratory / Anatomy Cervical Plexus and Vasculature of the Neck <i>Ahmet Saç/Edibe Bilişli</i> Group A	Lecture Epigenetics, Nutrigenetics <i>Soner Doğan</i>		
10.00- 10.50	Group C	Sci. Res. & P. I Small Group Studies Group D	Independent Learning E, A, B	Group D	Sci. R. And P.I Small Group Studies Group E	Independent Learning A, B, C	Lecture Amino Acids, General Features, Classification <i>Inci Özden</i>	Laboratory / Histology&Embryology Histology of Cartilage Tissue and Bone Tissue <i>Alev Cumbul & Aylin Yaba Uçar</i> Group B	Laboratory / Anatomy Nerves and Vasculature of the Head <i>Ahmet Saç/Edibe Bilişli</i> Group A	Lecture Epigenetics, Nutrigenetics <i>Soner Doğan</i>		
11.00- 11.50							Lecture Elasticity <i>Bilge Güvenç Tuna</i>		Laboratory / Histology&Embryology Histology of Cartilage Tissue and Bone Tissue <i>Alev Cumbul & Aylin Yaba Uçar</i> Group A	Laboratory / Anatomy Cervical Plexus and Vasculature of the Neck <i>Ahmet Saç/Edibe Bilişli</i> Group B	Lecture Nerves and Vasculature of Thoracic and Abdominal Walls <i>Erdem Söztutar</i>	
12.00- 12.50							Lecture Shear Stress, Poisson's Law <i>Bilge Güvenç Tuna</i>		Laboratory / Histology&Embryology Histology of Cartilage Tissue and Bone Tissue <i>Alev Cumbul & Aylin Yaba Uçar</i> Group A	Laboratory / Anatomy Nerves and Vasculature of the Head <i>Ahmet Saç/Edibe Bilişli</i> Group B	Lecture Nerves and Vasculature of Thoracic and Abdominal Walls <i>Erdem Söztutar</i>	
13.00- 13.50	Lunch Break			Lunch Break			Lunch Break	Lunch Break		Lunch Break		
14.00- 14.50	Lecture Isoprene Derivatives, Steroids, Bile Acids <i>Inci Özden</i>			Common Compulsory Course Atatürk's Principles & History Of Modern Turkey (HTR 302) <i>Instructor</i>			Lecture Innate Immunity <i>Gülderen Yanıkkaya Demirel</i>	Lecture Glycoproteins, Collagen, α keratin <i>Inci Özden</i>		ELECTIVE WEEK VIII	Independent Learning	
15.00- 15.50	Lecture Isoprene Derivatives, Steroids, Bile Acids <i>Inci Özden</i>						Lecture Innate Immunity <i>Gülderen Yanıkkaya Demirel</i>	Lecture Glycoproteins, Collagen, α keratin <i>Inci Özden</i>				
16.00- 16.50	Common Compulsory Course Anatomical Drawing <i>Refik Aziz</i>			AFYA for International Students	Independent Learning for Turkish Students	Lecture Muscles of the Abdominal Wall and Inguinal Canal <i>Erdem Söztutar</i>	Common Compulsory Course Turkish Language & Literature <i>Instructor</i>	AFYA for International Students	Independent Learning	ELECTIVE WEEK VIII		
17.00-17.50						Lecture Muscles of the Abdominal Wall and Inguinal Canal <i>Erdem Söztutar</i>						

COMMITTEE IV - TISSUE II
WEEK VI / 13 - 17 April 2026

	Monday 13-Apr-2026	Tuesday 14-Apr-2026		Wednesday 15-Apr-2026	Thursday 16-Apr-2026		Friday 17-Apr-2026	
09.00- 09.50	Lecture Primary, Secondary, Tertiary, Quaternary Structures of Proteins <i>Inci Özden</i>	Clinical Skills Learning ICP I Patient-Doctor Communication Skills Using SPs <i>G İzbirak & T. Sadıkoğlu & D Altıparmak & G. Ünver</i>		Laboratory / Biochemistry Spectrophotometry All Groups <i>Y Özarda & M Kopuz & D. Demirtaş</i>	Laboratory / Histology&Embryology Histology of. Nerve Tissue <i>Alev Cumbul & Aylin Yaba Uçar</i> Group A	Laboratory / Anatomy Muscles of the ThoracoAbdominal Wall <i>Ahmet Saç/Edibe Bilişli</i> Group B	Laboratory / Med. Biology Population Genetics A. Özer, S. Doğan, D. Kırac, S. Güleç Yılmaz, M. Altinkılıç	
10.00- 10.50	Lecture Primary, Secondary, Tertiary, Quaternary Structures of Proteins <i>Inci Özden</i>	Group E	Sci. R. And P.I Small Group Studies Group A	Indepe ndent Learning B, C, D		Laboratory / Biochemistry Spectrophotometry <i>Y Özarda & M Kopuz & D. Demirtaş</i> Group A	Laboratory / Anatomy Nerves and Vasculature of the ThoracoAbdominal Wall <i>Ahmet Saç/Edibe Bilişli</i> Group B	Group C
11.00- 11.50	Lecture Rates and Ratios <i>E. Çiğdem Keleş</i>				Laboratory / Biochemistry Spectrophotometry <i>Y Özarda & M Kopuz & D. Demirtaş</i> Group B	Laboratory / Anatomy Muscles of the ThoracoAbdominal Wall <i>Ahmet Saç/Edibe Bilişli</i> Group A	Laboratory / Med. Biology Population Genetics A. Özer, S. Doğan, D. Kırac, S. Güleç Yılmaz, M. Altinkılıç	
12.00- 12.50	Lecture Standardization of Disease Rates <i>E. Çiğdem Keleş</i>				Laboratory / Biochemistry Spectrophotometry <i>Y Özarda & M Kopuz & D. Demirtaş</i> Group C	Laboratory / Anatomy Nerves and Vasculature of the ThoracoAbdominal Wall <i>Ahmet Saç/Edibe Bilişli</i> Group A	Group D	
13.00- 13.50	Lunch Break	Lunch Break		Lunch Break	Lunch Break		Lunch Break	
14.00- 14.50	Behavioral Science / Lecture Learning Theory <i>Instructors</i>	Common Compulsory Course Atatürk's Principles & History Of Modern Turkey (HTR 302) <i>Instructor</i>		Laboratory / Biochemistry Spectrophotometry <i>Y Özarda & M Kopuz & D. Demirtaş</i> Group D	Lecture Stem Cells <i>Soner Doğan</i>		ELECTIVE WEEK IX	Indepe ndent Learning
15.00- 15.50	Behavioral Science / Lecture Emotions <i>Instructors</i>			Lecture Pharmacogenetics <i>E. Murat Altinkılıç</i>	Lecture Gene Therapy <i>Soner Doğan</i>			
16.00- 16.50	Common Compulsory Course Anatomical Drawing <i>Refik Aziz</i>	AFYA for International Students	Independent Learning for Turkish Students	Lecture Enzymes, Kinetics,Regulatory Enzymes <i>Inci Özden</i>	Common Compulsory Course Turkish Language & Literature <i>Instructor</i>	AFYA for International Students	Independent Learning	ELECTIVE WEEK IX
17.00-17.50				Lecture Enzymes, Kinetics,Regulatory Enzymes <i>Inci Özden</i>				

COMMITTEE IV - TISSUE II
WEEK VII / 20 - 24 April 2026

	Monday 20-Apr -2026	Tuesday 21-Apr -2026	Wednesday 22-Apr -2026	Thursday 23-Apr -2026	Friday 24-Apr -2026
09.00- 09.50	Laboratory / Med. Biology Population Genetics A. Özer, S. Doğan, D. Kırac, S. Güleç Yılmaz, M. Altinkılıç	Lecture Biological Aspects of Development <i>Deniz Kırac</i>	Laboratory / Med. Biology Population Genetics A. Özer, S. Doğan, D. Kırac, S. Güleç Yılmaz, M. Altinkılıç	NATIONAL HOLIDAY	Lecture ATP Production, Substrate Level Phosphorylation, Oxidative Phosphorylation <i>İnci Özden</i>
10.00- 10.50		Lecture Biological Aspects of Development <i>Deniz Kırac</i>			Lecture Citric acid cycle <i>İnci Özden</i>
11.00- 11.50	Laboratory / Med. Biology Population Genetics A. Özer, S. Doğan, D. Kırac, S. Güleç Yılmaz, M. Altinkılıç	Lecture International Enzyme Commission Classification of Enzymes <i>İnci Özden</i>	Lecture ATP Production, Substrate Level Phosphorylation, Oxidative Phosphorylation <i>İnci Özden</i>		Discussion (Large Group) Overview <i>Erdem Söztutar</i>
12.00- 12.50		Lecture International Enzyme Commission Classification of Enzymes <i>İnci Özden</i>	Lecture ATP Production, Substrate Level Phosphorylation, Oxidative Phosphorylation <i>İnci Özden</i>		Discussion (Large Group) Overview <i>Erdem Söztutar</i>
13.00- 13.50	Lunch Break	Lunch Break	Lunch Break		Lunch Break
14.00- 14.50	Behavioral Science / Lecture Perception <i>Instructors</i>	Common Compulsory Course Atatürk's Principles & History Of Modern Turkey (HTR 302) <i>Instructor</i>	Lecture Adaptive Immunity <i>Gülderen Yanıkkaya Demirel</i>		Independent Learning
15.00- 15.50	Behavioral Science / Lecture Perception <i>Instructors</i>		Lecture Adaptive Immunity <i>Gülderen Yanıkkaya Demirel</i>		
16.00- 16.50	Common Compulsory Course Anatomical Drawing <i>Refik Aziz</i>	AFYA for International Students	Lecture Single Gene Inheritance <i>E. Murat Altinkılıç</i>		
17.00-17.50			Lecture Multifactorial Genetic Disorders <i>E. Murat Altinkılıç</i>		

COMMITTEE IV - TISSUE II
VIII. WEEK / 27 April - 01 May 2026

	Monday 27-Apr -2026	Tuesday 28-Apr -2026		Wednesday 29-Apr -2026	Thursday 30-Apr -2026		Friday 01--May -2026	
09.00- 09.50	Independent Learning	Independent Learning	Independent Learning	Independent Learning	Assessment Session Histology&Embryology Medical Biology Anatomy Biochemistry (Practical Exam)		Labor’s Day	
10.00- 10.50					Assessment Session Committee IV (MCQ)			
11.00- 11.50								
12.00- 12.50								Program Evaluation Session Review of the Exam Questions Evaluation of the Committee IV Program <i>Head of Committee</i>
13.00- 13.50	Lunch Break	Lunch Break		Lunch Break				
14.00- 14.50	Independent Learning	Common Compulsory Course Atatürk's Principles & History Of Modern Turkey (HTR 302) <i>Instructor</i>		Independent Learning	SRPC Journal Discussion			
15.00- 15.50								
16.00- 16.50	Common Compulsory Course Anatomical Drawing <i>Refik Aziz</i>	AFYA for International Students	Independent Learning for Turkish Students	Independent Learning	Common Compulsory Course Turkish Language & Literature <i>Instructor</i>	AFYA for International Students		
17.00-17.50								

COMMITTEE V - ENERGY and METABOLISM

DISTRIBUTION of LECTURE HOURS

May 4,2026 – June 19, 2026

COMMITTEE DURATION: 6 WEEKS

COURSES		THEO.	PRAC./LAB	SMALL GROUPS DISCUSSION	TOTAL
MED 104	BASIC MEDICAL SCIENCES I				
	DISCIPLINE/COMPONENTS				
	ANATOMY	14	2Grx5H	0	19
	BEHAVIORAL SCIENCES	10	0	0	10
	BIOCHEMISTRY	22	4Grx2H	0	24
	BIOSTATISTICS	12	4Grx1H	0	13
	HEALTH LAW	8	0	0	8
	HISTOLOGY and EMBRYOLOGY	9	2Grx2H	0	11
	MEDICAL BIOLOGY	2	0	0	2
	IMMUNOLOGY	4	0	0	4
	SCIENTIFIC RESEARCH AND PROJECT	0	0	5GrX3H	3
	PBL	0	0	6	6
	TOTAL	81	10	9	100
MED 102	INTRODUCTION to CLINICAL PRACTICE- I	1	5GrX4H		4
MED 103	ANATOMICAL DRAWING	0	8		8
HTR 302	ATATÜRK'S PRINCIPLES & HISTORY OF MODERN TURKEY	6	0		6
TKL 202	TURKISH LANGUAGE & LITERATURE	8	0		8
MED 611-637	FREE ELECTIVE COURSE	10	0		10
	INDEPENDENT LEARNING HOURS				73

Coordination Committee	Head	Alev CUMBUL, PhD, Assoc. Prof.
	Secretary	E. Murat ALTINKILIÇ, Assist. Prof.
	Member	Bilge GÜVENÇ TUNA, PhD, Assoc. Prof.
	Member	Erdem Söztutar, MD, Assist. Prof.

COMMITTEE V - ENERGY AND METABOLISM LECTURERS

COURSES	DISCIPLINES	LECTURERS
MED 104-BASIC MEDICAL SCIENCES I	ANATOMY	Erdem SÖZTUTAR, MD, Assist. Prof LAB: Edibe BİLİŞLİ KARA, DVM, PhD, Lecturer Ahmet SAÇ, MD, PhD, Lecturer
	BEHAVIORAL SCIENCES	Instructor
	BIOCHEMISTRY	İnci ÖZDEN, PhD, Prof. LAB: Yeşim ÖZARDA, PhD, Prof. Müge KOPUZ ALVAREZ NOVAL, PhD, Assist. Prof. Deniz DEMİRTAŞ, MD
	BIOSTATISTICS	E. Çiğdem KELEŞ, PhD, Assist. Prof.
	HEALTH LAW	Atty. Dr. Ebru Asmaz, MD, PhD
	HISTOLOGY & EMBRYOLOGY	Aylin Yaba UÇAR, PhD, Assoc. Prof.
		Alev CUMBUL, PhD, Assoc. Prof.
	IMMUNOLOGY	Gülderen YANIKKAYA DEMİREL, MD, PhD, Prof.
		Başak ARU, PhD, Assist. Prof.
	MEDICAL BIOLOGY	Ayşe Özer, PhD, Prof.
		Soner DOĞAN, PhD, Prof.
		Deniz KIRAÇ, PhD, Prof.
		Seda Güleç YILMAZ, PhD, Prof.
		E.Murat ALTINKILIÇ, PhD, Assist. Prof.
	SCIENTIFIC RESEARCH AND PROJECT I	Arzu ARAL, MD, Prof. Aylin Yaba UÇAR, PhD, Prof. (Responsible Faculty Member/Lecturer)
MED 102-INTRODUCTION to CLINICAL PRACTICE I (ICP-I)		Tümay SADIKOĞLU, MD, Assist. Prof
		Duygu ALTIPARMAK, MD, Specialist, Instructor
		E. Güler ÜNVER, Specialist, Instructor
MED 103-ANATOMICAL DRAWING		Refik AZİZ, PhD, Assist. Prof.
HTR 302-ATATÜRK'S PRINCIPLES & HISTORY OF MODERN TURKEY		Instructor
TKL 202-TURKISH LANGUAGE & LITERATURE		Instructor
AFYA 102-TURKISH LANGUAGE		Instructor

COMMITTEE V - ENERGY AND METABOLISM

AIMS AND LEARNING OBJECTIVES

AIM

- 1.0 **to convey** basic terms and concepts of medical biology, biostatistics, embryology, histology, immunology, biochemistry, behavioral sciences, and medical biology.
- 2.0 **to convey** knowledge on basic energy mechanisms of the body.
- 3.0 **to convey** knowledge on the process from zygote to formation of organs.
- 4.0 **to convey** knowledge on system-specific (lower extremities, muscles, vascular and nervous innervations) anatomy and its clinical applications.

LEARNING OBJECTIVES

At the end of this committee, student should be able to;

KNOWLEDGE

- 1.0. describe anatomical properties of the lower extremity muscles.
- 2.0. describe the clinical implications of the anatomical features of the lower extremity muscles.
- 3.0. understand the physiological bases of emotions and related behavior, human sexuality and the influences of culture in illness;
- 4.0. define abnormality; compare and contrast psychological disorders on the DSM system; determination of violence and abuse; legal and ethical issues in medicine and appropriate physician-patient relationship.
- 5.0. explain ATP synthesis in the human organism and enzymatic system that this synthesis occurs
- 6.0. list enzymes involved in blood clotting and their functions.
- 7.0. explain glycogen and glucose metabolisms.
- 8.0. for transport mechanisms in biological membranes;
 - 8.1. the permeability of biological membranes
 - 8.2. explain its correlation with ATP usage.
- 9.0. for probability
 - 9.1. describe the term of probability
 - 9.2. explain the rules of the probability
 - 9.3. list the probability distributions
- 10.0 for diagnosing tests
 - 10.1. list the names of the measurements that used to evaluate the accuracy of a diagnostic test. ,
 - 10.2 to explain the meanings of the values of these measurements.
- 11.0 for epidemiology,
 - 11.1. to explain the meaning of epidemiology,
 - 11.2. list the names of epidemiological studies.
 - 11.3. list the risk measurements that are used in epidemiological studies.
- 12.0 list developmental events respectively from somitogenesis to neurulation
- 13.0 Describe the process of foldings, angiogenesis and list developmental events respectively from organogenesis to parturition
- 14.0 explain developmental link between embryonic layers and tissues that form organs.
- 15.0 explain infertility, contraception and assisted reproductive techniques
- 16.0 explain the development of congenital anomalies
- 17.0 define the features of the mitochondrial genome
- 18.0 define the basics of immune response
- 19.0 explain case scenario related basic medical science topics in a clinical context.
- 20.0 explain case scenario related basic medical science topics in a clinical context. define the basic concepts of medical law rights of the patient and physician, concept of medical intervention

21.0 define the basic concepts of medical law rights of the patient and physician, concept of medical intervention

SKILLS

- 1.0 apply basic laboratory techniques and use of equipment.
- 2.0 for biostatistics,
 - 2.1. apply probability techniques for a given problem
 - 2.2. apply the measurements to evaluate the accuracy of a diagnostic test.
 - 2.3 apply risk measurements to evaluate the risk of the exposure in a given study.
- 3.0 use biopsychosocial approach on medical practice.
- 4.0 display (demonstrate) scientific reasoning, information literacy and skills of self-directed, life-long learning.
- 5.0 present and write a scientific article

ATTITUDES

- 1.0. value teamwork, interpersonal skills, and significance of psychosocial issues.

COMMITTEE V - ENERGY AND METABOLISM

COMMITTEE ASSESSMENT MATRIX

LEARNING OBJECTIVES	DISCIPLINE	LECTURER / INSTRUCTOR	DISTRIBUTION of MCQ			
			CE	FE	IE	TOTAL
1.0, 2.0	ANATOMY	Dr. E. Söztutar	17	7	7	31
3.0, 4.0	BEHAVIORAL SCIENCE	Behavioral Science	12	5	5	22
5.0 - 8.0	BIOCHEMISTRY	Dr. İ. Özden	27	10	10	47
9.0-11.0	BIOSTATISTICS	Dr. Ç. Keleş	15	5	5	25
12.0 - 16.0	HISTOLOGY & EMBRYOLOGY	Dr. A. Yaba Uçar	11	5	5	21
		Dr. A. Cumbul				
17.0	MEDICAL BIOLOGY	Dr. Soner Doğan	3	1	1	5
18.0	IMMUNOLOGY	Dr. G. Yanıkkaya Demirel	5	2	2	9
19.0	PBL	PBL Scenario	1	-	-	1
20.0	HEALTH LAW	Atty. Dr. Ebru Asmaz	9	3	3	15
		TOTAL	100	38/200[#]	38/200[#]	176
LEARNING OBJECTIVES		DISCIPLINE	DISTRIBUTION of LAB POINTS			
			LPE			
1.0 - 2.0 SKILLS. 1.0		ANATOMY	60			
5.0 - 8.0 SKILLS. 1.0		BIOCHEMISTRY	10			
9.0-11.0 SKILLS. 2.0		BIOSTATISTICS	10			
12.0 - 16.0 SKILLS. 1.0		HISTOLOGY & EMBRYOLOGY	20			
TOTAL			100			

Total number of MCQs are 100 (each question has equal value)

Total value of LPE is equal to 100 points

CS = 95% of [90% CE (MCQ+EQ) + 10% (LPE)] + 5% of PBL-P

[#]In FE and ICE, 37 out of 200 MCQs will be from this Committee (Each question has equal value).

Abbreviations:

MCQ: Multiple Choice Question, **SbMCQ:** Multiple Choice Questions which are based on a clinical, research or daily life scenario, **EQ:** Essay Questions * Biostatistics exam will be given separately before the committee exam date.

LPE: Practical Lecture Evaluation, **CE:** Committee Exam, **CS:** Committee Score, **FE:** Final Exam, **ICE:** Incomplete Exam, **PBL-P:** Evaluation of PBL Student's Performance

COMMITTEE V -ENERGY and METABOLISM
I. WEEK 04 - 08 May 2026

	Monday 04-May-2026	Tuesday 05-May-2026			Wednesday 06-May-2026			Thursday 07-May-2026		Friday 08-May-2026	
09.00- 09.50	PBL Session	Lecture ICP Vital Signs <i>T. Sadıkoğlu & D Altıparmak & G. Ünver</i>			Lecture ICP Vital Signs <i>T. Sadıkoğlu & D Altıparmak & G. Ünver</i>			Lecture Muscles of the Pelvic Girdle (Gluteal Region) <i>Erdem Söztutar</i>		Lecture Muscles of the Thigh <i>Erdem Söztutar</i>	
10.00- 10.50		Group A	Sci. Res. & P. I Small Group Studies Group B	Independent Learning C, D, E	Vital signs Group B	Group C Sci. Res. & P. I Small Group Studies	IL	Lecture Muscles of the Pelvic Girdle (Gluteal Region) <i>Erdem Söztutar</i>		Lecture Muscles of the Thigh <i>Erdem Söztutar</i>	
11.00- 11.50								Lecture Probability <i>E. Çiğdem Keleş</i>		Laboratory/Anatomy Muscles of the Pelvic Girdle (Gluteal Region) <i>Ahmet Saç/Edibe Bilişli Group A</i>	
12.00- 12.50	Introductory Session Introduction to Committee V <i>Secretary of Committee V</i>							Lecture Probability <i>E. Çiğdem Keleş</i>		Laboratory/Anatomy Muscles of the Pelvic Girdle (Gluteal Region) <i>Ahmet Saç/Edibe Bilişli Group B</i>	
13.00- 13.50	Lunch Break	Lunch Break			Lunch Break			Lunch Break		Lunch Break	
14.00- 14.50	Behavioral Science / Lecture Culture and illness <i>Instructors</i>	Common Compulsory Course Atatürk's Principles & History Of Modern Turkey (HTR 302)			Health Law Abortion and sterilization <i>Ebru Asmaz</i>			Lecture Digestion and Absorption of Carbohydrates <i>Inci Özden</i>		ELECTIVE WEEK X	Independent Learning
15.00- 15.50	Behavioral Science / Lecture Culture and Illness <i>Instructors</i>				Health Law Abortion and sterilization <i>Ebru Asmaz</i>			Lecture Digestion and Absorption of Carbohydrates <i>Inci Özden</i>			
16.00- 16.50	Common Compulsory Course Anatomical Drawing <i>Relik Aziz Instructor</i>	AFYA for International Students	Independent Learning For Turkish students	Health Law Gender affirming care and Surgery <i>Ebru Asmaz</i>			Common Compulsory Course Turkish Language & Literature (TKL202) <i>Instructor</i>	AFYA for International Students	Independent Learning	ELECTIVE WEEK X	
17.00-17.50				Health Law Gender affirming care and Surgery <i>Ebru Asmaz</i>							

COMMITTEE V -ENERGY and METABOLISM

II. WEEK 11 –15 May 2026

	Monday 11- May-2026	Tuesday 12 - May -2026			Wednesday 13- May -2026	Thursday 14- May -2026		Friday 15- May -2026	
09.00- 09.50	PBL Session	Lecture ICP Vital Signs <i>T. Sadıkoğlu & D Altıparmak & G. Ünver</i>			PROGRESS TEST	Lecture Glucogenolysis <i>Inci Özden</i>		Lecture Glucogenolysis <i>Inci Özden</i>	
10.00- 10.50		Group D and C	Sci. Res. & P. I Small Group Studies Group D	Independent Learning E, A, B		Lecture Glucogenolysis <i>Inci Özden</i>		Lecture Glucogenolysis <i>Inci Özden</i>	
11.00- 11.50						Lecture Muscles of the Leg <i>Erdem Söztutar</i>		Laboratory/ Anatomy Muscles of the Leg <i>Ahmet Saç/Edibe Bilişli Group A</i>	
12.00- 12.50						Independent Learning	Lecture Muscles of the Leg <i>Erdem Söztutar</i>		Laboratory/ Anatomy Muscles of the Leg <i>Ahmet Saç/Edibe Bilişli Group B</i>
13.00- 13.50	Lunch Break	Lunch Break				Lunch Break		Lunch Break	
14.00- 14.50	Behavioral Science / Lecture Human Sexuality <i>Instructors</i>	Common Compulsory Course Atatürk's Principles & History Of Modern Turkey (HTR 302) <i>Instructor</i>				Laboratory/Anatomy Muscles of the Thigh <i>Ahmet Saç/Edibe Bilişli Group B</i>		ELECTIVE WEEK XI	Independent Learning
15.00- 15.50	Behavioral Science / Lecture Violence and Abuse <i>Instructors</i>					Laboratory/Anatomy Muscles of the Thigh <i>Ahmet Saç/Edibe Bilişli Group A</i>			
16.00- 16.50	Common Compulsory Course Anatomical Drawing <i>Refik Aziz</i>	AFYA for International Students	Independent learning			Common Compulsory Course Turkish Language & Literature (TKL202) <i>Instructor</i>	AFYA for International Students	Independent learning	ELECTIVE WEEK XI
17.00-17.50									

COMMITTEE V -ENERGY and METABOLISM
III. WEEK / 18 – 22 May 2026

	Monday 18-May- 2026			Tuesday 19-May--2026	Wednesday 20 -May--2026		Thursday 21 -May-2026		Friday 22 -May-2026	
09.00- 09.50	Lecture ICP Vital Signs <i>T. Sadıkoğlu & D Altıparmak & G. Ünver</i>			NATIONAL HOLIDAY	Lecture Muscles of the Foot <i>Erdem Söztutar</i>		Independent Learning		Lecture Foldings and Body cavities <i>Alev Cumbul</i>	
10.00- 10.50	Group E	Sci. R. An P.I Small Group Studies Group E	Independent Learning A, B, C		Lecture Muscles of the Foot <i>Erdem Söztutar</i>		Laboratory/ Anatomy Muscles of the Foot <i>Ahmet Saç/Edibe Bilişli Group A</i>		Lecture 3rd month to birth: Organogenesis and Fetal Period <i>Alev Cumbul</i>	
11.00- 11.50					Lecture Third to Eight Weeks: Embryonic Period (Neurulation; Neuroectoderm Organization; Angiogenesis) <i>Alev Cumbul</i>		Laboratory/ Anatomy Muscles of the Foot <i>Ahmet Saç/Edibe Bilişli Group B</i>		Lecture Theoretical Distributions <i>E. Çiğdem Keleş</i>	
12.00- 12.50					Lecture Third to Eight Weeks: Embryonic Period (Neurulation; Neuroectoderm Organization; Angiogenesis) <i>Alev Cumbul</i>		Independent Learning		Lecture Theoretical Distributions <i>E. Çiğdem Keleş</i>	
13.00- 13.50	Lunch Break				Lunch Break		Lunch Break		Lunch Break	
14.00- 14.50	Behavioral Science / Lecture The Physician-Patient Relationship <i>Instructors</i>				Health Law False documentation <i>Ebru Asmaz</i>		Lecture Glycogenesis <i>İnci Özden</i>		ELECTIVE WEEK XII	Independent Learning
15.00- 15.50	Behavioral Science / Lecture The Physician-Patient Relationship <i>Instructors</i>				Health Law False documentation <i>Ebru Asmaz</i>		Lecture Glycogenesis <i>İnci Özden</i>			
16.00- 16.50	Common Compulsory Course Anatomical Drawing <i>Refik Aziz</i>				Health Law Health tourism <i>Ebru Asmaz</i>		Common Compulsory Course Turkish Language & Literature (TKL202) <i>Instructor</i>	AFYA for International Students	Independent Learning	ELECTIVE WEEK XII
17.00-17.50					Health Law Health tourism <i>Ebru Asmaz</i>					

COMMITTEE V -ENERGY and METABOLISM
IV. WEEK 25 –29 May 2026

	Monday 25-May-2026	Tuesday 26-May-2026	Wednesday 27-May-2026	Thursday 28-May-2026	Friday 29-May-2026				
09.00-09.50	Independent Learning	RELIGIOUS HOLIDAY	RELIGIOUS HOLIDAY	RELIGIOUS HOLIDAY	RELIGIOUS HOLIDAY				
10.00-10.50									
11.00-11.50									
12.00-12.50									
13.00-13.50	Lunch Break								
14.00-14.50	Independent Learning								
15.00-15.50									
16.00-16.50									
17.00-17.50									

COMMITTEE V -ENERGY and METABOLISM
V. WEEK 01- 05 June 2026

	Monday 01-June-2026	Tuesday 02-June-2026	Wednesday 03-June-2026	Thursday 04-June-2026	Friday 05-June-2026			
09.00- 09.50	Lecture Glucolysis <i>Inci Özden</i>	Lecture Extraembryonic Structures: Placenta, Chorion, Amnion <i>Aylin Yaba Uçar</i>	Lecture Glucolysis <i>Inci Özden</i>	Lecture Regulation of Glycogenesis and Glycogenolysis <i>Inci Özden</i>	Lecture Pentose phosphate pathway <i>Inci Özden</i>			
10.00- 10.50	Lecture Glucolysis <i>Inci Özden</i>	Lecture Twins and Parturition <i>Aylin Yaba Uçar</i>	Lecture Glucolysis <i>Inci Özden</i>	Lecture Regulation of Glycogenesis and Glycogenolysis <i>Inci Özden</i>	Lecture Pentose phosphate pathway <i>Inci Özden</i>			
11.00- 11.50	Lecture Signal Transduction in Immunity <i>Gülderen Yanıkkaya Demirel</i>	Lecture Theoretical Distributions <i>E. Çiğdem Keleş</i>	Lecture Antigen-Antibody Reactions <i>Gülderen Yanıkkaya Demirel</i>	Lecture Lumbosacral Plexus <i>Erdem Söztutar</i>	Lecture Diagnostic testing <i>E. Çiğdem Keleş</i>			
12.00- 12.50	Lecture Cytokines and Immune Markers <i>Gülderen Yanıkkaya Demirel</i>	Lecture Theoretical Distributions <i>E. Çiğdem Keleş</i>	Lecture Antigen-Antibody Reactions <i>Gülderen Yanıkkaya Demirel</i>	Lecture Lumbosacral Plexus <i>Erdem Söztutar</i>	Lecture The Description of Epidemiology <i>E. Çiğdem Keleş</i>			
13.00- 13.50	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break			
14.00- 14.50	Behavioral Science/Lecture Legal and Ethical Issues in Medicine <i>Instructors</i>	Common Compulsory Course Atatürk's Principles & History Of Modern Turkey (HTR 302) <i>Instructor</i>	Lecture Vasculature of the Lower Limb <i>Erdem Söztutar</i>	Laboratory/ Anatomy Lumbosacral plexus, Nerves and vessels of the lower limbs <i>Ahmet Saç/Edibe Bilişli Group B</i>	ELECTIVE WEEK XIII	Independent Learning		
15.00- 15.50	Behavioral Science/Lecture Legal and Ethical Issues in Medicine <i>Instructors</i>		Lecture Nerves of the Lower Limb <i>Erdem Söztutar</i>	Laboratory/ Anatomy Lumbosacral plexus, Nerves and vessels of the lower limbs <i>Ahmet Saç/Edibe Bilişli Group A</i>				
16.00- 16.50	Common Compulsory Course Anatomical Drawing <i>Refik Aziz</i>	AFYA for International Students	Independent Learning	Independent Learning	Common Compulsory Course Turkish Language & Literature (TKL202) <i>Instructor</i>	AFYA for International Students	Independent Learning	ELECTIVE WEEK XIII
17.00-17.50								

COMMITTEE V -ENERGY and METABOLISM
VI. WEEK 08- 12 June 2026

	Monday 08-June-2026	Tuesday 09-June-2026	Wednesday 10-June-2026		Thursday 11-June-2026	Friday 12-June-2026	
09.00-09.50	Laboratory / Histology&Embryology Developing Human II <i>Alev Cumbul & Aylin Yaba Uçar</i> Group B	Lecture Transport Through Biological Membranes <i>Inci Özden</i>	Lecture Congenital Anomalies and Teratology <i>Alev Cumbul</i>		Lecture Transport Through Biological Membranes <i>Inci Özden</i>	Lecture Mitochondrial Genome <i>Soner Doğan</i>	
10.00-10.50		Lecture Transport Through Biological Membranes <i>Inci Özden</i>	Laboratory / Biochemistry Glucose Determination in Blood, Occult Blood in Feces All Groups <i>Y Özarda & M Kopuz & D. Demirtaş</i>		Lecture Transport Through Biological Membranes <i>Inci Özden</i>	Lecture Mitochondrial Genome <i>Soner Doğan</i>	
11.00-11.50	Laboratory / Histology&Embryology Developing Human II <i>Alev Cumbul & Aylin Yaba Uçar</i> Group A	Lecture Epidemiological Research Methods and Calculation of the Risk <i>E. Çiğdem Keleş</i>	Laboratory / Biochemistry Glucose Determination in Blood, Occult Blood in Feces <i>Y Özarda & M Kopuz & D. Demirtaş</i> Group A	Laboratory / Biostatistics Basic Statistical Calculations on Excel Group D <i>E. Çiğdem Keleş</i>	Lecture Sampling in Epidemiology <i>E. Çiğdem Keleş</i>	Lecture Transport Through Biological Membranes <i>Inci Özden</i>	
12.00-12.50		Lecture Epidemiological Research Methods and Calculation of the Risk <i>E. Çiğdem Keleş</i>	Laboratory / Biochemistry Glucose Determination in Blood, Occult Blood in Feces, <i>Y Özarda & M Kopuz & D. Demirtaş</i> Group B	Laboratory / Biostatistics Basic Statistical Calculations on Excel Group C <i>E. Çiğdem Keleş</i>	Lecture Sampling in Epidemiology <i>E. Çiğdem Keleş</i>	Lecture Transport Through Biological Membranes <i>Inci Özden</i>	
13.00-13.50	Lunch Break	Lunch Break	Lunch Break		Lunch Break	Lunch Break	
14.00-14.50	Independent Learning	Lecture Infertility and Contraception <i>Aylin Yaba Uçar</i>	Laboratory / Biochemistry Glucose Determination in Blood, Occult Blood in Feces <i>Y Özarda & M Kopuz & D. Demirtaş</i> Group C	Laboratory / Biostatistics Basic Statistical Calculations on Excel Group B <i>E. Çiğdem Keleş</i>	Behavioral Science / Lecture Introduction to Psychopathology <i>Instructors</i>	ELECTIVE WEEK XIV	Independent Learning
15.00-15.50		Lecture Assisted Reproductive Technology <i>Aylin Yaba Uçar</i>	Laboratory / Biochemistry Glucose Determination in Blood, Occult Blood in Feces <i>Y Özarda & M Kopuz & D. Demirtaş</i> Group D	Laboratory / Biostatistics Basic Statistical Calculations on Excel Group A <i>E. Çiğdem Keleş</i>	Behavioral Science / Lecture Introduction to Psychopathology <i>Instructors</i>		
16.00-16.50		Independent Learning	Independent Learning		Discussion (Large Group) Overview <i>Erdem Söztutar</i>	Independent Learning	ELECTIVE WEEK XIV
17.00-17.50		Independent Learning			Discussion (Large Group) Overview <i>Erdem Söztutar</i>		

COMMITTEE V -ENERGY and METABOLISM
VII. WEEK / 15 – 19 June 2026

	Monday 15- June-2026	Tuesday 16- June-2026	Wednesday 17- June-2026	Thursday 18 June-2026	Friday 19 June- 2026
09.00- 09.50	Independent Learning	Independent Learning	Independent Learning	Independent Learning	Assessment Session Histology&Embryology Physiology Anatomy Biostatistics (Practical Exam)
10.00- 10.50			Independent Learning		Assessment Session Committee V
11.00- 11.50					
12.00- 12.50			Independent Learning		Program Evaluation Session Review of the Exam Questions Evaluation of the Committee V Program Head of Committee
13.00- 13.50	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break
14.00- 14.50	Independent Learning	Independent Learning	Independent Learning	Independent Learning	Independent learning
15.00- 15.50					
16.00- 16.50					
17.00-17.50					

STUDENT COUNSELING

Student counseling is a structured development process established between the student and the consultant that aims to maximize student success by focusing the student to her/his target. Although the major component of this relationship is the student, the faculties also take part by bringing the requirements of this interaction to their systems. The targeted outcomes of the consultant-student interaction are success in the exams, success in the program, and preparation for the professional life.

The aim of counseling is to help students to solve their problems, to give professional guidance, to provide coaching, to contribute to adopting the habit of lifelong learning, to provide information about the University and Faculty, to follow their success and failure and to help them select courses.

The consultants selected among Basic Medical Sciences instructors for the first three years transfer the students to Clinical Sciences instructors for the following three years.

The topics that will be addressed by the consultants are as follows:

- a) Inform students about the university, faculty and surrounding facilities
- b) Inform students about the courses and help them select courses
- c) Inform students about the education and assessment regulations
- d) Follow students attendance to lectures and success
- e) In case of failure, investigate the causes and cooperate with the students to overcome them
- f) Help students in career planning
- g) Contribute to students adapting the habit of lifelong learning
- h) Guide students to counseling services of the university
- i) Set a role model as long as the professional susceptibility, professional guidance, intellectual responsibility, interaction with peers, ethics, professional values are concerned
- j) Contribute to cultivation of professional and intellectual development in a rapidly changing world
- k) Inform the coordinator when there are unsolved problems of the students
- l) Consultant-student relationship is a dynamic and mutual process carried out within the campus and the hospital. It is recommended that the consultant and the student meet at least twice during a semester.

The expectations from the student are as follows:

- a) Contribute to improvement of satisfaction level in the problem areas
 - b) Report the social and economic conditions that require consultant's help
 - c) Specify expectations from the education and the department from which this training is taken
 - d) Give feedback on the counseling services regarding their satisfaction level
- Student counsellors will be appointed after finalization of the class list and will be announced to the students.

After the announcement of the counsellors on the information board, each student is expected to contact his/her counsellor until the end of the current committee.

	LIST of STUDENT COUNSELING- PHASE I			
	STUDENT NUMBER	NAME	SURNAME	COUNSELOR
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PEER ADVISING PROGRAM

In addition to the Student Counseling program which lasts throughout the six years in the Faculty of Medicine, the Office of Individual and Academic Development under the Dean of Students of Yeditepe University runs a peer advising program for the first-year medical students in cooperation with the Faculty of Medicine.

The aim of the peer advising program is to facilitate the adaptation process of new undergraduate students (first year or freshmen) to the University environment.

Within the scope of the program, each student is assigned a peer advisor who is from upper classes of the same major/ faculty as the freshman. The duration of the peer advising is one academic year during which, peer advisors help students assigned to them for basic questions related to their university education.

Peer advisors gain leadership skills (such as team building, time management, problem-solving, mentoring) that will benefit them in their future professional life/ career while helping first year/ new-comer students by their adaptation process to the university academic life.

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